



**Contra  
Costa  
County**

To: Board of Supervisors  
From: Anna Roth, Health Services Director  
Date: February 26, 2019

Subject: Agreement #28-384 with the California Department of Public Health, Nutrition Education and Obesity Prevention Branch

**RECOMMENDATION(S):**

APPROVE and AUTHORIZE the Health Services Director, or designee, to execute on behalf of the County Grant Agreement #28-384 (State #18-10551) with the California Department of Public Health, Nutrition Education and Obesity Prevention Branch (NEOPB), in an amount payable to the County not to exceed \$450,000, for the County's Nutrition and Physical Activity Promotion Program, for the period from September 30, 2018 through September 29, 2023.

**FISCAL IMPACT:**

Approval of this agreement will result in an amount not to exceed \$450,000 of State funding for the County's Nutrition and Physical Activity Promotion Project. No County match required.

**BACKGROUND:**

Poor nutrition and low levels of physical activity are significant risk factors for obesity and other chronic diseases such as type 2 diabetes, heart disease, stroke, hypertension, certain cancers, and depression. These diseases are too common, very costly, and more likely to affect certain population groups at higher rates such as those of lower socioeconomic status.

☒ APPROVE

☐ OTHER

☒ RECOMMENDATION OF CNTY ADMINISTRATOR

☐ RECOMMENDATION OF BOARD COMMITTEE

Action of Board On: **02/26/2019** ☒ APPROVED AS RECOMMENDED ☐ OTHER

Clerks Notes:

**VOTE OF SUPERVISORS**

AYE: John Gioia, District I Supervisor  
Candace Andersen, District II Supervisor  
Karen Mitchoff, District IV Supervisor  
Federal D. Glover, District V Supervisor

ABSENT: Diane Burgis, District III Supervisor

I hereby certify that this is a true and correct copy of an action taken and entered on the minutes of the Board of Supervisors on the date shown.

ATTESTED: February 26, 2019

David Twa, County Administrator and Clerk of the Board of Supervisors

By: Laura Cassell, Deputy

Contact: Daniel Peddycord,  
925-313-6712

Physical activity and adequate nutrition early in life supports healthy growth and brain development

BACKGROUND: (CONT'D)

and protects against life-threatening and chronic disease. Unfortunately, a high percentage of Americans are not meeting recommended national guidelines for nutrition and physical activity.

Approval of Grant Agreement #28-384 will allow the County to provide education on healthful nutrition and physical activity practices to reduce risk for chronic disease to low-income Contra Costa County residents. The County is agreeing to indemnify and hold harmless the State for claims arising out of County's performance under this Contract

CONSEQUENCE OF NEGATIVE ACTION:

If this contract is not approved, the County will not receive funds to educate County residents on healthful nutrition and physical activity practices, to help reduce risk for chronic disease.