

The Board of Supervisors of Contra Costa County, California


In the matter of Recognizing the American Heart Association, Contra Costa Health Emergency Medical Services Agency, the Cardiology Centers at John Muir Health, Kaiser Permanente, San Ramon Regional Medical Center, and Sutter Delta Medical Center, during American Heart Month.

Resolution No. 2023/66


- WHEREAS**, the month of February has been proclaimed by the President as “American Heart Month;” and
- WHEREAS**, approximately every 40 seconds, an American will have a heart attack, and heart disease remains the No. 1 cause of death in the U.S., surpassing all forms of cancer and chronic lower respiratory disease combined; and
- WHEREAS**, in 2020, over 383,000 Americans died from coronary heart disease; and
- WHEREAS**, over 90% of those suffering sudden cardiac arrest die before reaching the hospital; and
- WHEREAS**, chances of survival are increased dramatically if cardiopulmonary resuscitation (CPR) and automated external defibrillator (AED) resources are available and utilized, within the first three to seven minutes, after sudden cardiac arrest; and
- WHEREAS**, the goal of American Heart Month is to raise awareness of heart disease, prevention, and treatment; and
- WHEREAS**, it is appropriate to increase awareness of how to prevent cardiovascular disease and the appropriate intervention should an individual suffer from cardiovascular disease; and
- WHEREAS**, it is appropriate to increase awareness of the value of CPR training and encourage placement of AEDs in public places; and
- WHEREAS**, the American Heart Association and the Contra Costa County Emergency Medical Services Agency advocate and are committed to strengthening the “Chain of Survival,” which represents the five crucial links of the emergency treatment of sudden cardiac arrest - Early Access to Care, Early CPR, Early Defibrillation, Effective Advanced Life Support and Integrated Post Cardiac Arrest Care; and
- WHEREAS**, Contra Costa County supports widespread CPR training, and public access defibrillation (PAD) and HeartSafe Community programs; and
- WHEREAS**, Contra Costa County communities are working to make where their citizens live, work, shop and play HeartSafe; and
- WHEREAS**, The American Heart Association (AHA) funds cardiovascular medical research, educates consumers on healthy living and fosters appropriate cardiac care; and
- WHEREAS**, the Cardiology Centers at John Muir Health, Kaiser Permanente, San Ramon Medical Center, and Sutter Delta Medical Center are often the first line of defense in diagnosing and treating cardiovascular conditions, providing life-saving services to patients in Contra Costa County and beyond; and

NOW, THEREFORE, BE IT RESOLVED that the Board of Supervisors of Contra Costa County does hereby recognize the American Heart Association, Contra Costa Health Emergency Medical Services Agency, the Cardiology Centers at John Muir Health, Kaiser Permanente, San Ramon Regional Medical Center, and Sutter Delta Medical Center for helping to raise awareness of heart disease, prevention and treatment, and encourages all residents of Contra Costa County to learn the risks of cardiovascular disease, to stay fit through exercise and good nutrition, to know the signs of Stroke, Heart Attack and Sudden Cardiac Arrest, to learn critical lifesaving skills such as CPR and AED use, to call 9-1-1, to Act in Time when a cardiovascular emergency occurs and encouraging each community to become a HeartSafe Community.

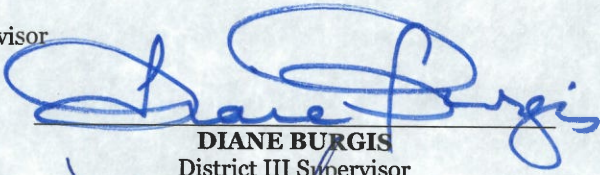
PASSED by a unanimous vote of the Board of Supervisors members present this 28th day of February 2023.



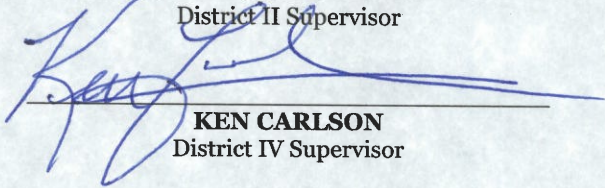
JOHN GIOIA
 Chair,
 District I Supervisor



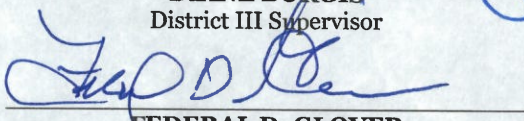
CANDACE ANDERSEN
 District II Supervisor



DIANE BURGIS
 District III Supervisor



KEN CARLSON
 District IV Supervisor



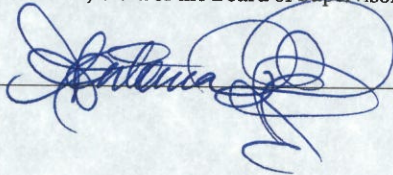
FEDERAL D. GLOVER
 District V Supervisor



I hereby certify that this is a true and correct copy of an action taken and entered on the minutes of the Board of Supervisors on the date shown:

ATTESTED: February 28, 2023

MONICA NINO, Clerk of the Board of Supervisors and County Administrator

By  _____, Deputy