

SEIU 1021 + AFSCME 2700 + IFPTE Local 21 + AFSCME 512 + Defenders' Association + WCF + PDOCC + AFSCME PEU Local 1 + DDAA +

Affordable Healthcare NOW!

Rx

FOR Affordable Healthcare NOW!!

DATE 9/14/18

Affordable healthcare is important to me because:

I have 2 small children, my husband & I both work full time & overtime ~~and~~ when it is available and we still struggle to make ends meet. We work too hard & spend too much time away from our kids to struggle financially.

(share your story)

REFILL Yearly TIMES

Jennifer Stuart

PATIENT

AFSCME 2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/14/2018

Affordable healthcare is important to me because:

I cannot afford to lose my healthcare though an amount of \$352.11 is deducted monthly from my salary. Further increase of that amount will be my final straw as a clerk.

(share your story)

REFILL Yearly TIMES

CHRISTOPHER K. LENNEY

PATIENT

AFSCME 2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/17/18

Affordable healthcare is important to me because:

Affordable Healthcare is

very important to me because I have

4 kids & the amount that they are taking out now is exorbitant. We are ~~the~~ one of the lowest paid

counter & they take out a substantial amount out of our checks already. (share your story) If the healthcare goes up

more I will seriously be living ~~on~~

paycheck to paycheck. Sound Reyes

REFILL Yearly TIMES

PATIENT

Local 2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/17/18

Affordable healthcare is important to me because:

I am a mother of two. It is hard living in the bay area with our income; and adding almost \$400 in insurance puts a strain in our lives. We need to have insurance for peace of mind, it's just hard to pay so much.

(share your story)

REFILL Yearly TIMES

Jenny Pineda PATIENT

Local 2700 UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/21/2018

Affordable healthcare is important to me because: County share of cost has decreased while our cost to employees have increased by 293% in an 8 year period - since 2010. As a clerk - one of the lowest paid professions in the county - we cannot live off - of this set up. All this while economy is doing well and the county is increasing its reserves for other

matters - other than their ^(share your story) valued stakeholder - their employees. Crisis Time Please help.

REFILL Yearly TIMES

Angel Urizar PATIENT ^{Thx}

AFSME - Local 2700 UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/17/18

Affordable healthcare is important to me because:

I Am a single mom, a homeowner and the soul provider for my family. When I first started with the trendy healthcare was reasonable but now my healthcare cost is so high my take home is less than it was 10 years ago. This healthcare cost causes a hardship on me and my need to keep a roof over our heads and food ~~(share your story)~~ in our bellies. I don't pay taxes just to make my ends meet.

REFILL Yearly TIMES

Raquel Lewis PATIENT

ABCME 2700 UNION

Rx

FOR Affordable Healthcare NOW!!

DATE Sept. 14, 2018

Affordable healthcare is important to me because:

I am a single parent, living in a 1 income home. When I started working here in 1999 my healthcare premium for myself and 4 children was approx.

\$55.00 monthly. Here we are 19 years later and for myself and 1 child it's \$455. With the cost of living here in the Bay Area, and the low salary, myself and my family ^(share your story) are barely making it.

REFILL Yearly TIMES

Sonja Frye

PATIENT

AFSCME Local 2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE Sept 11, 2018

Affordable healthcare is important to me because:

If I go see the doctor I like to think that I can afford my co-pay and mostly my prescriptions

(share your story)

REFILL Yearly TIMES

Renja Kincade

PATIENT

2700 - AFSCME

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/14/18

Affordable healthcare is important to me because:

I believe in being healthy

It's my responsibility to make regular

doctor appointments; keep them and stay

healthy. I trust my doctors & the medicine

it all costs money. And, it's going up! please help make it affordable.

(share your story)

Thank you.

REFILL Yearly TIMES

Gail Varney

PATIENT

AFSCME Local 2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/22/18

Affordable healthcare is important to me because:

I have 3 children + Husband
we need affordable healthcare. After
all were are Public Health and our County
message has always been affordable Health Care for all

(share your story)

REFILL Yearly TIMES

Michelle Williams PATIENT

Local 21 UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/11/2018

Affordable healthcare is important to me because:

I'm afraid that I will get sick and not be able to work to

provide for my family, and that I will

not be able to afford the care. My husband

recently got sick and I don't think we would have been able to manage (share your story) without having healthcare.

REFILL Yearly TIMES

Nati Flores

PATIENT

Local 21

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/22/18

Affordable healthcare is important to me because:

Affordable health care is important to me because, I, close to my retirement. I will have fix income & health care cost will be big part of my income.

(share your story)

REFILL Yearly TIMES

Judy Ann Keys

PATIENT

Loc 21

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8-14-18

Affordable healthcare is important to me because:

CCCL's premiums are too high.- I have never been able to afford it. Cannot take care of my health + do a good job.

(share your story)

REFILL Yearly TIMES

E. Tep

PATIENT

Local 1

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/15/18

Affordable healthcare is important to me because:

My mother is able to afford medication for her eyes and treating her pre-diabetic state.

(share your story)

REFILL Yearly TIMES

Cameron Hemperly

PATIENT

AFSCME 2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/16/2018

Affordable healthcare is important to me because:

Simply put, there is no living without it. For me, personally, as costs rise and coverage narrows, my family is put at risk for their lives.

For Contra Costa County, healthcare coverage is part of an overall compensation package that is woefully inadequate. As a tax-paying, voting citizen of the county it breaks my heart to see good County employees forced away by inadequate and expensive healthcare coupled with inadequate salaries. Contra Costa County can do better.

(share your story)

REFILL Yearly TIMES

Robert Nelson PATIENT

AFSCME PEU Local 1 UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/16/18

Affordable healthcare is important to me because:

I have barely been able to afford County AZ, when it was an option and I was ^{when I} a P.I. Now that I'm a 20-hour, I cannot afford ~~must choose to~~ any of the current ^{County} options available, if I want to be able to keep rent and bills paid. We should NOT have to choose between having a place to live and to be healthy!
(share your story)

REFILL Yearly TIMES

Dawn H. PATIENT

Local 1 UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8-17-18

Affordable healthcare is important to me because:

People get sick. People get injured,

People have problems. And its cheaper and more equitable

if we all pitch in.

(share your story)

REFILL Yearly TIMES

Michael Beller

PATIENT

Local 21

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 09-13-2018

Affordable healthcare is important to me because:

1. Lowest paying employees in Contra Costa County. 2. Teaching facility

should appreciate patients being available.

3. No improvement in service. 4. Please identify any changes to justify increases.

(share your story)

REFILL Yearly TIMES

LaTonya Davis PATIENT
2700 (Local) UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 09-13-18

Affordable healthcare is important to me because: Getting hurt or sick
isn't something a person wants
to happen, but unexpected events do
occur. Having affordable Hth. care
helps pay for these cost. & provides

financial protection against on going
medical bills. (share your story)
Cheryl Buanley
(Employee)

REFILL Yearly TIMES

AFSCME 2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/23/2018

Affordable healthcare is important to me because:

I want to live a healthy and productive lifestyle. My salary is not conducive to the economy. I don't want to have to choose between healthcare and shelter.

(share your story)

REFILL Yearly TIMES

Claudia Clement

2700 Local

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/23/18

Affordable healthcare is important to me because:

It is not right for someone who works 40 hours a week to be living pay check to pay check. There is no room for saving for emergencies and so when that emergency comes up 20 dollars is still a huge chunk for living a Co-pay shouldn't be more than ~~the~~ daily commute spending. There was a time I had horrible heartburn and I didn't know what it was. I couldn't breath it hurt to swallow. I felt like a fork lodged in my throat the doctor gave me a referall to ~~see~~ get lab work. ~~Now~~ My co-pay was 75 dollars, I could not believe it, if it wasn't for mother who If I'm working 40 hours a week I should be taking care of her not the other way around I wouldn't be able to get the care a working woman needs to work the best to her ability. Health care should not be another issues to our daily lives.

(share your story)

REFILL Yearly TIMES

Stephanie D. Ramirez PATIENT

2700 UNION

Rx

FOR Affordable Healthcare NOW!!

DATE August 16, 2018

Affordable healthcare is important to me because:

I have a family, and want all the best for them. With all the costs that come with family, I don't think healthcare should cost an arm and a leg when our health is such a high priority!

(share your story)

REFILL Yearly TIMES

Brittany Gurion PATIENT

2700 UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/16/18

Affordable healthcare is important to me because:

I almost can't afford to pay rent & continue to have medical.

(share your story)

REFILL Yearly TIMES

Veronica Perez PATIENT

Local 2700 UNION

Rx

FOR Affordable Healthcare NOW!!

DATE August 28, 2018

Affordable healthcare is important to me because:

expenses are increasing. I reside in the bay area and my costs/ years and I am concerned I won't be able to pay for my healthcare.

(share your story)

REFILL Yearly TIMES

Karen Walls

PATIENT

512

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9-13-18

Affordable healthcare is important to me because:

I work for Contra Costa County where the wages are low. I love the work and my co-workers, but the cost of medical coverage offered is un-acceptably high!

(share your story)

REFILL Yearly TIMES

Melisa Jacobson PATIENT

AFSCME UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/29/2018

Affordable healthcare is important to me because:

I pay more for Health Care than I do for my retirement. Health Care cost is ^{rising} much faster than the cost of ^{living} causing a ^{causing} decreased quality of life.

44% of my wage ^{increases} ~~is~~ over the past 10 years have gone to pay ^(share your story) for ^{increased} cost of ^{health care} Health Care

REFILL Yearly TIMES

Alana M. Hogo

PATIENT

512

UNION

RX

FOR Affordable Healthcare NOW!!

DATE August 17, 2018

Affordable healthcare is important to me because: I have worked for Contra Costa County for 33 years. Because of the yearly

raises in health care costs, the ^{pay} raises I receive do not cover the costs. I take home less today

than I did TEN (10) years ago!
(share your story)

REFILL Yearly TIMES

Wendy Schluter

PATIENT

Afscme 2700

UNION



Rx

FOR

Affordable Healthcare NOW!!

DATE

8/16/2018

Affordable healthcare is important to me because:

As a voting citizen of Contra Costa County, it embarrasses me that the health of its citizens and its employers seems to be such a low priority.

(share your story)

REFILL Yearly TIMES

Margaret Smith

PATIENT

LOCAL ONE

UNION



Rx

FOR Affordable Healthcare NOW!!

DATE _____

Affordable healthcare is important to me because:

I have a family with a

Disabled Son with health issues that

needs to be seen periodically by his PCP, ^{Primary Care,} ^{Physician}

uses a breathing machine just to get by day to day.

(Share your story)

with the high cost of insurance we barely have enough to live.

REFILL Yearly 1 TIMES

PATIENT _____

Local 2700

UNION _____



Rx

FOR Affordable Healthcare NOW!!

DATE 9/11/18

Affordable healthcare is
Affordable to me because: I am a new Mom and insurance
important to me through the county for my daughter is extremely

expensive. My husband and I actually decided to put her on my husband's

policy through his small business, which has very poor coverage, ^{poor} because
~~the coverage was not good~~ ^{he chose an}
~~is not good.~~ My husband ^{has wanted} to change to be self-employed but is unable
to do so because adding ^(share your story) my family to our plan would take us too
~~much~~ of my check. Thanks for ~~seeing~~ ^{would}.

