



Contra  
Costa  
County

To: Board of Supervisors  
From: William Walker, M.D., Health Services  
Date: August 18, 2015

Subject: Add a permanent full-time Mental Health Clinical Specialist position in Health Services Department

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**RECOMMENDATION(S):**

ADOPT Position Adjustment Resolution No. 21728 to add one permanent full-time Mental Health Clinical Specialist (VQSB) at salary level QT2-1384 (\$4,514.40 - \$6,701.66) in the Health Services Department. (Represented)

**FISCAL IMPACT:**

Upon approval, this action will result in an annual increased cost of \$131,351.28 including pension cost of \$28,549.07. 100 % of the funding for this action will come from the Community Mental Health Block Grant.

**BACKGROUND:**

This is a request to add one permanent full-time Mental Health Clinical Specialist position for the First Hope Program. This positions will be funded through the Community Mental Heath Block Grant which includes First Episode Psychosis (FEP) funding. Health Services has already submitted the proposal and budget to the state and it has been approved. This additional Mental Health Clinical Specialist position will provide services for 15-25 year

☒ APPROVE

☐ OTHER

☒ RECOMMENDATION OF CNTY  
ADMINISTRATOR

☐ RECOMMENDATION OF BOARD  
COMMITTEE

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Action of Board On: **08/18/2015** ☒ APPROVED AS RECOMMENDED ☐ OTHER

Clerks Notes:

**VOTE OF SUPERVISORS**

AYE: John Gioia, District I Supervisor  
Candace Andersen, District II  
Supervisor  
Mary N. Piepho, District III Supervisor  
Karen Mitchoff, District IV Supervisor  
ABSENT: Federal D. Glover, District V Supervisor

I hereby certify that this is a true and correct copy of an action taken and entered on the minutes of the Board of Supervisors on the date shown.

ATTESTED: August 18, 2015

David Twa, County Administrator and Clerk of the Board of Supervisors

Contact: Melissa Carofanello -  
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By: Chris Heck, Deputy

cc:

olds who are experiencing a first psychotic episode with emergence of symptoms occurring with the first 30 days. This

### BACKGROUND: (CONT'D)

early first episode group is not adequately served at the present time. Research has shown that this group does extremely well when integrated into the same program as those at clinical high risk who have not yet had a psychotic episode. The Mental Health Clinical Specialist position will be dedicated to a caseload of this target population.

### CONSEQUENCE OF NEGATIVE ACTION:

If this action is not approved, the Health Services will not be able to properly service the needs of the those 15-25 young people who are experiencing their first episodes in the critical first 30 days.

### CHILDREN'S IMPACT STATEMENT:

The First Hope program is one that serves the Mental Health needs of adolescents and young adults of Contra Costa County.

### ATTACHMENTS

P-300 #21728