

The Board of Supervisors of Contra Costa County, California

In the matter of acknowledging the month of May
2022 as "Mental Health Awareness Month" and May
10-16, 2022, as "Asian American Pacific Islanders
(AAPI) Mental Health Awareness Week."

Resolution No. 2022/163

WHEREAS, nationally, 1 in 5 Americans experiences a mental health challenge in their lifetime, and faces obstacles toward effective treatment, such as stigma and language barriers; and

WHEREAS, during May and throughout the year, our society promotes the understanding that those with mental health challenges have treatable conditions and can lead productive lives, and commits to increasing awareness and educating the public to foster understanding about those who live with these conditions deserve to be helped and not stigmatized or discriminated against; and

WHEREAS, to better reflect and celebrate the diverse populations that we serve, and in alignment with our diversity and inclusion efforts, we commit to advancing our goal of creating an environment where all residents of Contra Costa County feel a sense of belonging. Additionally, so they may access safe spaces where mental health concerns can be addressed and mental health resources can be accessed, in a fair and equitable manner; and

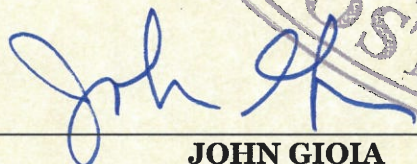
WHEREAS, lack of awareness of the offerings available, as well as the stigma surrounding mental health issues, is the biggest deterrent toward seeking professional help; and

NOW, THEREFORE, BE IT RESOLVED that the Board of Supervisors of Contra Costa County does hereby proclaims May 2022 as "Mental Health Awareness Month" and May 10-16, 2022 as "Asian Pacific Islander (AAPI) Mental Health Awareness Week," in Contra Costa County.

PASSED by a unanimous vote of the Board of Supervisors members present this 17th day of May 2022.



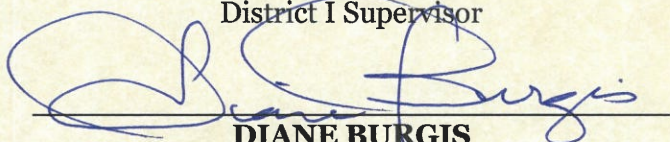
KAREN MITCHOFF
Chair,
District IV Supervisor



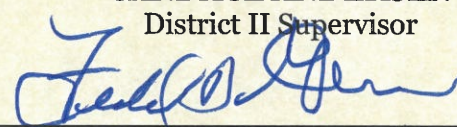
JOHN GIOIA
District I Supervisor



CANDACE ANDERSEN
District II Supervisor



DIANE BURGIS
District III Supervisor



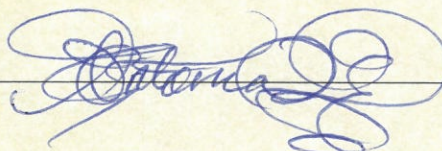
FEDERAL D. GLOVER
District V Supervisor

I hereby certify that this is a true and correct copy of an action taken and entered on the minutes of the Board of Supervisors on the date shown:

ATTESTED: May 17, 2022

MONICA NINO, Clerk of the Board of Supervisors and County Administrator

By



, Deputy