REFILL Yearly JIMES

Beth Hernandez

PATIENT

Local 21

UNION

Rx

FOR

Affordable Healthcare NOW!!

DATE 9/10/18

Affordable healthcare is important to me because: Prior to April 2018, I paid less than \$400/mo. for my own health insurance. In April 2018 I

added both my new wife & new born son to my health insurance

plan. I now pay \$676.⁹¹/mo. Between health insurance & child

Care, my wife & I are trying to decide if we can both afford to continue to work. (share your story)

REFILL Yearly TIMES

MC EWILL

PATIENT

SEIU

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/12/18

Affordable healthcare is
important to me because:

I am a 60yo single mom
of a 20yo daughter, I have many health

issues and without affordable healthcare I will

not be able to continue medications and may

not be around for my daughter, who has mental
health issues. she already attempted suicide.
affordable mental health services are
most important.

REFILL Yearly DATES

Geuligo

SEIU 1021

UNION

Rx

FOR Affordable Healthcare NOW!!

FOR

DATE Sept. 13, 2016

healthcare is **Affordable to me** because: **IT COST TOO MUCH!**
important to me

\$691.1 month for 1 person in Health Net. I don't want

to change my healthcare providers who have treated me for my illnesses for

almost 20 years. I am being forced to stop in the middle of successful treatment

to find another healthcare carrier because I can no longer afford the insurance
(share your story)
I've had since 1999.

REFILL Yearly TIMES

ETS

PATIENT

SDW 1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9-4-18

Affordable healthcare is important to me because:

suffering 3 miscarriages and

Dating a disorder that could cause infertility, without

treatment from a doctor, is stressful and depressing. Without

affordable healthcare I could never become a mom. I would

give up everything I own to have a child; and I go broke paying for healthcare
(share your story)

REFILL Yearly TIMES

JW

PATIENT

SEIU Local 1001

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/12/2018

Healthcare is
the cause.

Affo
imp

I am a single parent with a child in college. I was in good health before I began working with Contra Costa County. Since my employment here, I became a diabetic, developed cancer and had to have two surgeries and a very aggressive radiation treatment. Therefore, continuity of care is very important for me; which is why having to pay \$595/mo for healthcare (for me and my child) to remain in our Kaiser plan coupled with the high deduction for retirement has forced me to choose between healthcare and housing. Not being able to afford to rent an apartment, unfortunately, also comes with the embarrassment of my child not having a place to call home during college breaks.

(share your story)

REFILL Yearly GIMES

E. W. III

PATIENT

Local 1081

UNION



Rx

FOR Affordable Healthcare NOW!!

DATE 9/17/18

Affordable healthcare is affordable to me because: I am a single parent and important to me to have affordable, accessible, equitable and beneficial healthcare; insurance. I want to live and without those qualities how do we live a full life.

(share your story)

Ayesha C. Smith

REFILL Yearly GIMES

PATIENT

AFSCME Local 2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9-17-18

Affordable healthcare is important to me because:

I live from paycheck to paycheck

and I CANNOT AFFORD to pay high cost.

(share your story)

REFILL Yearly JIMES

Sullivan Teo

PATIENT

Local 2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/14/2018

Affordable healthcare is important to me because:

With housing & health care both unaffordable, I am forced to live with my friends ~~and~~ to be able to pay for my health care (I am in

early renal failure) cant afford rent & health care both. By next year I will probably be homeless & living in my car

(share your story)

REFILL Yearly 4 TIMES

JANE

PATIENT

AFSCME 2700

UNION



Rx

FOR Affordable Healthcare NOW!!

DATE 9/17/18

Affordable healthcare is important to me because:

I am A Single Female I CAN Barely Afford my housing. IT would be A low blow if I have to.

Pay a higher COST IN Health CARE. (share your story) Homeless and living on the streets. If ~~CA~~ end up of ~~CA~~ Martinez, CA. Yearly

REFILL 6 TIMES

PATIENT

Local 2700.

UNION



Rx

FOR Affordable Healthcare NOW!!

DATE September 17, 2018

**Affordable healthcare is
important to me because:**

High cost of living in the Bay Area
is a daily challenge. Affordable healthcare would

alleviate monthly expenses and I would be able to buy
healthier groceries because of food sensitivities.

(share your story)

REFILL Yearly 4 TIMES

Virginia Parajon

PATIENT

AFSCME Local 2700

UNION

RX

FOR Affordable Healthcare NOW!!

DATE 9/17/18

Affordable healthcare is
important to me because:

I am single w/one income + live

Paychecks to Paychecks!

(share your story)

REFILL Yearly GIMES

PATIENT

[Signature]

Local 2700 ASCME

UNION



Rx

FOR Affordable Healthcare NOW!!

DATE 9/17/18

Affordable healthcare is
Affordable to me because: I'm
important to me I'm offered health plan benefits.

The only problem is the higher cost & annual increases
eats up a good percentage of my salary compared to
Other countries, cities, state, and/or private employers.
(share your story)

REFILL Yearly TIMES

William Hodson

PATIENT

AFSCME 2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/17/18

Affordable healthcare is
Affordable to me because:
important to me

Health care is a big
ticket" item, and it should not be.

Not is the greatest country on the planet.

Contra Costa County workers care not ignorant
dues a healthcare.

to how our wages and ~~expenses~~ are not on par.
(share your story)

with other countries. Check how many workers leave
for other countries.

REFILL Yearly 4 TIMES

PATIENT

2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/17/18

Affordable healthcare is
Affordable to me because:
important to me

I cannot afford the high cost
of medical & dental insurance for my family and

pay my housing expenses, I should not be forced to
choose medical ins over a roof over my families head.

(share your story)

REFILL Yearly TIMES

Walter

PATIENT

5/2

UNION



Rx

FOR Affordable Healthcare NOW!!

DATE 9-17-18

Affordable healthcare is important to me because:

I NEED AFFORDABLE HEALTHCARE.

I AM A DIABETIC & NEED PRESCRIPTIONS,

DOCTOR VISITS, ETC. I WORK HARD & MY

HEALTHCARE KEEPS RISING.

(share your story)

REFILL Yearly 3 TIMES

KAREN BEGLEY

PATIENT

2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9.17.16

Affordable healthcare is important to me because: I'M A SINGLE MOTHER OF THREE CHILDREN WITH THE HIGH COST OF LIVING I CAN BARELY MAKE ENDS MEET. IF THE COST OF MEDICAL BENEFITS INCREASE WOULD BE A DEVASTATING FINANCIAL BLOW TO ME AND MY FAMILY.

(share your story)

REFILL Yearly 3 TIMES

DANICIA HARRISON

PATIENT

LOCAL 2700 AFSCME

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE Sept 14, 2018

Affordable healthcare is
important to me because:

I have a daughter with a chronic

illness. It is imperative that we have

good AFFORDABLE healthcare to help keep

her ALIVE and HEALTHY !!!

(share your story)

REFILL Yearly TIMES

Brenda

PATIENT

Local 2700 AFSME

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/12/2018

Affordable healthcare is important to me because:

I am a single father. Due to the high cost of health care I have been forced to keep my daughter in Medi-cal for children as I cannot afford family coverage costs, which speaks to both my salary and the costs.

(share your story)

REFILL Yearly TIMES

Gordon McMahon PATIENT

SEIU 1021 UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/10/18

Affordable healthcare is important to me because:

We and my family pay a lot out of

Pocket and we have personal needs

that dont get taken care of because we

cant afford it. Sometimes we go without treatment.
(share your story)

REFILL Yearly TIMES

Angela Davis 510-459-5479

PATIENT

1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9-10-18

Affordable healthcare is important to me because:

I am diabetic with thyroid issues and I do take 2 types of insulin and other medications that are so expensive. My husband has asthma and high blood pressure and he also need medications monthly.

I need affordable healthcare Now!

(share your story)

REFILL Yearly TIMES

PRINCESS EVE DEL ROSARIO

PATIENT

Local 1021

UNION



Rx

FOR Affordable Healthcare NOW!!

DATE 8/22/18

Affordable healthcare is important to me because:

I have to keep another job to make up for all the money health care is taken out of my check. I have 2 kids in college & this is making it so very hard to make it (single mother)

(share your story)

REFILL Yearly TIMES

Carmen Francois PATIENT

21 UNION

Rx

FOR Affordable Healthcare NOW!!

DATE

8.28.18

Affordable healthcare is important to me because:

I have \$55,000 of student loan debt that I took on to be a social worker. I also took a \$10,000 pay cut to come work for Contra Costa County. I love the people of this county, but I cannot afford to stay here.

(share your story)

REFILL Yearly DIMES

Taura Greenfield

PATIENT

SEIU

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/

Affordable healthcare is important to me because:

When I started with the County five years ago my husband was off work due to surgery. Two years ago my husband was off work again due to another surgery. Both times he was off work for eight months, and I was the sole provider for our family. Though we live a very frugal lifestyle, it was very difficult to make ends meet. As we approach 2019 we prepare for my husband's third surgery. Unfortunately, we are anticipating an even longer recovery time, and again, I will be the sole provider for our family. I implore you to help us to continue to help the residents of Contra Costa County by providing us with consistently affordable family health care. I simply cannot afford yet another reduction of my net pay.

(share your story)

REFILL Yearly TIMES

Lesli Budd

PATIENT

SEIU 1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/31/18

Affordable healthcare is important to me because: YOU KNOW "OUR" STORY!
WE JUST NEED YOU GUYS (BOS)

TO GET YOUR ACT TOGETHER AND GET US
THE HEALTHCARE THAT WE DESERVE !!
AND MIND YOU, "WE DESERVE MORE !!"

(share your story)

REFILL Yearly 3 TIMES A CONCERNED EMPLOYEE OF CCC PATIENT

SEIU LOCAL 1021 UNION

Rx

Affordable Healthcare NOW!!

FOR

I am a CalFRESH Eligibility Worker. I have been with the County for four years. I came back to California from the East Coast because I wanted to start building a future with job security & retirement all while doing some good for the community I grew up in. I also wanted a govt job with job security because I have a number of health conditions that require ongoing management via prescriptions, regular doctor visits, physical therapy, and very expensive imaging. I chose the Healthnet HMO B plan because I find the choice of doctors from CCHP and Kaiser unacceptable. I have a cyst in my hand that is too expensive for me to remove because the copay is \$500. The Delta Dental PPO is unlike any Dental coverage I have had in my 33 years. Who has to pay for cleanings and x-rays and other preventive care and why are only 70% of costs covered? I haven't gone to the dentist since I returned to California because of this. I pay nearly \$600/mo in student loan payments. I pay rent, I have a car payment, I pay for car insurance, I pay for gas from Martinez to Richmond, I pay for food, I pay for books, supplies, and bridge tolls for post bacc education in SF. I'm lucky my parents help with my car insurance and cell phone bill. Healthcare is a human right and Contra Costa County needs to get serious about that by bringing down costs and offering competitive benefits packages with other public agencies. Otherwise, we will keep bleeding well-trained workers to other Counties and increase the stress on the remaining workers.

*Affordable healthcare
important to me*

REFILL Yearly TIMES

Asnley Payne

PATIENT

SEIU 1021

UNION

I don't know now I could afford to work here if I got married & had kids.



