



Contra
Costa
County

To: Board of Supervisors
From: Anna Roth, Health Services Director
Date: August 16, 2022

Subject: Report on Equity in County Mental Health Services

RECOMMENDATION(S):

RECEIVE the report on equity in mental health services.

FISCAL IMPACT:

There is no fiscal impact for this action.

BACKGROUND:

On May 10, 2022, in response to public comment about the needs of the community with regard to mental health and wellness services, the Board requested a report on mental health services in Contra Costa County including services provided, demographics of those served and gaps in services.

Mental health has reached epidemic levels nationally and here in Contra Costa County. An estimated one in five people experience mental health issues, meaning that as many as 200,000 of the 1.1 million Contra Costa residents struggle with mental health issues. By declaring racism a public health crisis in 2020, Contra Costa committed to working to end racism and healing the harms that are perpetuated across all health services in the County. As such, the goal of Contra Costa Behavioral Health Services is to provide as many people

☒ APPROVE

☐ OTHER

☒ RECOMMENDATION OF CNTY ADMINISTRATOR

☐ RECOMMENDATION OF BOARD COMMITTEE

Action of Board On: **08/16/2022** ☒ APPROVED AS RECOMMENDED ☐ OTHER

Clerks Notes:

VOTE OF SUPERVISORS

AYE: John Gioia, District I Supervisor
Candace Andersen, District II Supervisor
Diane Burgis, District III Supervisor
Karen Mitchoff, District IV Supervisor
Federal D. Glover, District V Supervisor

I hereby certify that this is a true and correct copy of an action taken and entered on the minutes of the Board of Supervisors on the date shown.

ATTESTED: August 16, 2022

Monica Nino, County Administrator and Clerk of the Board of Supervisors

By: June McHuen, Deputy

Contact: Erika Jenssen,
925-528-9086

cc:

as possible with quality mental health services in an equitable manner.

Based on reported data from the past available 12-month period for each mental health service category, over 66,000 people received mental health services from Contra Costa Health Services and its partners. Of the 66,000 who received services, the racial/ethnic breakdown is as follows:

BACKGROUND: (CONT'D)

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- 35% identify as Other
- 28% identify as White
- 17% identify as Latino/Hispanic
- 14% identify as African American
- 5% identify as Asian/Pacific Islander
- Less than 1% identify as Native American

Contra Costa Health Services provides mental health services in the following categories:

- Specialty services include individual, group and family psychotherapy, medication support, targeted case management and other services to people with Medi-Cal coverage.
- Non-specialty mental health services include evaluation and treatment, monitoring drug therapy and providing psychiatric consultation, psychological and neuropsychology test, and outpatient lab, drugs and supplies to people with Medi-Cal coverage.
- Psychiatric Emergency Services at the Contra Costa Regional Medical Center are provided to any member of our community needing crisis intervention and evaluation, stabilization, assessment, medication, education and discharge planning and placement.
- Detention health services include assessment, individual and group therapy, medication management and reentry planning for those in custody.
- A3 – Anyone, Anywhere, Anytime is a developing mobile crisis response service that includes the Miles Hall Crisis Call Center, mobile response teams and, in the future, a campus for peer respite, sobering center and mental health urgent care.

The Mental Health Services Act (MHSA) funds consumer/client/peer and family driven programs offering culturally and linguistically responsive services by community-based organizations that promote wellness, recovery and resilience. MHSA components include prevention and early intervention, community services and support, workforce education and training, and innovation that provides new or unique programming to increase quality, access and client outcomes. These services are provided by an extensive network of community-based organizations that serve the specific needs of the diverse communities in Contra Costa County.

In fiscal year 2022-23, Contra Costa Health Services will develop a community-driven proposal to the state to support new and innovative programs and initiatives created by and for the communities served. Community-based organizations will be invited to apply for time-limited community grants to further support equity in underserved or unserved communities.

The Health Services Department has compiled additional information on mental health services provided to Contra Costa residents by Behavioral Health Services, Contra Costa Health Plan, Contra Costa Regional Medical Center and Health Centers, and Detention Health divisions. The attached report slides provide further detail on the services provided, including the race/ethnicity of those served.

CLERK'S ADDENDUM

Speakers: Kenneth Ray Robinson, Spirit Program; No Name Given; Melvin Willis, ACCE, Racial Justice Coalition; Caller 6770; Douglas Dunn; Ashley, NAMI; Barbara Howard, 40 Voices for Wellness; Wanda Johnson; Alfonso Edwards, Antioch; Shelly Ji; Eddie Morris; Marianna Moore, Ensuring Opportunity Campaign; Gigi Crowder; Phil; Tiffany Wong, NAMI; Erica Ynez; Desiree, 40 Voices for Wellness; Stephanie; Diana Honig, Orinda; Jane; Ali Saidi; Kimberly;

**Stacie Hinton; No Name Given; Stephen Smith. Written commentary provided by:
Diana Honig, Orinda; Teresa Pasquini.**

ATTACHMENTS

Mental Health Services Report