



**Contra  
Costa  
County**

To: Board of Supervisors  
From: Anna Roth, Health Services  
Date: December 18, 2018

Subject: Increase Postion Hours of one Mental Health Clinical Specialist in the Health Services Department

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**RECOMMENDATION(S):**

ADOPT Position Adjustment Resolution No. 22395 to increase the hours of one (1) Mental Health Clinical Specialist (VQSB) position #8699 from 28/40 to 40/40 at salary level TC2-1384 (\$4,980-\$7,394) in the Health Services Department. (Represented)

**FISCAL IMPACT:**

If this action is approved, there is an annual cost of approximately \$41,113, which includes pension costs of \$10,136. The cost is entirely funded by Mental Health Realignment funds.

**BACKGROUND:**

The Health Services Department is requesting to increase the hours of one (1) Mental Health Clinical Specialist position in the East County Mental Health Clinic within the Behavioral Health Division. With the hours increase, this part-time position will become full-time from 28/40 to 40/40. The increase is necessary based on the influx of responsibilities to include coordinating the training of staff and having to facilitate weekly consultations for groups for Family Based Treatment Therapy, Dialectical Behavioral Therapy and Trauma Focused Cognitive Behavioral Therapy and tracking all cases which are referred to these programs as well as being responsible for caseload assignments.

☒ APPROVE

☐ OTHER

☒ RECOMMENDATION OF CNTY

☐ RECOMMENDATION OF BOARD

ADMINISTRATOR

COMMITTEE

Action of Board On: **12/18/2018** ☒ APPROVED AS RECOMMENDED ☐ OTHER

Clerks Notes:

**VOTE OF SUPERVISORS**

AYE: John Gioia, District I Supervisor  
Candace Andersen, District II Supervisor  
Diane Burgis, District III Supervisor  
Karen Mitchoff, District IV Supervisor  
Federal D. Glover, District V Supervisor

I hereby certify that this is a true and correct copy of an action taken and entered on the minutes of the Board of Supervisors on the date shown.

ATTESTED: December 18, 2018

David Twa, County Administrator and Clerk of the Board of Supervisors

By: June McHuen, Deputy

Contact: Sabrina Pearson,  
925-957-5240

cc:



**CONSEQUENCE OF NEGATIVE ACTION:**

If this action is not approved, East County Children' Mental Health Clinic will not have adequate staffing to meet the demand and volume of patient care needed for those we serve.

**ATTACHMENTS**

P300 22395\_Inc Hrs MH Clinical Spec by 12/40 in HSD