

The Board of Supervisors of Contra Costa County, California

PR.2, C.8

In the matter of recognizing “National Recovery
Month” in Contra Costa County September, 2019

Resolution No. 2019/530

WHEREAS, behavioral health is an essential part of health and one’s overall wellness; and

WHEREAS, prevention of mental and substance use disorders works, treatment is effective, and people recover in our area and around the nation; and


WHEREAS, preventing and overcoming mental and substance use disorders is essential to achieving healthy lifestyles, both physically and emotionally; and

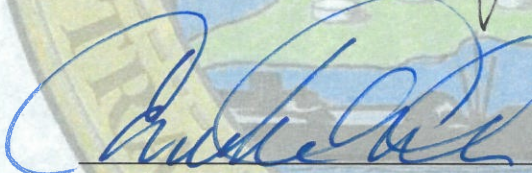
WHEREAS, we must encourage relatives and friends of people with mental and substance use disorders to implement preventive measures, recognize the signs of a problem, and guide those in need to appropriate treatment and recovery support services; and

WHEREAS, to help more people achieve and sustain long-term recovery, the U.S. Department of Health and Human Services (HHS), the Substance Abuse and Mental Health Services Administration (SAMHSA), the White House Office of National Drug Control Policy (ONDCP), and Contra Costa County invite all residents to participate in National Recovery Month.

NOW, THEREFORE, BE IT RESOLVED that the Board of Supervisors of Contra Costa County does hereby proclaim the month of September, 2019 as “National Recovery Month” in Contra Costa County and call upon the people of Contra Costa County to observe this month with appropriate programs, activities, and ceremonies to support this year’s theme: “Join the Voices for Recovery: Invest in Health, Home, Purpose, and Community”.

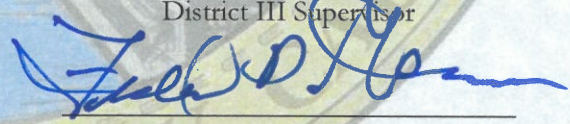
PASSED by a unanimous vote of the Board of Supervisors members present this 24th day of September, 2019.

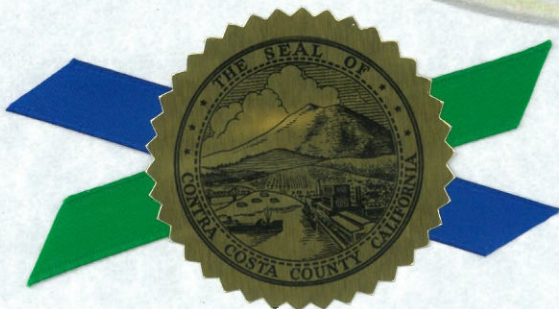

JOHN GIOIA
Chair,
District I Supervisor


CANDACE ANDERSEN
District II Supervisor


DIANE BURGIS
District III Supervisor


KAREN MITCHOFF
District IV Supervisor

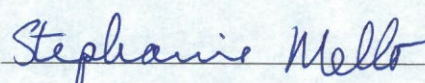

FEDERAL D. GLOVER
District V Supervisor



I hereby certify that this is a true and correct copy of an action taken and entered on the minutes of the Board of Supervisors on the date shown:

ATTESTED: September 24, 2019

DAVID TWA, Clerk of the Board of Supervisors and County Administrator

By , Deputy