The Board of Supervisors of Contra Costa County, California

In the matter of Proclaiming the Month of September 2022 as National Recovery Month, in Contra Costa County.

Resolution No. 2022/330

WHEREAS, Alcohol and Other Drug Abuse and Mental Health disorders affect all communities nationwide, with commitment and support, impact can embark on a journey of improved health and overall wellness; and

WHEREAS, the focus of Recovery Month each September is to celebrate all people that make the journey of recovery possible by embracing the tagline, "Recovery is for Everyone: Every Person, Every Family, Every Community;" and

WHEREAS, through Recovery Month, people become more aware and able to recognize the signs of Alcohol and Other Drug abuse and Mental Health disorders while encouraging people, in need of recovery services, to seek help; and

WHEREAS, managing the effects of these conditions helps individuals achieve healthy lifestyles, both physically and emotionally, and

WHEREAS, the Recovery Month observance continues to work to improve the lives of those affected by Alcohol and Other Drug abuse and Mental Health disorders by raising awareness and educating communities about the effective services that are available; and

NOW, THEREFORE, BE IT RESOLVED that the Board of Supervisors of Contra Costa County does hereby proclaims the month of September as Recovery Month in Contra Costa County and call upon our community to observe this month with compelling programs and events that support this year's observance, the 32nd anniversary of Recovery Month.

PASSED by a unanimous vote of the Board of Supervisors members present this 20th day of September 2022.

KAREN MITCHOFF

Chair,

District IV Supervisor

JOHN GIOIA
District I Supervisor

Absent

DIANE BURGIS
District III Supervisor

CANDACE ANDERSEN
District II Supervisor

FEDERAL D. GLOVER

District V Supervisor

I hereby certify that this is a true and correct copy of an action taken and entered on the minutes of the Board of Supervisors on the date shown:

ATTESTED: September 20, 2022

MONICANINO, Clerk of the Board of Supervisors and County Administrator

Deputy, Deputy

