



Contra  
Costa  
County

To: Board of Supervisors  
From: Anna Roth, Health Services Director  
Date: April 24, 2018

Subject: Appointment of Dr. Matthew White as Acting Behavioral Health/Mental Health Director

---

### **RECOMMENDATION(S):**

APPOINT Dr. Matthew White as the Acting Director of Behavioral Health/Mental Health and interim local director of mental health services for Contra Costa County pursuant to Welfare & Institutions Code section 5607, as recommended by the Health Services Director.

### **FISCAL IMPACT:**

This acting appointment will not result in salary and benefit costs due to Dr. White being a contractor under the Traditions Psychology Group, Inc. contract. The contract amendment with this contractor, which is also on this agenda, does not include a change to the payment limit. However, the contract amendment requests an increase in the hourly rate set forth for the Psychiatric Medical Director to account for the additional duties Dr. White will be performing as the Acting Director of Behavioral Health/Mental Health and interim local director of mental health services. Previous rate was approximately \$241 per hour and the new rate will be approximately \$277 as outlined in agenda item for the Traditions Psychology Group, Inc. contract amendment.

### **BACKGROUND:**

☒ APPROVE

☐ OTHER

☒ RECOMMENDATION OF CNTY ADMINISTRATOR

☐ RECOMMENDATION OF BOARD COMMITTEE

Action of Board On: **04/24/2018** ☒ APPROVED AS RECOMMENDED ☐ OTHER

Clerks Notes:

#### **VOTE OF SUPERVISORS**

AYE: John Gioia, District I Supervisor  
Candace Andersen, District II Supervisor  
Diane Burgis, District III Supervisor  
Karen Mitchoff, District IV Supervisor  
Federal D. Glover, District V Supervisor

I hereby certify that this is a true and correct copy of an action taken and entered on the minutes of the Board of Supervisors on the date shown.

ATTESTED: April 24, 2018

David Twa, County Administrator and Clerk of the Board of Supervisors

By: Stacey M. Boyd, Deputy

Contact: Anna Roth,  
925-370-5101

Cynthia Belon, Behavioral Health/Mental Health Director, retired on March 30, 2018. As the Health Services

#### BACKGROUND: (CONT'D)

Director, Anna Roth recommends that Dr. Matthew White be appointed as the Acting Behavioral Health/Mental Health Director until such time as a new, permanent candidate for this position is identified. This position oversees the Contra Costa Health Services Behavioral Health Division, including Mental Health and Alcohol and Other Drugs. This appointment will fill also the role of the County's local director of mental health services as required by Welfare and Institutions Code section 5607 and Contra Costa County Ordinance Code section 33-5.313, subdivision(a)(4).

Dr. White meets the criteria to be the local director of mental health services as he is a licensed physician and psychiatrist, and is currently the Chief Psychiatrist at Contra Costa Health Services where he supervises all hospital-based psychiatric services, including the inpatient unit at Contra Costa Regional Medical Center, psychiatric emergency services, Miller Wellness Center and Detention Psychiatry. The contract amendment set forth in agenda item no. 49 of the April 24, 2018 Board agenda, will compensate Dr. White for the additional duties he will be performing as the Acting Director of Behavioral Health/Mental Health and interim local director of mental health services.

#### CONSEQUENCE OF NEGATIVE ACTION:

If this appointment is not approved, the County will not have anyone serving as the Acting Behavioral Health/Mental Health Director for Contra Costa County.