



Contra  
Costa  
County

To: Board of Supervisors  
From: Anna Roth, Health Services Director  
Date: March 21, 2023

Subject: Contract #26-777-9 with Stephen B. Arnold, M.D.

**RECOMMENDATION(S):**

APPROVE and AUTHORIZE the Health Services Director, or designee, to execute on behalf of the County Contract #26-777-9 with Stephen B. Arnold, M.D., an individual, in an amount not to exceed \$1,600,000, to provide cardiology services for Contra Costa Regional Medical Center (CCRMC) and Contra Costa Health Center patients, for the period March 1, 2023 through February 28, 2026.

**FISCAL IMPACT:**

Approval of this contract will result in contractual service expenditures of up to \$1,600,000 over a 3-year period and will be funded 100% by Hospital Enterprise Fund I revenues. (Rate increase)

**BACKGROUND:**

Due to the limited number of specialty providers available within the community, CCRMC and Contra Costa Health Centers rely on contractors to provide necessary specialty health services to its patients. CCRMC has contracted with Dr. Arnold for cardiology specialty services since September 2014.

☒ APPROVE

☐ OTHER

☒ RECOMMENDATION OF CNTY

☐ RECOMMENDATION OF BOARD

ADMINISTRATOR

COMMITTEE

Action of Board On: **03/21/2023** ☒ APPROVED AS RECOMMENDED ☐ OTHER

Clerks Notes:

**VOTE OF SUPERVISORS**

AYE: John Gioia, District I Supervisor  
Candace Andersen, District II Supervisor  
Diane Burgis, District III Supervisor  
Ken Carlson, District IV Supervisor  
Federal D. Glover, District V Supervisor

I hereby certify that this is a true and correct copy of an action taken and entered on the minutes of the Board of Supervisors on the date shown.

ATTESTED: March 21, 2023

Monica Nino, County Administrator and Clerk of the Board of Supervisors

Contact: Samir Shah, M.D.,  
925-370-5525

By: Laura Cassell, Deputy

On February 4, 2020, the Board of Supervisors approved Contract #26-777-7 with Stephen B. Arnold, M.D., in an amount not to exceed \$1,318,000 to provide cardiology services, including consultation, training, medical and surgical procedures for CCRMC and Contra Costa Health Center patients for the period from March 1, 2020 through February 28, 2023.

### BACKGROUND: (CONT'D)

On January 17, 2023, the Board of Supervisors approved Contract Amendment Agreement #26-777-8, effective January 1, 2023, to increase the payment limit by \$52,000, from \$1,318,000 to a new payment limit of \$1,370,000, with no change in the original term of March 1, 2020 through February 28, 2023.

Approval of Contract #26-777-9 will allow this contractor to continue providing cardiology services through February 28, 2026.

### CONSEQUENCE OF NEGATIVE ACTION:

If this contract is not approved, the necessary specialty cardiology services needed for patient care will not be available and will create increased wait times due to the limited number of specialty providers available within the community.