Rx

FOR Affordable Healthcare NOW!!

DATE _____

Affordable healthcare is important to me because: **BOB**

asked how many 1021 members have second jobs to make ends meet? ONLY JOB SHOULD BE

(share your story)

REFILL Yearly TIMES

Concerned 1021 member PATIENT

SEIU 1021

UNION _____

Rx

FOR Affordable Healthcare NOW!!

DATE _____

Affordable healthcare is important to me because: Health insurance is not like other insurances. A lot of conservative

rhetoric talks about moral hazard but our

bodys are not cars. We cannot buy a

new body like we buy a new car when it's broken or ^(share your story) injured. Affordable Healthcare Now!!

REFILL Yearly GIMES

Concerned County Employee PATIENT

SFEIU 1021

UNION _____

Rx

FOR Affordable Healthcare NOW!!

DATE 8/16/18

Affordable healthcare is
important to me because:
therefore our wages are significantly lower to the others in similar

job classification in other "Private" organizations. To offset this and entice qualified

applicants to not only work here but retain their job status, affordable healthcare

is a must. This is why affordable healthcare is important to me and should be
(share your story)
to the County as well.

REFILL Yearly 3 TIMES

PATIENT

local 2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/15/18

Affordable healthcare is important to me because:

we are the lowest paid County employees but we pay the most for our benefits. I am a single mother, I cannot afford to pay more, especially after all of the county deductions

(share your story)

REFILL Yearly 2 TIMES

C.G.

PATIENT

AFSCME Local 2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8.29.18

Affordable healthcare is because: Keeping my children & myself important to me healthy is a high priority. As a full

time country employee, I should be able to afford and provide these necessities to my family.

(share your story)

REFILL Yearly TIMES

LAURA CRUZ

PATIENT

AFSCME 2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8 | 29 | 2018

Affordable healthcare is

important to me because:

The health plans are not affordable.

(share your story)

REFILL Yearly TIMES

Marguerita Smith

PATIENT

AFSCME 2700

UNION

RX

FOR Affordable Healthcare NOW!!

DATE 08/29/18

is

Affordable healthcare ^{is} because: As a clerk I am paying so important to me. I am paying so much for my health insurance. I am paying about \$500 monthly. I have been in CCC for 26

(Lowest available plan)

years and our medical keeps getting higher and higher. We pay more than any other unit in the county and we get paid the least.

So UNFAIR!! Violeta

REFILL Yearly ^{SHARE your story} 4 TIMES

Local 2700

UNION



Rx

FOR

Affordable Healthcare NOW!!

DATE

30 AUG-18

Affordable healthcare is

important to me because:

I can barely afford my health care premiums now!

This, in addition to my share of cost for medication & office visits

is getting to be too much to afford. If health care insurance

is increased anymore, I will be paying more than I take home in income!
(share your story)

REFILL

Yearly TIMES

PATIENT

DENISE STEVENSON

UNION

RESUME 2700

Rx

FOR Affordable Healthcare NOW!!

DATE 8/29/18

Affordable healthcare is important to me because:

I am a widow with a lot of health issues. I am trying to put my child through college. All while trying to re-enter into my new life. Our income paying my bills and health care. We are all in paycheck away ^(share your story) from homelessness. Enough is enough

REFILL Yearly 5 TIMES

Conniève Heredia

PATIENT

2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9-13-18

Affordable healthcare is
important to me because:
a lot of expenses, increase

will take away my kid colleague
I am close to be homeless

(share your story)

REFILL Yearly TIMES

Candice Gunbo

PATIENT

2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/29/18

Affordable healthcare is important to me because:

it would enable me to live a more comfortable life with

my family. It is always a worry

knowing my medical costs are so high.

Why do the lowest paid employees get

(share your story)

charged the most for benefits? ?

REFILL Yearly 3 TIMES

PATIENT Monica O.

UNION

2700

Rx

FOR Affordable Healthcare NOW!!

DATE 08-15-2018

Affordable healthcare is important to me because:

The cost of healthcare is outrageous it is becoming a matter of choosing between Food and healthcare.

A. Gutierrez

(share your story)

REFILL Yearly 4 TIMES

Astrid V. Gutierrez

PATIENT

AFSCME 2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/28/2018

Affordable healthcare is
important to me because:

We work in a health care

*facility, yet we are being priced out of
the insurance. See!*

(share your story)

REFILL Yearly 5 TIMES

Pete Riley

PATIENT

AJSM 2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/29/18

Affordable healthcare is
Affordable to me because: I
important we are already paying too much for OHP. I have

a daughter that I'm helping financially thru college.

County is giving us 3% cost of living and increasing our bene

fits more than 3%. I'm bringing less money home than I was
making 10 years ago. (share your story)

REFILL Yearly TIMES

Rosalinda Quiles

PATIENT

Afscme 2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/11/18

Affordable healthcare is important to me because:

Affordable health care is needed

and important to have for employees and

their families, at these rates it is a hardship for

many to ensure proper health coverage. Employees should

(share your story)

not have hardships when it comes to health care.

REFILL Yearly TIMES



PATIENT

SEIN 1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9-11-18

healthcare is
Affordable to me because:

important to take on a daily bases. I can not afford

the cost of my healthcare cost. I am single and I

commute everyday to work. with the cost of living and retirement

I feel that healthcare cost is outrageous and I can't afford
it's anyone. (share your story)

REFILL Yearly JIMES

Donna M. August

PATIENT

Local 2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/4/2018

Affordable healthcare is important to me because:

without it I am unable to maintain a portion of health for me and my husband, who are both Diabetic and have back problems. The cost of healthcare is becoming outrageous.

I have to juggle other responsibilities that could be supplemented by (share your story) a portion of healthcare costs

REFILL Yearly GIMES

Evangelina Easley

PATIENT

SEIU 1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/11/18

Affordable healthcare is important to me because: It allows me to live a productive & successful life

Without having to worry about my health needs, If that goes up it causes a problem with my finances.
(share your story)

REFILL Yearly JAMES

Arren Patton PATIENT

SEU 1021 UNION



Rx

FOR Affordable Healthcare NOW!!

DATE 09/11/2018

Affordable healthcare is important to me because:

It enables me to take care of my health issues as

I age gracefully into my golden years.

(share your story)

REFILL Yearly GIMES

Al Gibson

PATIENT

SEIU 1021

UNION



Rx

FOR Affordable Healthcare NOW!!

DATE 9/12/18

Affordable healthcare is important to me because: Health care is not a luxury it is a necessity and families should not be priced out of the opportunity to purchase it.

(share your story)

REFILL Yearly 5 TIMES

PATIENT _____

UNION _____



Rx

FOR Affordable Healthcare NOW!!

DATE 8/16/18

Affordable healthcare is important to me because:

I Am the Sole provider of a

Family of 5. We have limited income in

our house hold. I Am a full time worker and

yet, I don't make ends meet. I have to

use credit cards to buy groceries. The high insurance Rates are a financial burden for our family.

Health Care is not affordable for me at this point

(share your story)

REFILL Yearly TIMES

Rason Walker PATIENT

Local 2700 UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/16/18

Affordable healthcare is important to me because:

My whole family has medical issues therefore having medical care is a must. I work hard for County but every year is impossible to afford healthcare. The raises that we get don't even cover the hikes of the cost increases of health cares that we incur. I don't get how we provide health cares for others but can't provide affordable healthcare for 'its own employees. The supposedly raises don't cover the basic cost of living that we have. We are the ^(share your story) lowest paid of all counties. I make less money than when I started almost 15 yrs ago.

REFILL Yearly TIMES

Siffers PATIENT

Local 2700 UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9-5-18

Affordable healthcare is important to me because;

Living in the Bay Area is already expensive as it is!

REFILL Yearly TIMES

Ruben Hernandez

PATIENT

Local 21

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE August 31, 2018

Affordable healthcare is important to me because:

I hate having to change my health plan each year because I can no longer afford my current plan. I'm constantly having to switch and build new relationships with new doctors. There's no consistency.
(share your story)

REFILL Yearly TIMES

PATIENT

LOCAL 1

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE August 28, 2018

Affordable healthcare is important to me because:

As I am approaching retirement I think about the peace of mind I will get from having health care coverage in addition to Medicare.

I do not want to have to choose between my health care costs and my financial stability

during retirement. I never thought I would have to consider this after almost

30 years of service to Contra Costa County.

(share your story)

REFILL Yearly TIMES

Denise Meyer PATIENT

Local 2700 UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9-1-18

Affordable healthcare is important to me because:

ACCESS TO FREE URGENT CARE & MEDICATIONS!

(share your story)

REFILL Yearly TIMES

ELIZABETH BOUNTREE

PATIENT

2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/11/2018

Affordable healthcare is important to me because:

The bay area is very expensive and like many people I work hard to provide for

my children. Access to affordable health care is crucial

for ^{the} success of my family and all families. Affordable

healthcare should be a right, not a privilege.
(share your story)

REFILL Yearly TIMES

Karen Mehl

PATIENT

Local 21

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/11/18

Affordable healthcare is important to me because:

Health insurance premium share has become

a major expense in our household. In my previous job with the State I paid just over \$200/month for coverage for my family of four. Now I pay almost twice that - just for me! The plan I have now is a deductible plan and I pay \$35-50 copays for office visits. My husband's plan covers himself and our 2 children. We ~~pay~~ just paid \$75 for a doctor's visit for my son because he thought he broke his nose. The high cost of insurance and copays has made it so that everytime one of us is sick, we ~~have to~~ think twice about going to the doctor ^(share your story) because we are afraid of how much it might cost us. ~~That is not~~ We shouldn't have to decide between getting care for our families and whether we can pay our bill or not!

REFILL Yearly TIMES

PATIENT

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/11/18

Affordable healthcare is important to me because:

I am a single mother to a young child and I am the sole provider for her and I. High healthcare costs make it more difficult to provide other benefits to her.

(share your story)

REFILL Yearly TIMES

PATIENT

Local 21

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/11/18

Affordable healthcare is important to me because:

I don't want to go broke paying to keep my family healthy!

(share your story)

REFILL Yearly TIMES

Rachael Birch PATIENT

Local 21 UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9-11-18

Affordable healthcare is
important to me because:

Our family's health is very
important to us and we are
diligent with preventive care in order
to stay healthy.

(share your story)

REFILL Yearly TIMES

Beth Gaines

PATIENT

Local 21

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/11/18

Affordable healthcare is important to me because:

I want to be able to provide a good quality of life for my growing family!

(share your story)

REFILL Yearly TIMES

Jennifer Baker

PATIENT

Local 21

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE August 22, 2018

Affordable healthcare is important to me because:

I want to be healthy and I don't want my wages gobbled up by an employer who makes their employees pay for all healthcare increases.
(share your story)

REFILL Yearly TIMES

Sue Guest

PATIENT

Local 21

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE August 17, 2018

Affordable healthcare is important to me because:

My take home is barely enough to pay rent, utilities, food, etc. for myself and two children. This is made worse by the high cost of health (and dental) insurance for the 3 of us. Our

last pay raise ~~was~~ ^(share your story) was almost equal to the medical cost increase. How do we get ahead? What is our incentive to stay with Contra Costa county?

