

# The Board of Supervisors of Contra Costa County, California

In the matter of proclaiming the month of May, 2019  
as "Mental Health Awareness Month" in Contra Costa  
County

Resolution No. 2019/172

WHEREAS, it is important to emphasize that mental health is essential for the wellbeing and vitality of our families, business and communities; and

WHEREAS, recovery is possible through appropriate medical, social and culturally responsive support and services; and

WHEREAS, individuals and families living with mental health concerns share with all community members a right to fair and equitable practices and community processes in the pursuit of increased inclusivity to provide for the needs of peers and families and include optimal health, wellness, education, housing, employment, and transportation; and

WHEREAS, all stakeholders and community members can participate in efforts to effectively address and support the delivery of culturally responsive services and supports, thereby promoting resiliency and recovery and reducing hospitalizations and relapses; and

WHEREAS, there is a commitment and a need to increase awareness at all levels and educate the public, replace misinformation and eliminate stigma concerning mental health and promote understanding that people living with mental health challenges can lead productive lives; and

WHEREAS, the community holds the responsibility to ensure that mental health services are available to all residents.

NOW, THEREFORE, BE IT RESOLVED that the Board of Supervisors of Contra Costa County does hereby proclaim the month of May, 2019 as "Mental Health Awareness Month" in Contra Costa County and encourage all residents to promote the restoration of mental wellness in the community.

*PASSED by a unanimous vote of the Board of Supervisors members present this 21<sup>st</sup> day of May, 2019.*



**JOHN GIOIA**  
Chair,  
District I Supervisor



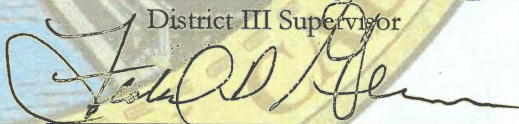
**CANDACE ANDERSEN**  
District II Supervisor



**DIANE BURGIS**  
District III Supervisor



**KAREN MITCHOFF**  
District IV Supervisor



**FEDERAL D. GLOVER**  
District V Supervisor



I hereby certify that this is a true and correct copy of an action taken and entered on the minutes of the Board of Supervisors on the date shown:

ATTESTED: May 21, 2019

DAVID TWA, Clerk of the Board of Supervisors and County Administrator

By Stephanie Mello, Deputy