



Contra
Costa
County

To: Contra Costa County Fire Protection District Board of Directors
From: Jeff Carman, Chief, Contra Costa County Fire Protection District
Date: November 10, 2015

Subject: Recognition of a Life Saving Event

RECOMMENDATION(S):

PRESENTATION recognizing the crew from Fire Station 8 and Dispatch, AMR, and staff from In-Shape for saving the life of a Concord resident.

FISCAL IMPACT:

No fiscal impact.

BACKGROUND:

In the early morning hours of September 17, 2015, the crew from Contra Costa County Fire Protection District's Fire Station 8 and American Medical Response (AMR) responded to the In-Shape health club in Concord.

A 57-year-old male collapsed while playing a game of basketball at the health club. At the direction of the District's emergency medical dispatcher, In-Shape staff started cardiopulmonary resuscitation (CPR) and put the patient on an automated external defibrillator (AED). One shock was delivered right as the AMR and Engine 8 crews were arriving to the scene.

☒ APPROVE

☐ OTHER

☒ RECOMMENDATION OF CNTY
ADMINISTRATOR

☐ RECOMMENDATION OF BOARD
COMMITTEE

Action of Board On: **11/10/2015** ☒ APPROVED AS RECOMMENDED ☐ OTHER

Clerks Notes:

VOTE OF SUPERVISORS

AYE: John Gioia, Director
Candace Andersen, Director
Mary N. Piepho, Director
Karen Mitchoff, Director
Federal D. Glover, Director

I hereby certify that this is a true and correct copy of an action taken and entered on the minutes of the Board of Supervisors on the date shown.

ATTESTED: November 10, 2015

David Twa, County Administrator and Clerk of the Board of Supervisors

Contact: Jeff Carman,
925-941-3500

By: June McHuen, Deputy

cc:

With great teamwork, our crews took over CPR, delivered a second shock on their Life-Pak 15 Monitor, and converted the patient into a normal sinus rhythm with good vital signs. A 12-lead electrocardiogram (ECG) test was then performed indicating the patient

BACKGROUND: (CONT'D)

was having a heart attack.

The patient was taken to the emergency room at John Muir Medical Center in Concord and then immediately to the cardiac catheterization lab where they removed a clot in the patient's coronary artery and put a stent in.

The patient was discharged and has now returned to his family, work, and regular life activities with no permanent heart damage.

This presentation recognizes the quick-thinking and outstanding work of In-Shape staff (Manager Karen Puerpho and Aaron Swift), the Engine 8 crew (Captain Vito Impastato, Engineer Manny Harris, and Firefighter-Paramedic Dylan Fuchs), Senior Fire Dispatcher Margee Freudenthal, and AMR crew members (Todd Goforth and Sean Lindsey).

This successful response illustrates the effectiveness of the chain of survival from bystanders to emergency medical providers and, ultimately, cardiac specialty care hospitals.

CONSEQUENCE OF NEGATIVE ACTION:

The presentation will not occur.

CHILDREN'S IMPACT STATEMENT:

No impact.