REFILL Yearly TIMES

Gerarda Barry

PATIENT

AFSME 2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/13/18

Affordable healthcare is important to me because:

I don't agree with high Health ~~Plan~~ plan. Please get a better affordable healthcare for us.

(share your story)

REFILL Yearly TIMES

PATIENT

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/13/18

Affordable healthcare is important to me because:

Paychecks slow to rise,

can't keep up with all rising costs.

Healthcare premiums rising. Hard to keep much of paycheck.

(share your story)

REFILL Yearly TIMES

Stephanie M. Wilkins

PATIENT

AFSCME 2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9-13-18

Affordable healthcare is important to me because:

I have 2 sons that need healthcare, and I need it for a condition I have.

I'm paying over \$500 a month for mine! I'm losing a source of income in December and I'll need to get a second job to be able to afford to support my family.

REFILL Yearly TIMES

C. Alvarez PATIENT

Local 2700 UNION

(share your story)

Rx

FOR Affordable Healthcare NOW!!

DATE 9/13/18

Affordable healthcare is important to me because:

having a small child they tend

to need more medical appointments. I was billed

last year, when my daughter got the flu, instead of my insurance because

the hospital thought my CHIP card was a Medi-Cal card. Prices for

healthcare are high and the amount we pay to live out here are high
we wouldn't be able to ^(share your story) pay for medical expenses

REFILL Yearly TIMES

Krystina King

PATIENT

AFSCME 2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/21/18

Affordable healthcare is important to me because:

The cost of living in California is very high.

(share your story)

REFILL Yearly TIMES

PATIENT

Seiu 1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/21/2018

Affordable healthcare is important to me because:

Anytime we get a pay increase, which is always minimal and very seldom, the increase in the price of our Healthcare is always taking it away!

(share your story)

REFILL Yearly TIMES

SEIU 1021

PATIENT

SEIU 1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE August 22, 2018

Affordable healthcare is important to me because:

Care for my family without struggling and needing to apply for benefits in order to survive!!!

(share your story)

REFILL Yearly TIMES

LAWANDA B.
2700

PATIENT

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/21/18

Affordable healthcare is important to me because:

Current rates strain household budget.

Expense is at least a quarter (1/4) of monthly salary.

Cost of medicines, co-pay and monthly deductibles go up each year.

(share your story)

REFILL Yearly TIMES

TASY D LARRY PATIENT
AFSCME 2700 UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/21/18

Affordable healthcare is important to me because:

I am a temporary County employee for 4 years.

I pay approximately \$1400.00 per month for healthcare thru the County.

(share your story)

REFILL Yearly TIMES

JW

PATIENT

2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/12/18

Affordable healthcare is important to me because;

Affordable
Healthcare
NOW!

I'm already working and living paycheck to paycheck. I'm getting divorced and have only one source of income as a county employee. Raising prices will make life more UN-affordable. I'm already @ poverty level. This is unfair!

REFILL Yearly TIMES

PATIENT

Local 21

UNION

Rx

FOR Affordable Healthcare NOW!!

It is time to help & support your employees.
DATE 8/28/18

Affordable healthcare is important to me because:

It is not cheap to live

in Contra Costa County based on the

wages EHSD staff is receiving right now. CCC is

clearly below compared to Alameda, SF, Marin, Solano

County Employee wages. Employees are leaving the CCC

County for better wages & more pay. It appears CCC
do not care for the employees and is constantly
Yearly failing to take care of its employees.

REFILL Yearly TIMES

R. Sandler PATIENT

512

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/13/18

Affordable healthcare is important to me because:

It would allow my family to not be in

such crushing debt. It would allow my family to not be

behind on household bills. It would allow me to refrain from borrowing

money from others to pay for unexpected expenses such as car repairs.

It would allow me not to have a 2nd job to help feed my family. It would allow me to live with less stress. (share your story)

REFILL Yearly TIMES

Will Hughes Eligibility Worker PATIENT

SEIU 1021 UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9.13.2018

Affordable healthcare is
important to me because:

*If I cannot afford health care
it may be hard for me to maintain a
healthy lifestyle later on in my future!*

(share your story)

REFILL Yearly TIMES

PATIENT

AFSCME 2700

UNION



Rx

FOR Affordable Healthcare NOW!!

DATE 9-11-18

Affordable healthcare is important to me because:

It brings "tears" to my eyes "everytime" I think about hardworking co-workers and myself suffering financially, and in health wise due to high medical costs.

Mental health for employees is at an all time low. Why don't you fight for your employees? We need 100% support we in turn will be healthier, more productive at work, and happier to our co-workers and families.

I explore you to rethink our current system and genuinely make a pact to improve our HCare costs. How many people have

to resign, quit, take time off, get divorced, separate over a simple decision that can help us all. I am single with grown children. Do I

have to move in with others because my health costs won't allow a 30+ year employee to keep up with Contra Costa's rising cost of living?

REFILL Yearly GIMES

Veronica L. Akston

PATIENT

SEIU - Local 1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE

9/13/18

Affordable healthcare is
important to me because:

My family needs to be covered due to medical issues. I provide for my

family but the increase means we will have to decide between our

health or keeping a roof over our head. I work for a county that seems

to not care for its employees & their families
(share your story)

REFILL Yearly GIMES

Keith Green

PATIENT

SEIU 1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/13/18

Affordable healthcare is important to me because:

People are leaving the country because of health care costs. We are losing valuable experienced employees. They bring a wealth of knowledge to the job and to the people we serve. All over the cost of health care! Everyone deserves AFFORDABLE health care - we work for it!

(share your story)

REFILL Yearly GIMES

PATIENT

1021

UNION



Rx

FOR Affordable Healthcare NOW!!

DATE 09/14/2018

Affordable healthcare is important to me because:

As a single mother with a child that has a blood disease (Sickle Cell Anemia), I am able to pay for the necessary blood transfusions, emergency visits, ambulance transportation, antibiotic infusions, and monthly penicillin medication at a reasonable price that does not put me in jeopardy of losing my home, car, and living in debt. Affordable healthcare allows my son to be treated for his disease. Without it, he may not receive the proper treatments for him to survive (share your story)

REFILL Yearly TIMES

Leana Erby & Kaidyn Evans

PATIENT

SEIU 1021

UNION



Rx

FOR Affordable Healthcare NOW!!

DATE

9.13.18

Affordable healthcare is important to me because:

I am a family of 4 w/ two children w/ Chronic Asthma. The prescriptions are expensive. Rent, bills etc. are already HIGH and NOT having to be concerned about how much it may cost to visit a doctor or how much I might have to pay to obtain medicine will help w/ the stress of LIFE. ♡

(share your story)

REFILL Yearly GIMES

Pamella Bello

PATIENT

local 1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/13/18

Affordable healthcare is important to me because:

As the cost of living rises in Contra Costa County it becomes more

and more difficult to live and work here. The counties that surround us offer better wages and health insurance plans, and we constantly see turnover in

our workforce because of this. I have worked here for 13 years and would hate to leave solely because I can no longer afford to pay for health care and meet my personal obligations. Please help us to maintain a happy & healthy workforce.

REFILL Yearly JIMES

Angela Verarde

PATIENT

AFSCME 512

UNION



Rx

FOR Affordable Healthcare NOW!!

DATE SEPT. 12, 2018

*Affordable healthcare is
important to me because:*

THE BEST EMPLOYEES ARE HAPPY AND HEALTHY EMPLOYEES.

PRODUCTIVITY AND POSITIVITY ARE ENHANCED IN THE WORKPLACE WHEN NOT WORRYING

ABOUT HEALTH OR BEING ABLE TO AFFORD TO SEE A DOCTOR. THIS IN TURN CREATES BETTER

RELATIONSHIPS WITH RESIDENTS OF THE COUNTY WE WORK WITH AND AMONGST EACH OTHER.

AFFORDABLE HEALTHCARE ALLOWS ME TO BE THE OPTIMAL EMPLOYEE I STRIVE TO BE!
(share your story)

REFILL Yearly TIMES

UNKNOWN ELIGIBILITY WORK SUPERVISOR PATIENT

AFSCME 512

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9-13-18

Affordable healthcare is important to me because:

Healthcare coverage is necessary. However

living in a state where the cost of housing is so expensive and I have

to use all my income just to meet my mortgage. There isn't anything left for

healthcare. I was in a rollover accident over a year ago and still under

treatment. If I did not have health coverage, I would not be getting the care I need.

(share your story)

Very depressing to see the majority of my income going to pay for health care. We need Affordable Healthcare Now

REFILL Yearly TIMES

Vera Calhoun

PATIENT

1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE Sept 13 2018

Affordable healthcare is
important to me because:

As a single mother of a child with

a chronic condition I need affordable healthcare. My daughter

is constantly needing healthcare and since I am her only

provider we cannot be stressed about high healthcare costs.
(share your story)

REFILL Yearly TIMES

PATIENT

- SEIU -

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE

9-13-18

Affordable healthcare is important to me because:

I started with Contra Costa Co. 2 yrs ago. I have seen our medical costs go through the roof. I have seen the County BOS fail to honor their word with making things right when we bargained to not take a pay raise to help with the recession. Our costs are higher than any surrounding county. BOS... you need to make things right.

(share your story)

REFILL Yearly TIMES

PATIENT

SETU 1021

UNION



Rx

FOR Affordable Healthcare NOW!!

DATE 9-13

Affordable healthcare is important to me because:

IT SUCKS WHEN THE INCREASING COST OF HEALTH COVERAGE CHANGES YOUR EATING HABITS!

(share your story)

REFILL Yearly TIMES

PATIENT

SEM

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9-14-18

Affordable healthcare is important to me because:

The cost of healthcare is significantly ^{impacting} my household.

I pay almost \$500 per month toward healthcare.

Having that money in my take home pay to go towards living

expenses, food, gas, etc would allow my family to not struggle. I cannot continue to absorb 10-15% increases in healthcare costs while only getting 10% over 3 years in pay increase.

REFILL Yearly JAMES Jillguy Camp PATIENT

512 UNION



Rx

FOR Affordable Healthcare NOW!!

DATE 9-14-18

Affordable healthcare is important to me because: *I need to be healthy for my family and ensure that my family is covered as well. As a Public Service Worker, Affordable*

healthcare should NEVER be an issue. High

Cost of Healthcare Creates a burden, more focus on Reducing the burden ^(share your story) should be the focus.

REFILL Yearly JAMES

PATIENT

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/13/18

Affordable healthcare is important to me because: I have heart disease, diabetes, anemia, hypertension, & ovarian cysts. I require a lot of medication and am preparing for surgery in 90 days.

(share your story)

REFILL Yearly TIMES

SSC

PATIENT

SEIN 1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 09/13/18

Affordable healthcare is important to me because:

I PAY OVER \$600/MONTH FOR BARE-BASIC HEALTH COVERAGE. GETTING DOCTOR APPOINTMENTS IS NEARLY IMPOSSIBLE. IT'S A HUGE HARSHIP FOR MY FAMILY.

(share your story)

DANIEL W.

REFILL Yearly 3 TIMES

PATIENT

SEIU 1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/13/18

Affordable healthcare is important to me because:

I have a family and as health care premium continue to climb, it takes away from my income and I am no longer able to afford the basic costs of raising a family in this Country!

