



**Contra  
Costa  
County**

To: Board of Supervisors  
From: Anna Roth, Health Services Director  
Date: January 18, 2022

Subject: Contract #26-602-16 with Traditions Psychology Group, Inc. (dba Traditions Behavioral Health)

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**RECOMMENDATION(S):**

APPROVE and AUTHORIZE the Health Services Director, or designee, to execute on behalf of the County Contract #26-602-16 with Traditions Psychology Group, Inc. (dba Traditions Behavioral Health), a corporation, in an amount not to exceed \$18,000,000 to provide physician management and psychiatric staffing for the Inpatient Psychiatric Crisis Stabilization Unit at Contra Costa Regional Medical Center, the County's Main Detention Facility and Mental Health Clinics, for the period from December 1, 2021 through November 30, 2022.

**FISCAL IMPACT:**

Approval of this contract will result in annual expenditures of up to \$18,000,000 and will be funded as budgeted by 100% Hospital Enterprise Fund I. As appropriate, patients and/or third party payors will be billed for services. This contract provides cost savings compared to using contracts with individual psychiatrists and temporary staffing companies.

☒ APPROVE

☐ OTHER

☒ RECOMMENDATION OF CNTY  
ADMINISTRATOR

☐ RECOMMENDATION OF BOARD  
COMMITTEE

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Action of Board On: **01/18/2022** ☒ APPROVED AS RECOMMENDED ☐ OTHER

Clerks Notes:

**VOTE OF SUPERVISORS**

AYE: John Gioia, District I Supervisor  
Candace Andersen, District II Supervisor  
Diane Burgis, District III Supervisor  
Karen Mitchoff, District IV Supervisor  
Federal D. Glover, District V Supervisor

I hereby certify that this is a true and correct copy of an action taken and entered on the minutes of the Board of Supervisors on the date shown.

ATTESTED: January 18, 2022

Monica Nino, County Administrator and Clerk of the Board of Supervisors

By: Antonia Welty, Deputy

Contact: Samir Shah, M.D.,  
925-370-5475

## BACKGROUND:

This contractor has provided staffing and medical staff leadership of the Inpatient Psychiatric and Crisis and Stabilization Units, George and Cynthia Miller Wellness Center at Contra Costa Regional Medical Center and Contra Costa Health Centers, the Main Detention Facility and Mental Health Clinics including, but not limited to, providing a required number of psychiatrists necessary for clinical coverage of patients twenty-four hours a day, seven days a week, a lead psychiatrist to direct administrative and clinical supervision and supervision of all non-clinical areas related to the medical staff of the Department of Psychiatry, since 2007.

On December 8, 2020, the Board of Supervisors approved Contract #26-602-15 with Traditions Psychology Group, Inc. (dba Traditions Behavioral Health), in an amount not to exceed \$18,000,000 to provide physician management and psychiatric staffing at the Inpatient Psychiatric Crisis Stabilization Unit at CCRMC, Main Detention Facility and Mental Health Clinics, for the period from December 1, 2020 through November 30, 2021.

Approval of Contract #26-602-16 will allow the contractor to continue providing psychiatric staffing and leadership at Contra Costa Regional Medical Center and Health Centers, the County's Main Detention Facility and Mental Health Clinics, through November 30, 2022.

## CONSEQUENCE OF NEGATIVE ACTION:

If this contract is not approved, the Department would not have adequate psychiatric coverage and quality and performance compliance in the County's Inpatient Psychiatric and Crisis Stabilization Units at Contra Costa Regional Medical Center and Health Centers, the County's Main Detention Facility and Mental Health Clinics.