



**Contra  
Costa  
County**

To: Board of Supervisors

From: Kathy Gallagher, Employment & Human Services Director

Date: November 8, 2016

Subject: American Academy of Pediatrics Healthy Active Living grant

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**RECOMMENDATION(S):**

APPROVE and AUTHORIZE the Employment and Human Services Director, or designee, to apply for and accept grant funding in the amount of \$3,000 from the American Academy of Pediatrics to implement a healthy living program during the term January 1, 2017 through December 31, 2018.

**FISCAL IMPACT:**

County to receive an amount not to exceed \$3,000 from the American Academy of Pediatrics. (No County match)

**BACKGROUND:**

The American Academy of Pediatrics is sponsoring a grant program for Early Head Start, Head Start and other early care and education programs to promote health living choices for children. Studies show that one in four United States children under age five is either overweight or obese. This grant initiative is to help address the gap between policy and programmatic approaches to begin to change the trajectory of children who may be at risk of becoming overweight. The Employment and Human Services Department's Community Services Bureau intends to submit an application by grant deadline of November 9, 2016 to

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☒ APPROVE

☐ OTHER

☒ RECOMMENDATION OF CNTY ADMINISTRATOR

☐ RECOMMENDATION OF BOARD COMMITTEE

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Action of Board On: **11/08/2016** ☒ APPROVED AS RECOMMENDED ☐ OTHER

Clerks Notes:

**VOTE OF SUPERVISORS**

AYE: John Gioia, District I Supervisor

Candace Andersen, District II  
Supervisor

Mary N. Piepho, District III  
Supervisor

Karen Mitchoff, District IV  
Supervisor

Federal D. Glover, District V  
Supervisor

I hereby certify that this is a true and correct copy of an action taken and entered on the minutes of the Board of Supervisors on the date shown.

ATTESTED: November 8, 2016

David Twa, County Administrator and Clerk of the Board of Supervisors

By: June McHuen, Deputy

Contact: CSB, 925-681-6389

cc: Nasim Eghlima, Christina Reich, Eric Pormento

obtain funds to implement a healthy living program for

#### BACKGROUND: (CONT'D)

children and families enrolled in the Bureau's early care and education programs. If awarded, the program will include three training sessions for program participants and the distribution of tools to assist participants to develop and maintain life-long healthy habits.

The Employment and Human Services Department, Community Services Bureau, will use funds to purchase pedometers and nutrition education supplies to assist a healthy learning program for children and families enrolled on the Bureau's early care and education programs.

#### CONSEQUENCE OF NEGATIVE ACTION:

Without funding, the EHSD Community Services Bureau would not be able to provide the proposed grant service.

#### CHILDREN'S IMPACT STATEMENT:

The grant funding will support one of the community outcomes established in the Children's Report Card, 5) "Communities that are Safe and Provide a High Quality of Life for Children and Families" by reducing the environmental impact of paper products.