(share your story)

REFILL Yearly TIMES

Maureen Kieman

PATIENT

SEIU 1021

UNION



Rx

FOR Affordable Healthcare NOW!!

DATE

9/13/18

healthcare is

because:

Affordable to me is making it more and more difficult to provide for important my family and make ends meet. We as employees of Contra Costa County need affordable healthcare options. If our health care coverage goes up 14%, it will definitely impact my family's monthly budget. That would mean my cost would go up \$64 dollars. \$64 dollars may not sound a lot to the board of supervisors but that \$64 is a half a weeks grocery budget. Please consider our families and how the rising cost of health care impacts our family's budget. Thank you.

(share your story)

REFILL Yearly GIMES

E. Conwell

PATIENT

SEIU 1021

UNION



Rx

FOR Affordable Healthcare NOW!!

DATE

9-13-18

*Affordable healthcare is
important to me because:*

*I have four kids &
prices are too high!!*

(share your story)

REFILL Yearly 2 TIMES

Clarina

PATIENT

2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/13/18

Affordable healthcare is important to me because:

we are a family of four, that struggles to pay our medical premium, as is.

I do not understand how it is ok to charge the working County class, such high premiums, for crap! The clients we serve do not pay for health care, yet have better health care than we do.

Please explain how you think this is o.k.

(share your story)

REFILL Yearly JAMES

Nicole

PATIENT

2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/13/18

Affordable healthcare is important to me because:

Prices are too high for a single person that has no assistance or other income.

(share your story)

REFILL Yearly TIMES

C. Manion

PATIENT

AFSCME 2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/13/18

Affordable healthcare is important to me because:

Wages are low & healthcare costs are high. We need affordable healthcare to be able to bring more income home to be able to support our families!

(share your story)

REFILL Yearly TIMES

PATIENT

Local 2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/13/18

Affordable healthcare is important to me because:

We need to be able to take care of ourselves in order to better serve our clients

(share your story)

REFILL Yearly JIMES

Christine Julian PATIENT

SEIU 1021 UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/14/18

Affordable healthcare is
important to me because:

\$676.91+ per month
for mediocre health care plan
for a family is OUTRAGEOUS
and DISPICABLE! (share your story)

REFILL Yearly JAMES

PATIENT

1021

UNION



Rx

FOR Affordable Healthcare NOW!!

DATE 9/13/18

Affordable healthcare is important to me because:

The cost of living keeps going up
Unaffordable healthcare drives ~~people~~ workers away,
which impacts service to the community. Worker salaries
cannot catch up with rising cost of health care.

We need to be able to afford to live where we work.

(share your story)

REFILL Yearly TIMES

PATIENT

SEIU 1021

UNION

Rx

FOR

Affordable Healthcare NOW!!

DATE

9/14/18

Affordable healthcare is important to me because:

Having affordable health care means that all

People will have the potential to live healthy and happy fulfilling lives!

(share your story)

REFILL Yearly GIMES

Dwanna Schaedlich

PATIENT

Teamsters 856

UNION

Rx

FOR

Affordable Healthcare NOW!!

DATE

09/14/18

*Affordable healthcare is
important to me because:*

*Everyone should have the right to
health care - poor or rich. Affordable
health care provides that! I have been
helped by affordable health care!*

(share your story)

REFILL Yearly JAMES

YOGINI Sumanathan - SHADRAM PATIENT

TEAMSTER 856

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/13/18

Affordable healthcare is because: without it, I wouldn't be able important to me to take care of myself/ my family,

especially if there were any emergency events or drastic unexpected changes in our lives.

(share your story)

REFILL Yearly TIMES

Jadeja Alfred

PATIENT

Teamsters - 856

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9-13-18

*Affordable healthcare is
important to me because:
Healthy families, Healthy Communities*

(share your story)

REFILL Yearly 6 TIMES

Vanessa Segovia

PATIENT

CNA

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 09/13/18

Affordable healthcare is
important to me because:

Equity in healthcare is important. One union group

should not be charged more than another.

(share your story)

REFILL Yearly 5 TIMES

Yonatan Assefa

PATIENT

Teachers

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE

09.14.18

Affordable healthcare is
important to me because:
important not a Privilege. Every person, deserves to have healthcare;

It is a Right to have Healthcare;

for preventative diseases.

(share your story)

REFILL Yearly TIMES

J. Thomas

PATIENT

Doral & Janette

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/22/18

Affordable healthcare is because: I would like to be able to take my family on a vacation in Summers instead important of having to pay an exorbitant amount

for Health care each month. I would like to be able to use my "raise" instead of putting it towards the Health care increases.

(share your story)

REFILL Yearly TIMES

Bonnie Bienkowski

PATIENT

Local 21

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8-22-18

Affordable healthcare is because:

Affordable to me because: My husband has an ongoing medical important issue. He use to carry our family medical but

due to his condition, he is unable to work. Which is a loss income, as well as an increase deduction on my income.

(share your story)

REFILL Yearly TIMES

PATIENT

Local Z1

UNION

Rx

FOR Affordable Healthcare NOW!!

L21 Patient: Poor County Employee

DATE 8-20-18

Affordable healthcare is important to me because:

It is costing more than BOS gets continually less and less. Does the BOS realize this is not my only bill that continues to increase - my property tax, my PG&E, my car registration, sales taxes, gas taxes, insurances, and on and on. I'm NOT a volunteer to County Budget on your side. ^(share your story)

You have balanced OUR County Budget on THE GERE GENERAL Employee's BACK Yearly Side Long Enough

REFILL JIMES

PATIENT

we ARE The Worst County To Work For - LEAST Wages - HIGHEST Cost

UNION

We are not A Poor County - County JUST TREATED ~~US~~ Poorly - No APPRECIATION!!

Rx

FOR Affordable Healthcare NOW!!

DATE 8/22/18

Affordable healthcare is important to me because: As a single woman living in the Bay Area it is difficult for me to afford

the rising cost of living with such high healthcare premiums.

(share your story)

REFILL Yearly TIMES

Ande Abalo Med

PATIENT

Wcat 21

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/22/18

Affordable healthcare is
important to me because:
Affordable to me

it's only just!

Also it's difficult to recruit / retain quality coworkers.

Don't mistreat us!

(share your story)

REFILL Yearly TIMES

Pat Slade

PATIENT

21

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/22/2018

Affordable healthcare is important to me because:

My family & I are having a difficult time balancing our family budget because of the high cost of healthcare by Ce county. Please get other insurance companies who can give county employees affordable health care! The current health care premium is

putting my family & I in financial hardship.
(share your story)

REFILL Yearly TIMES

J. Billera

PATIENT

Local 21

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9-4-18

Affordable healthcare is
important to me because:

HEALTHCARE IS TOO EXPENSIVE IN CONTRA COSTA COUNTY.

HOW DO YOU EXPECT TO RETAIN EMPLOYEES WHEN HEALTH CARE IS NOT COMPETITIVE

WITH OTHER BAY AREA PUBLIC AGENCIES.

(share your story)

REFILL Yearly 2 TIMES

RORY HAMADA

PATIENT

LOCAL 21

UNION

Rx

FOR Affordable Healthcare NOW!

DATE September 4, 2018

Affordable healthcare is important to me because I support my union and I want healthcare costs reduced and addressed.

Affordable Healthcare

NOW!

REFILL Yearly GIMES

Christine Louie

PATIENT

Local 21

UNION

Rx

FOR Affordable Healthcare NOW!!

9/14/18
DATE

Affordable healthcare is important to me because:

IF I Can't AFFORD TO GO TO THE Doctor, I GO TO WORK Sick & infect ALL Around ME.

(share your story)

REFILL Yearly JIMES

MEREDITH Smith

PATIENT

SEIU 1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/14/18

Affordable healthcare is
important to me because:

The cost of living in Contra Costa County
continues to increase. The rising cost of healthcare

will consume most of my paycheck which makes it
difficult to continue to live and work in Contra Costa

County. Please make Healthcare Affordable NOW!

(share your story)

REFILL Yearly TIMES

A. Bland

PATIENT

1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/14/10

Affordable healthcare is important to me because:

I'm a single mother of 2 young children, affordable healthcare is a necessity!!

I pay \$465.01 every month for health insurance which is 7.3% of my salary. If healthcare costs were more reasonable, I could invest a portion of that 7.3% into my deferred comp creating long term wealth for my family.

(share your story)

REFILL Yearly TIMES

Cassandra Amador PATIENT

512

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/13/2018

*Affordable healthcare is
important to me because:*

I have a family of 4, that needs medical coverage for yearly

checkups, emergencies, and preventative care. If we do not have affordable health-

care, we do not go to the doctors when required, which can cause us to have more issues in

the long run and cost MORE. We also put off procedures due to the cost & make health decisions

based on the cost. Our health should NOT be based on the amount of money it will cost us.

(share your story)

REFILL Yearly JIMES

Amber Brown

PATIENT

Local 512

UNION

RX

FOR Affordable Healthcare NOW!!

9/11/18

DATE

Affordable healthcare is important to me because:

It will save tax payer dollars down the road.
Good Health is LIFE!

(share your story)

REFILL Yearly DIMITS

Lila Parsons Weitzer
Wife, mother of Tyrion

SEEY1021

UNION

RX

FOR Affordable Healthcare NOW!!

DATE 9/13/18

Affordable healthcare is because:

Affordable to me important over the past several years, with healthcare costs increasing dramatically with NO COLA, I actually

make LESS + LESS each year! Every year I have to start

going more into debt to afford daily living expenses. I am part of

a two parent household, BOTH of us working for CCC, who cannot continue to live where we work if health costs continue to rise. (share your story) TAKE care of your employees... Before you force us all to leave

REFILL Yearly JIMES

LaToosna Stockholm

PATIENT

for a county with more competitive health care contributions!

AFSCME Local 512

UNION



Rx

FOR Affordable Healthcare NOW!!

DATE 9/12/18

Affordable healthcare is important to me because: It saddens me to hear my co-workers say that they cannot afford to work here, and are slowly starting to leave. It's

also hard to understand how our office takes in applications for FREE healthcare, but the people who work here cannot afford healthcare. (share your story)

REFILL Yearly TIMES

M. Muro.

PATIENT

HELP

SELU 1021

UNION

RX

FOR Affordable Healthcare NOW!!

DATE 9/12/2018

Affordable healthcare is
Affordable to me because:

If the county goes up in
important healthcare costs after this year me and

my children will potentially become homeless.

I am a single parent raising four children

on just my salary alone. No child support!!
(share your story)

REFILL Yearly 4 TIMES

Jessica L. Johnson

PATIENT

SEIU Local 1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9-13-18

healthcare is because:

Affordable to me
important to

IT IS ABSOLUTELY ABSURD THAT
OUR HEALTHCARE COSTS ARE INCREASING

WHEN THERE ARE ALREADY SO MANY DEDUCTIONS BEING

TAKEN FROM OUR TAKE HOME PAY! THIS WILL MAKE

IT IMPOSSIBLE FOR MANY OF US TO SURVIVE. YOU ALL
NEED TO DO BETTER! (share your story) TREAT YOUR EMPLOYEES
AS IF YOU CARE ABOUT THEM! THIS IS RIDICULOUS!!

