



**Contra  
Costa  
County**

To: Board of Supervisors  
From: William Walker, M.D., Health Services Director  
Date: August 18, 2015  
Subject: Contract #74-429-6 with Roobal Sekhon, D. O.

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**RECOMMENDATION(S):**

Approve and authorize the Health Services Director, or his designee, to execute, on behalf of the County, Contract #74-429-6 with Roobal Sekhon, O.D., an individual, in an amount not to exceed \$254,720, to provide outpatient psychiatric care for County's Adult Mental Health Clinics, including sleep studies, positive airways pressure clinics and administrative duties at Contra Costa Regional Medical Center and Contra Costa Health Centers (CCRMC) for the period from August 1, 2015 through July 31, 2016.

**FISCAL IMPACT:**

This Contract is funded 69% by Mental Health Realignment and 31% by Hospital Enterprise Fund I. (Rate increase)

**BACKGROUND:**

For a number of years the County has contracted with Medical, Dental and Mental Health Specialists to provide specialized medical services. On September 9, 2014, the Board of Supervisors approved Contract #74-429-5 with Roobal Sekhon, D.O. to provide psychiatric care, sleep studies and continuous positive airway pressure clinics for mentally ill adults at the County's Adult Mental Health Clinics, for the period from August 1, 2014 through July

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☒ APPROVE

☐ OTHER

☒ RECOMMENDATION OF CNTY ADMINISTRATOR

☐ RECOMMENDATION OF BOARD COMMITTEE

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Action of Board On: **08/18/2015** ☒ APPROVED AS RECOMMENDED ☐ OTHER

Clerks Notes:

**VOTE OF SUPERVISORS**

AYE: John Gioia, District I  
Supervisor  
Candace Andersen, District II  
Supervisor  
Mary N. Piepho, District III  
Supervisor  
Karen Mitchoff, District IV  
Supervisor

ABSENT: Federal D. Glover, District V  
Supervisor

I hereby certify that this is a true and correct copy of an action taken and entered on the minutes of the Board of Supervisors on the date shown.

ATTESTED: August 18, 2015

David Twa, County Administrator and Clerk of the Board of Supervisors

By: Chris Heck, Deputy

Contact: Cynthia Belon,  
925-957-5201

31, 2015. Approval

BACKGROUND: (CONT'D)

of Contract #74-429-6, will allow the Contractor to provide outpatient psychiatric care at County's Adult Mental Health Clinic's, including sleep studies, airway pressure clinics and administrative duties for mentally ill adults at the Contra Costa Regional Medical Center and Contra Costa Health Centers (CCRMC), through July 31, 2016.

CONSEQUENCE OF NEGATIVE ACTION:

If this contract is not approved, patients requiring outpatient psychiatric care and sleep studies will not have access to Contractor's services.

CHILDREN'S IMPACT STATEMENT:

Not applicable.