

The Board of Supervisors of Contra Costa County, California

In the matter of Proclaiming May 2023 as Mental
Health Awareness Month.

Resolution No. 2023/216

WHEREAS, nationally, 1 in 5 Americans experiences a mental health challenge in their lifetime, and faces obstacles to effective treatment, such as stigma and language barriers; and

WHEREAS, during May and throughout the year, our society promotes the understanding that those with mental health challenges have treatable conditions and can lead productive lives, and commits to increasing awareness and educating the public to promote understanding that those who live with these conditions deserve to be helped and not stigmatized or discriminated against; and

WHEREAS, in an effort to better reflect and celebrate the diverse populations that we serve, and in alignment with our diversity and inclusion efforts, we commit to advancing our goal of creating an environment where all residents of Contra Costa County feel a sense of belonging and may access safe spaces where mental health concerns can be addressed and where mental health services can be accessed in a fair and equitable manner; and

WHEREAS, lack of awareness of the resources and services that are available, as well as the stigma surrounding mental health issues, are the biggest deterrents in seeking professional help.

NOW, THEREFORE, BE IT RESOLVED that the Board of Supervisors of Contra Costa County does hereby proclaim May 2023 as Mental Health Awareness Month.

PASSED by a unanimous vote of the Board of Supervisors members present this 13th day of June 2023.



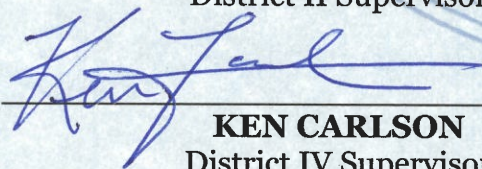
JOHN GIOIA
Chair,
District I Supervisor



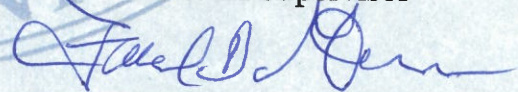
CANDACE ANDERSEN
District II Supervisor



DIANE BURGIS
District III Supervisor



KEN CARLSON
District IV Supervisor



FEDERAL D. GLOVER
District V Supervisor



I hereby certify that this is a true and correct copy of an action taken and entered on the minutes of the Board of Supervisors on the date shown:

ATTESTED: June 13, 2023

MONICA NINO, Clerk of the Board of Supervisors and County Administrator

By  , Deputy