



**Contra  
Costa  
County**

To: Board of Supervisors  
From: FAMILY & HUMAN SERVICES COMMITTEE  
Date: August 10, 2021

Subject: Child and Adolescent Mental Health Report to Family and Human Services

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**RECOMMENDATION(S):**

ACCEPT the report from the Behavioral Health Division of the Health Services Department on the MHSSA and school-based behavioral health program expansion efforts to support the mental health needs of children and adolescents.

**FISCAL IMPACT:**

There is no fiscal impact.

**BACKGROUND:**

On October 30, 2017 the Family and Human Services Committee (FHS) accepted the report from the Health Services Department addressing various mental health service issues and concerns raised by the FHS, the Board of Supervisors, the Mental Health Commission's White Paper, the Civil Grand Jury, and members of the public. These issues and concerns centered upon the difficulty in accessing mental health care, particularly for children and youth experiencing serious emotional disturbances. Indicative to this lack of access was the 1) increase in Psychiatric Emergency Services visits, 2) long wait times to access care, and 3) shortage of clinical staff, especially psychiatrists. The Health Services Department report addressed these issues and concerns, and reported upon the initiatives and progress made to

☒ APPROVE

☐ OTHER

☒ RECOMMENDATION OF CNTY

☐ RECOMMENDATION OF BOARD

ADMINISTRATOR

COMMITTEE

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Action of Board On: **08/10/2021** ☒ APPROVED AS RECOMMENDED ☐ OTHER

Clerks Notes:

**VOTE OF SUPERVISORS**

AYE: John Gioia, District I Supervisor  
Candace Andersen, District II Supervisor  
Diane Burgis, District III Supervisor  
Karen Mitchoff, District IV Supervisor  
Federal D. Glover, District V Supervisor

I hereby certify that this is a true and correct copy of an action taken and entered on the minutes of the Board of Supervisors on the date shown.

ATTESTED: August 10, 2021

Monica Nino, County Administrator and Clerk of the Board of Supervisors

By: Stacey M. Boyd, Deputy

Contact: Enid Mendoza, (925)  
655-2051

cc:

date.

### BACKGROUND: (CONT'D)

The FHS asked the Department to provide an update to the Mental Health Commission in six months, and to the FHS annually thereafter. On July 26, 2021 the Health Services Department Behavioral Health Division presented the attached slides. The Family and Human Services Committee approved the department's report and asked that it be forwarded to the Board of Supervisors for their information.

### CONSEQUENCE OF NEGATIVE ACTION:

The report will be not be received.

### ATTACHMENTS

MHSSA Report

MHSSA Presentation