REFILL Yearly TIMES

NIKETA LEE-SIMONSON

PATIENT

LOCAL 2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/13/2018

healthcare is affordable to me, because: THE COST OF LIVING HAS INCREASED MUCH FASTER THAN MY EARNINGS.

I DO NOT HAVE THE LUXURY OF A SAVING ACCOUNT TO DRAW FROM IF I NEEDED TO DUE TO ADDITIONAL

MEDICAL CO-PAYMENTS AND MONTHLY COSTS.
(share your story)

REFILL Yearly TIMES

T. DeLano

PATIENT

1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/22/18

Affordable healthcare is important to me because:

I NEED AFFORDABLE HEALTHCARE TO

SUPPORT MY FAMILY WHO ARE ON MY PLAN.

I CAN'T FIND NEW HIRES BECAUSE COMPENSATION & BENEFITS IS SO LOW NO ONE WANTS A PERM POSITION HERE. WE CAN'T USE CONTRACTORS ANYMORE & WE HAVE PATIENTS WHO NEED SERVICES - WE CAN'T MEET THE NEEDS OF THE RESIDENTS OF CONTRA COSTA WITHOUT COMPETITIVE SALARIES & BENEFITS - WE (share your story) ARE STRUGGLING NOW.

REFILL Yearly TIMES

Sharon Lloyd PATIENT

621 UNION

Rx

FOR Affordable Healthcare NOW!!

DATE

8/21/12

Affordable healthcare is important to me because:

People get sick all the time. Not just us employees, but the public that we serve. We need affordable health care in order to ensure that we are at full capacity to serve our communities!

I would like to assume we can afford the occasional trip to the doctor for a cold or rash. However, emergencies & unforeseen illnesses can be costly! Once

When I was uninsured, I caught a flu-like viral infection. Tylenol and rest were not enough. I got a sinus infection. The doctor prescribed antibiotics... After a few days, I had a severely bad reaction. Heart racing over 150 ~~bpm~~ bpm, a rash that spread from head to toe. It ended up costing ~~\$\$\$~~ in order to be treated — with a shot and creams. Affordable health insurance would've cost less. I could have died if I hadn't ^(share your story) even gone to the hospital!

REFILL Yearly 4 TIMES

Sharleen

PATIENT

AFSCME 2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8-22-18

Affordable healthcare is important to me because:

Affordable healthcare is important to maintain the quality of

human life. It is sad that with each raise we're awarded in the Fall, by January

it is negated due to healthcare increases. Then of course inflation follows and we're

left with less and less each year. We give of ourselves to the County, what does the county do for us? (share your story) Please stop taking away from us.

REFILL Yearly GIMES

Christina Valer ga

PATIENT

Local 2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/14/18

Affordable healthcare is important to me because:

to increase my husband's health
Affordable healthcare is important

problem and needs insurance. He is collecting disability

and cannot get on Medicare for 24 months. I only

work 20 hrs so the healthcare takes almost my whole paycheck.
(share your story)

REFILL Yearly TIMES

JANICE HARRIS

PATIENT

LOCAL 2700

UNION

Rx

FOR Affordable Healthcare NOW!!

Affordable healthcare is
important to me because:

DATE 8/22/18

I have a family of 4, live in a
middle-class home in Concord and barely
making it pay check to pay check. My family
depends on me. We need affordable health care!
(share your story)

REFILL Yearly TIMES

Judith Dalkin

PATIENT

Local 21

UNION

Rx

FOR

Affordable Healthcare NOW!!

DATE

8/22/18

Affordable healthcare is important to me because I cannot pay for my healthcare with my HSA contribution. I contribute \$100/month & was

shocked @ my doctor's visit this yr. when I found out my co-pay

is \$120* Not only

is \$120*. This ~~is~~ is the co-pay, Jim also paying for lab work,

office visit, etc. This means I will probably use up my HSA

(share your story)

contribution with just 3 in under 10 visits/yr.

REFILL Yearly 3 TIMES

PATIENT

* It was \$75 last yr.

& I thought THAT was high!

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE

Aug. 22, 2018

Affordable healthcare is
important to me because:

too many people are
leaving CCC because of the high
cost of healthcare. No one wants to
come or stay working here. Morale is
down! Help us!

(share your story)

REFILL Yearly TIMES

Margaret b. Valdey

PATIENT

IFPTE LOCAL 21!!

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE August 22, 2018

Affordable healthcare is
important to me because:
working for a county that offers

AFFORDABLE HEALTHCARE MAKES ME FEEL LIKE A

VALUED AND TRUSTED EMPLOYEE. I NEED

AFFORDABLE HEALTHCARE!

(share your story)

REFILL Yearly 2 TIMES

Larry Yost

PATIENT

LOCAL 21

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/17/18

Affordable healthcare is
important to me because:

Affordable healthcare is important
to me because if I have to go to the hospital
and stay any length of time I would
have to file bankruptcy. the county is already
not paying us enough. (share your story)

REFILL Yearly JIMES

Diana Wilson PATIENT

Local 2700 UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/4/18

Affordable healthcare is important to me because

AND OTHERS!

UNFAIR THAT THE TEAM STRESS ARE PAYING WAY LESS !! NEED FAIR SHARES FOR ALL !!

NOW!

REFILL Yearly JIMES

GARY KUFF

PATIENT

LOCAL 21

UNION

Rx

FOR

Affordable Healthcare NOW!!

DATE

9/4/2018

Affordable healthcare is important to me because:

Struggle to make ends meet with soaring health care costs. worked

my way up & now I take home less money

It's this The the American way?  Terrible! Help!!!

(share your story)

NO

REFILL Yearly TIMES

Judith A Kallerman

PATIENT

local 21

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 08/28/18

Affordable healthcare is important to me because:

I am a single mother of three and am apply for medical insurance for my kids. Since I can no longer afford insurance through my employer.

(share your story)

Jessica

REFILL Yearly TIMES

PATIENT

local - 2700

UNION



Rx

FOR Affordable Healthcare NOW!!

DATE September 2018

Affordable healthcare is
important to me because:

I am a single mom with a daughter
on Medi-Cal. With a healthcare increase I will have

to cancel my health insurance to still afford groceries and

rent. Without my health insurance I will miss more time

from work, which will have adverse effects on my short staffed
(share your story) department

REFILL Yearly JIMES

Christine

PATIENT

2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/16/2018

healthcare is
Affordable to me because:
important

I cannot afford the cost -
I am a single mother with a low income -
I have health issues, I need to have coverage -
But with that cost, I cannot take care of my
Financial daily needs.

(share your story)

REFILL Yearly TIMES

DORA WOODS

PATIENT

Local 2700.

UNION

Rx

FOR

Affordable Healthcare NOW!!

DATE

9/13/18

Affordable healthcare is important to me because:

As public service workers we need FREE healthcare, but if we have

to settle for affordable :-... please keep in mind that

affordable means in today's economy! ~~that~~

Prices of housing, gas, education etc. are ^{also} rising!!
(share your story)

REFILL Yearly DIMES

cu Lashingsh

PATIENT

2700

UNION



Rx

FOR Affordable Healthcare NOW!!

DATE

AUGUST 29, 2018

Important to me because Affordable healthcare is

Affordable

As someone who is approaching retirement, I'm very concern about the cost of healthcare. Once I retire, I will never earn more money. With a fixed income and having to spend \$700.00 or more for healthcare is a big "chunk" of my retirement income.

What happens now is there might be procedures, medication that may not be necessary, but are prescribed or done because they (hospitals, insurance companies, drug companies) want to generate revenue. Seems that everything is about making money, and not making the patient healthy, patient care.

We need to get this healthcare cost lowered, and back to TAKING CARE OF THE PATIENT!!!

NOW!

REFILL Yearly TIMES

MIKO WINDT

PATIENT

21

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/24/18

*Affordable healthcare is
important to me because:*

I need my healthcare cost to be lowered \$\$\$. I live with rheumatoid arthritis and I need a lot of prescription medicines, just to keep me moving and alive. I work just so that I can pay my health insurance. I'm being told by my physician that it's just a matter of time that my medicines will not keep me from pain and further damage to my joints especially my hands. Please help us!

(share your story)

REFILL Yearly TIMES

E Cuadra

PATIENT

2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8-22-18

Affordable healthcare is important to me because:

IT is Important for MY check ups and Refills of my meds; Since I have High blood

Pressure and depends on my check ups and meds all the time.

(share your story)

REFILL Yearly TIMES

Pedro Martinez

PATIENT

Local 2700

UNION

Rx

FOR

Affordable Healthcare NOW!!

DATE

8/16/18

Affordable healthcare is important to me because:

I do not wish to live in fear

of not being able to afford medical treatments,

medications, lab test etc., and risk going without a

a cancer survivor and post follow up care along with

follow up appointments that need to continue to be affordable.
(share your story)

REFILL Yearly GIMES

Kathleen Williams

PATIENT

Local 2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/5/18

Affordable healthcare is
important to me because:

I HAVE A YOUNG FAMILY AND THE COSTS
OF HEALTHCARE ARE JUST OUT OF HAND. ~~AM~~ ~~PAID~~ MY PAY

IS SOME OF THE LOWEST IN THE 9 COUNTIES WHILE I PAY MORE
THAN ANYWHERE ELSE.

(share your story)

REFILL Yearly 5 TIMES

Paul Clifton

PATIENT

AFSCME 512

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/4/2018

Affordable healthcare is important to me because;

With deals made to others and not spread across the board that is just wrong, when comparing the same coverage and hearing that you are paying more than 300% above them LET'S GET IT RIGHT!!!

REFILL Yearly TIMES

Gary Faria

PATIENT

21 (Twenty one)

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9-10-18

Affordable healthcare is important to me because: I want to be able to afford important for my family medical cares but I also want

to have money left to cover my rent & bills.

With my 10 month baby I need to make sure

she is a medical plan but the rates are extremely high and don't (share your story) qualify for free-medical.

REFILL Yearly TIMES

Elidia Morales

PATIENT

SEIU 1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/24/18

Affordable healthcare is important to me because:

It is 9:22pm my daughter cries because her ear hurts, I hesitate as to what I need to do. I have selected a health plan that I barely can afford \$777 a month and the co-pays are \$20 per dr visit, \$50 for urgent care and \$100 for emergency. But this plan allows me to see a dr and most times the same day. Do I try to keep my daughter comfortable until morning or

do I try to get her into urgent care if I can. Then there are the Rx. \$10 for generic oh I hope it is generic or \$20 for Brand name. Looks like urgent care, her fever is now 103° total cost \$777 + \$50 + 20 = \$847

(share your story) doesn't get sick. I will also postpone my gut patient procedure that will cost me \$500. I can't afford that and Rent/Food/Gap.

REFILL Yearly JIMES

Teri Howe PATIENT

512 UNION



RX

FOR Affordable Healthcare NOW!!

DATE Aug. 28, 2018

Affordable healthcare is
important to me because:

I have dependent children and I am a
single mom. High healthcare costs add to the already dwindling

take home pay. My son's prescription drug is need monthly and costs
affordable
 alot without good insurance coverage. He has a chronic disease which

puts him in high risk for further deterioration in his health over time.
(share your story)

REFILL Yearly JIMES

Betty Steggan

PATIENT

Local 512

UNION



Rx

FOR

Affordable Healthcare NOW!!

