



# Contra Costa County

To: Board of Supervisors  
From: Anna Roth, Health Services Director  
Date: October 9, 2018

Subject: Contract #74-475-95 with Nadieh Kakar, MFT

## **RECOMMENDATION(S):**

APPROVE and AUTHORIZE the Health Services Director, or designee, to execute on behalf of the County Contract #74-475-95 with Nadieh Kakar, MFT, an individual, in an amount not to exceed \$117,000, to provide Medi-Cal specialty mental health services for the period from November 1, 2018 through June 30, 2020.

## **FISCAL IMPACT:**

This Contract is funded by 50% Federal Medi-Cal and 50% State Mental Health Realignment. (No rate increase)

## **BACKGROUND:**

On January 14, 1997, the Board of Supervisors adopted Resolution No. 97/17, authorizing the Health Services Director to contract with the State Department of Mental Health, (now known as the Department of Health Care Services) to assume responsibility for Medi-Cal specialty mental health services. Responsibility for outpatient specialty mental health services involves contracts with individual, group and organizational providers to deliver these services.

☒ APPROVE

☐ OTHER

☒ RECOMMENDATION OF CNTY  
ADMINISTRATOR

☐ RECOMMENDATION OF BOARD  
COMMITTEE

Action of Board On: **10/09/2018** ☒ APPROVED AS RECOMMENDED ☐ OTHER

Clerks Notes:

## **VOTE OF SUPERVISORS**

AYE: John Gioia, District I Supervisor  
Candace Andersen, District II Supervisor  
Diane Burgis, District III Supervisor  
Karen Mitchoff, District IV Supervisor  
Federal D. Glover, District V Supervisor

I hereby certify that this is a true and correct copy of an action taken and entered on the minutes of the Board of Supervisors on the date shown.

ATTESTED: October 9, 2018

David Twa, County Administrator and Clerk of the Board of Supervisors

Contact: Matthew White, M.D.  
925-957-5201

By: June McHuen, Deputy

Under Contract #74-475-95, the Contractor will provide Medi-Cal specialty mental health services through June 30, 2020.

**CONSEQUENCE OF NEGATIVE ACTION:**

If this contract is not approved, services provided to Contra Costa Mental Health Plan Medi-Cal beneficiaries could be negatively impacted, including access to services, choice of providers, cultural competency, language capacity, geographical locations of service providers, and waiting lists.