DATE

8/22/18

Affordable healthcare is
important to me because:
I have a family that depends on
me for other life necessities and increasing the
cost of health care means my family will
have to go without life's basic needs. We are
being made to choose between health care & basic needs
and really we need both.

(share your story)

REFILL Yearly 0 TIMES

PATIENT

Local 21

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/22/18

Affordable healthcare is important to me because:

Great healthcare for my children!

(share your story)

REFILL Yearly TIMES

Kathy Arana

PATIENT

Local 21

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE

8/22/18

Affordable healthcare is important to me because:

of my family. We never know the future

and I or my family member can have health issues

and I would like options with quality healthcare,

I don't want cheaper healthcare with less coverage and benefits.

(share your story)

REFILL Yearly TIMES

Phong Manting

PATIENT

UNION



Rx

FOR Affordable Healthcare NOW!!

DATE 8/22/18

Affordable healthcare is important to me because:

I CARE ABOUT THIS COUNTRY, AND I WANT TO KEEP SERVING KS PEOPLE, BUT I HAVE TO STAY HEALTHY TO DO IT!!

(share your story)

REFILL Yearly TIMES

Jo-Anmarie Ricasata

PATIENT

LOCAL 21

UNION



Rx

FOR Affordable Healthcare NOW!!

DATE 8/22/18

Affordable healthcare is important to me because:

IT'S A PROMISE THAT THE COUNTY EMPLOYEES OVER AND OVER WITH

NO RESULT

(share your story)

REFILL Yearly TIMES

Frank McIntosh

PATIENT

Local 21

UNION



Rx

FOR Affordable Healthcare NOW!!

DATE 8/22/18

Affordable healthcare is
important to me because:
employees in other public agencies.

I resent having to pay more than
employees in other public agencies.

I resent that CCC doesn't pay 80% of health care costs.

(share your story)

REFILL Yearly TIMES

PATIENT

L21

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/20/2018

Affordable healthcare is important to me because:

Having the family plan is the most expensive premium. The rates are very expensive. It's sad that we have the most expensive

health insurance from our public sector (county, city?). Health insurance is getting expensive every year but our salary is not increasing to help us

pay the increase in health insurance.

(share your story)

REFILL Yearly TIMES

Memphis

PATIENT

Local 21.

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE Aug 22, 2018

Affordable healthcare is important to me because I am the only one w/ CCHP we can't afford the family and my family

has their own insurance from their own employers. I don't admit

(share your story)

REFILL Yearly TIMES

Fernando Hernandez, Jr PATIENT

Local 21 UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/22/2018

Affordable healthcare is important to me because:

Medical costs eat away chunk of our family income with fear of annual rise in medical expenses especially for older employees.

(share your story)

REFILL Yearly TIMES

Jenny Way

PATIENT

Local 21

UNION



Rx

FOR Affordable Healthcare NOW!!

DATE August 20, 2018

Affordable healthcare is because I often see an M.D. for important to me mental health and without, affordable healthcare I

will not be able to afford paying M.D. visit. When medical insurance goes up, I will not have the extra money for my basic needs.

With affordable healthcare, I will have extra money to watch my disoriented
(share your story) mother to alleviate my stress.

REFILL Yearly TIMES

R. TEJADA

PATIENT

AFSCME 2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/16/2018

Affordable healthcare is
important to me because:

I can bring extra cash home, that
means, have the financial resources to cover
other important needs.

(share your story)

REFILL Yearly ~~HA~~ JAMES

Jaime Madrid

PATIENT

AFSCME 2700

UNION

RX

FOR Affordable Healthcare NOW!!

DATE 8/16/2018

healthcare is

Affordable to me because: I feel as though Health care should be a free basic and fundamental right. As a U.S. citizen in one of the most expensive places to live in the world I feel as though I struggle on some level to pay the rent/bills. Our system in which we abide by should take care of its people. I don't own a car and don't have a smart phone, though I feel I am just making ends meet. I don't think my health should be sacrificed by a price tag. With the housing market rising, paying for health care is yet another chunk of money I feel is being taken from me. Health is very important to me, for someone who rarely needs to visit the doctor I feel I'm not getting what I give. I like the idea of being covered however, in case of an accident or medical emergency. If I get into a bite accident and have no insurance because I can't afford it anymore, I don't know what would happen. Honestly the thought of dropping my current/basic/cheapest health care plan the union offers has been on my mind, because even as a part-time employee, there is an intentional number which makes people have to pay when they are just over (share your story) to receive free health care/medical. I think I'm making just over the limit to receive free healthcare, which seems to be purposefully done by our government system. Please allow people to live free from worry about health! payments

REFILL Yearly JAMES

Marco Gallerin

PATIENT

Local 2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE August 14 2018

**Affordable healthcare is
Affordable to me
important to me**

I have been plagued w/ many health problems since 2015. It's taking longer to be seen and five years ago

I was priced out of the housing market due to low wages and unreasonably expensive healthcare cost. In 1993, I paid 1¢ for health care, it's at

\$ 170 and will rise \$100 to \$180 per month in the next year!

STOP!!!
(share your story)

REFILL Yearly TIMES

Stacie D. Hinton

PATIENT

AFSCME Local 2700 Vice President

UNION



Rx

FOR Affordable Healthcare NOW!!

DATE

8/17/2018

*Affordable healthcare is
important to me because:*

We all need it!

(share your story)

REFILL Yearly GIMES

PATIENT

21

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE

08/22/2018

Affordable healthcare is
important to me because:

I have two children
that need healthcare under med

They both need to have prescription glasses
& Medication that they need to survive -

(share your story)

REFILL Yearly GIMES

PATIENT

UNION



Rx

FOR Affordable Healthcare NOW!!

DATE 8/22/2018

Affordable healthcare is important to me because:

I have family and friends who are having difficulty making it monthly (financially) struggling to keep their healthcare - it isn't right!

(share your story)

REFILL Yearly TIMES

Levitz Bawston

PATIENT

Local 21

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE

8/22/18

Affordable healthcare is important to me because:

I want to keep me and my family healthy & want to still go for preventive care, not being able to pay my premium will impact this

(share your story)

REFILL Yearly TIMES

PATIENT

UNION

local 21

Rx

FOR Affordable Healthcare NOW!!

DATE 8/22/18

**Affordable healthcare is
important to me because:**

I need help because I have a
family that depends on it. My paycheck
is already low due our wages.

(share your story)

REFILL Yearly TIMES

PATIENT

Local 21

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/22/18

Affordable healthcare is
important to me because:
I don't see raises anymore,
as soon as I got one it's gone because of
the latest year health premium increase. Healthcare is
a necessity, so please do something to make it affordable!

Suggestion: Consolidate plans across all unions, county wide, and set
large group discounts. (No, it isn't too difficult, just do it!)
County - pay a bigger share, shame on you.

REFILL Yearly TIMES

Tom Susic

PATIENT

Local 21

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/22/2018

Affordable healthcare is important to me because:

I wish health care was not so expensive - IT would be nice to have fewer nurses of health care providers but offering better coverage @ a lower cost to us employees.

(share your story)

REFILL Yearly TIMES

WANDA LARANGEIRA

PATIENT

LOCAL 21

UNION



Rx

FOR Affordable Healthcare NOW!!

DATE

8/22/18

Affordable healthcare is
important to me because:
I am getting older and my husband does
not work.

(share your story)

REFILL

Yearly TIMES

PATIENT

Wendell Stammers

UNION



Rx

FOR Affordable Healthcare NOW!!

Affordable healthcare is important to me because:

DATE 9/27/18

I'd like to be able to retire @ a decent age!

(share your story)

REFILL Yearly TIMES



PATIENT

Local 21 - ~~AFSCME~~ IFFTE

UNION



RX

FOR Affordable Healthcare NOW!!

DATE 8/22/2018

Affordable healthcare is important to me because:

health care cost containment

important is a top priority to my family and me.

(share your story)

REFILL Yearly TIMES

Ken Crawleef

PATIENT

Cocca / 21

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE August 22, '18

Affordable healthcare is important to me because:

IT SHOWS YOU HAVE THE
WORK IVE DONE FOR THE COUNTRY

(share your story)

REFILL Yearly TIMES

Arvin Silva

PATIENT

Local 21

UNION



Rx

FOR Affordable Healthcare NOW!!

Affordable healthcare is important to me because:

DATE 8/22/18

Ever increasing premiums has a negative impact on our family's quality of life and ability to afford college for my 3 kids.
(share your story)

REFILL Yearly TIMES

C. Youngblood

PATIENT

Local 21

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8-27-2018

Affordable healthcare is important to me because:

My daughter suffers from mental health. I have suffer with vision and need additional medical support.

(share your story)

REFILL Yearly TIMES

Eric Givens

PATIENT

21

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/30/18

Affordable healthcare is important to me because:

I DONT WANT TO WORK JUST TO KEEP MY FAMILY ALIVE. IT Would be nice to make a decent Living (share your story) Serving our Community

REFILL 57 Yearly 57 TIMES

MIGUEL RIZO PATIENT

WCE UNION

Rx

FOR Affordable Healthcare NOW!!

Affordable healthcare is important to me because:
 Affordable to me because I currently have income

I supply healthcare for my families.
 Healthcare equality is important

DATE 8/22/18

~~##~~inversion. I am a Manager that makes less than my line staff. I work more hours than my counterparts which takes a toll on my health. Now I will be making even less because ^(share your story) my healthcare will cost more! The country is not appreciate of their employees!

REFILL Yearly JAMES

Danielle Adams

PATIENT

Local 21

UNION

Rx

FOR Affordable Healthcare NOW!!

John
 Diane
 KAREN
 DATE 8/22/18
 Candice
 FEDERAL

Affordable healthcare is
 important to me because:


Healthcare Equity Now!

Salary compaction, Salary inversion... now

increasing health care costs... whats NEXT?!

Homelessness ???
(share your story)

Help our families



REFILL Yearly GIMES

Debbie McKillop

PATIENT

LOCAL 21

UNION



Rx

FOR Affordable Healthcare NOW!!

DATE 8-22-18

Affordable healthcare is important to me because:

The medical insurance is too high. Other agencies is, city, state & federal does not pay as much as we do.

(share your story)

REFILL Yearly 5 TIMES

PATIENT

Local 21

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/4/2018

*Affordable healthcare is
important to me because*

*The rates are way too high! Need relief
for this health care burden.*

Affordable Healthcare

NOW!

REFILL Yearly GIMES

Debi Melendres

PATIENT

Local 21

UNION

RX

FOR Affordable Healthcare NOW!!

DATE 9/4/18

Affordable healthcare is important to me because: Our Rates are too high!

(share your story)

REFILL Yearly JIMES

Patricia Z.

PATIENT

Local 21

UNION

RX

FOR Affordable Healthcare NOW!!

DATE 8/30/18

Important to me because Affordable healthcare is

as cost of living increases on an annual basis, affordable health care is important to keep costs of living expenses down and to help off-set the cost of living increases in other areas.

Affordable Healthcare

NOW!

REFILL Yearly GIMES

Christopher Dunn PATIENT

21 UNION

RX

FOR

Affordable Healthcare NOW!!

DATE

8/30/18

Affordable healthcare is important to me because:

Although I am healthy,

I appreciate equitade

health-care coverage to other counties and other contra Costa employees.

REFILL Yearly TIMES

Laura Volante

PATIENT

Local 21

UNION

RX

FOR

Affordable Healthcare NOW!

DATE

August 28, 2018

Affordable healthcare is important to me because I love my family and my health care is my priority. I am willing to do what it takes to get the best care for my family.

Health care is my family's most important asset. I am willing to do what it takes to get the best care for my family. I am a member of AFSCME Local 21 and I am proud to be part of the team that works to improve the lives of our members.

REFILL Yearly GIMES

Robin Aracalo - Melendez

PATIENT

Local 21

UNION

Shanti

AFSCME Local 21 + AFSCME Local 2700

AFSCME Local 21 + AFSCME Local 2700

Affordable Healthcare NOW!

RX

FOR

Affordable Healthcare NOW!!

DATE _____

Affordable healthcare is important to me because:

I am hoping to start a family soon & need affordable healthcare for me & my family in order to do so.
(share your story)

REFILL Yearly JIMES

PATIENT _____

Local 1

UNION _____



Rx

FOR Affordable Healthcare NOW!!

DATE

8/16/18

Affordable healthcare is
important to me because:

HEALTH CARE GOES UP EVERY YEAR.

I PAY MORE FOR HEALTH CARE THAN ANY OTHER

PUBLIC EMPLOYEE. I AM WORRIED I CANNOT AFFORD IT

NEXT TIME. PLEASE FIND A SOLUTION SO I CAN TAKE CARE

OF MY LOVED ONES.

(share your story)

REFILL Yearly JAMES

MARIA ONGKINGCO

PATIENT

AFSCME LOCAL 2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8-16-18

Affordable healthcare is important to me because:

IT IS IMPORTANT TO ME TO HAVE GOOD HEALTHCARE.

The Problem AT THIS TIME IS HEALTHCARE USES UP A LARGE PORTION

OF MY SALARY. AS OUR WAGE INCREASES ARE SO LOW (APPROXIMATE 3%)

THE INCREASE IN THE HEALTHCARE PREMIUM EMPLOYEES PAY EATS UP A LARGE PORTION OF THE INCREASE. WE EITHER NEED TO (SHARE YOUR STORY) HOLD DOWN HEALTHCARE EMPLOYEE RATES - AND/OR INCREASE WAGES MORE THAN 3% THIS APPLIES TO ALL HEALTH PLAN OPTIONS INCLUDING RAISER.

REFILL Yearly TIMES

Sherkell Shamblin

PATIENT

AFSCME 2700

UNION



Rx

FOR Affordable Healthcare NOW!!

DATE 8/16/2018

Affordable healthcare is important to me because:

I use my husband's Health Insurance

because the cost is more affordable. My family doctor

only accepts Blueshield insurance and the County only have

Health Net & Kaiser. Also the Dental Insurance is costly, and

not cover a lot.

(share your story)

REFILL Yearly TIMES

Xiaofan Xie

PATIENT

Local 21

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/16/18

Affordable healthcare is important to me because:

In order to keep a roof over our heads & meet all obligations of homeowner - property taxes, insurance. To eat proper, nutritious food, & maintain healthy life-style.

(share your story)

REFILL Yearly JIMES

AME Graham

PATIENT

2700 Local

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/27/18

Affordable healthcare is important to me because: The cost of living in the Bay Area continues to increase each year. However, each COLA we receive

is diminished entirely with the increase to the employee's share of health care premiums.

(share your story)

REFILL Yearly TIMES

Julie Stuscavage

PATIENT

AFSCME Local 512

UNION

Rx

FOR

Affordable Healthcare NOW!!

DATE

8.23.18

Affordable healthcare is important to me because:

I don't want to drop my insurance,

but I might have to.

Groceries - VS - Medical benefits

(share your story)

REFILL

Yearly

TIMES

PATIENT

Guadalupe

UNION

Local 2700

Rx

FOR Affordable Healthcare NOW!!

DATE 08 | 16 | 18

Affordable healthcare is important to me because:

I need to stay healthy so that I can

keep working and keep paying taxes _____

taxes needed to provide FREE healthcare for those who

don't work or pay taxes.

(share your story)

REFILL Yearly GIMES

Jonnie C. Sundaydiego

PATIENT

AFSCME District Council 57

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE

8/21/2018

Affordable healthcare is important to me because:

The cost is very high, so you avoid going to the doctor.

(share your story)

REFILL Yearly TIMES

Jafina chinera

PATIENT

total 2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8-21-18

Affordable healthcare is important to me because:

Because I have kids and they need to have health care at a fair price.

Cost of living goes up and our paycheck doesn't

last and if one of my kids was to get sick, I

wouldn't be able to afford care.

(share your story)

REFILL Yearly JIMES

Fredy Garcia

PATIENT

2700

UNION



Rx

FOR Affordable Healthcare NOW!!

DATE 8/21/18

Affordable healthcare is important to me because:

It's important to me so we can help ensure we (my children) receive the preventive healthcare we need. I don't have to wait and find health

issues until later when it might be too late. I think it is

only fair that ~~we~~ expect not to spend half of our salary if not more just to receive health care coverage not it's not even a good health care. (share your story)

REFILL Yearly JAMES PATIENT
[Signature]

AFSCME 2700 UNION



Rx

FOR Affordable Healthcare NOW!!

DATE August 21, 2018

Affordable healthcare is important to me because:

I have 3 young children + my husband + I are "older" parents who

foresee more need for future medical care. Private

industry healthcare rates are also very high

making it very hard on us to afford healthcare

(share your story)

for our family of 5!

REFILL Yearly TIMES

Lindsey B.

PATIENT

AFSCME 2700

UNION

RX

FOR Affordable Healthcare NOW!!

DATE 9/4/2018

Affordable healthcare is important to me because:

The monthly rates are way too high and my coworkers pay wildly different amounts for similar coverage!

(share your story)

REFILL Yearly DIMES

Colin Pieth

PATIENT

Local 21

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/4/2018

Affordable healthcare is
important to me because:

I PAY ENTIRELY TOO MUCH FOR HEALTH CARE

MY TAKE HOME PAY AVERAGES \$2,000 AFTER TAXES & HEALTH CARE, THATS

JUST RIDICULOUS.

(share your story)

REFILL Yearly TIMES

PATRICIA DUNING

PATIENT

LOCAL 2790

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9-13-18

Affordable healthcare is important to me because:

I do not feel the quality of care is not up to the amount we pay for healthcare. I rarely go to see a doctor & when I do I expect not to be rushed & have all my concerns addressed.

(share your story)

REFILL Yearly JAMES

PATIENT

Local 2700

UNION



Rx

FOR Affordable Healthcare NOW!!

DATE 8/16/18

Affordable healthcare is important to me because:

I Am the Sole provider of a

Family of 5. We have limited income in

our house hold. I Am a full time worker and

yet, I don't make ends meet. I have to

use credit cards to buy groceries. The high insurance Rates are a financial burden for our family.

Health Care is not affordable for me at this point

(share your story)

REFILL Yearly TIMES

Rason Walker PATIENT

Local 2700 UNION

Rx

FOR Affordable Healthcare NOW!!

DATE

8/16/18

DATE

Affordable healthcare is important to me because

My whole family has medical issues therefore having medical care is a must. I work hard for County

but every year is impossible to afford healthcare. The raises that we get don't even cover the hikes of the cost increases of health care that we incur. I don't get how we provide health care for others but can't provide affordable healthcare for 'us' our employees. The supposedly raises don't cover the basic cost of living that we have. We have ^{harvest} _(share your story) paid of all countries. I make less money than when I started almost 15 yrs ago.

REFILL Yearly TIMES

5 Aug

PATIENT

Local 2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9-5-18

Affordable healthcare is important to me because:

Affordable Living in the Bay Area is already expensive as it is!

REFILL Yearly DUES

Ruben Hernandez

PATIENT

Local 21

UNION

Rx

FOR

Affordable Healthcare NOW!!

DATE August 31, 2018

*Affordable healthcare is
important to me because:*

I hate having to change my health plan each year because I can
no longer afford my current plan. I'm constantly having to switch and
build new relationships with new doctors. There's no consistency.
(share your story)

REFILL Yearly TIMES

PATIENT

LOCAL 1

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE August 28, 2018

Affordable healthcare is important to me because:

As I am approaching retirement I think about the peace of mind I will get from having health care coverage in addition to Medicare.

I do not want to have to choose between my health care costs and my financial stability during retirement. I never thought I would have to consider this after almost

30 years of service to Contra Costa County.
(share your story)

REFILL Yearly GIMES

Denise Meyer

PATIENT

Local 2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9-1-18

Affordable healthcare is important to me because:

ACCESS TO FREE URGENT CARE & MEDICATIONS!

(share your story)

REFILL Yearly 4 TIMES ELIZABETH BOUNTREE PATIENT

2700 UNION



Rx

FOR Affordable Healthcare NOW!!

DATE 9/11/2018

Affordable healthcare is
important to me because:

The bay area is very expensive
and like many people I work hard to provide for
my children. Access to affordable health care is crucial
for the success of my family and all families. Affordable
healthcare should be a right, not a privilege.
(share your story)

REFILL Yearly TIMES

Karen Mehl

PATIENT

Local 21

UNION



RX

FOR Affordable Healthcare NOW!!

DATE 9/11/18

Affordable healthcare is important to me because:

Health insurance premium share has become a major expense in our household. In my previous job with the State I paid just over \$200/month for coverage for my family of four. Now I pay almost twice that. -- just for me! The plan I have now is a deductible plan and I pay \$35-50 copays for office visits. My husband's plan covers himself and our 2 children. We ~~pay~~ just paid \$75 for a doctor's visit for my son because he thought he broke his nose. The high cost of insurance and copays has made it so that ^(share your story) everytime one of us is sick, we ~~have to~~ think twice about going to the doctor because we are afraid of how much it might cost us. ~~That's not~~ We shouldn't have to decide between getting care for our families or not! and whether we can pay our bill or not!

REFILL Yearly JAMES

PATIENT

UNION



Rx

FOR Affordable Healthcare NOW!!

DATE 9/11/18

Affordable healthcare is important to me because:

I am a single mother to a young child and I am the sole provider for her and I. High healthcare costs make it more difficult to provide other benefits to her.

(share your story)

REFILL Yearly TIMES

PATIENT

Local 21

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/11/18

Affordable healthcare is important to me because:

I don't want to go broke paying to keep my family healthy!

(share your story)

REFILL Yearly TIMES

Rachael Birch

PATIENT

Local 21

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9-11-18

Affordable healthcare is important to me because:

Our family's health is very important to us and we are diligent with preventive care in order to stay healthy.

(share your story)

REFILL Yearly TIMES

Both James

PATIENT

Local 21

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/11/18

Affordable healthcare is important to me because:

I want to be able to provide a good quality of life for my growing family!

(share your story)

REFILL Yearly 2 TIMES

Jennifer Baker

PATIENT

Local 21

UNION



Rx

FOR Affordable Healthcare NOW!!

DATE August 22, 2018

Affordable healthcare is important to me because:

I want to be healthy and I don't want my wages gobbled up by an employer who makes their employees pay for all healthcare increases.

(share your story)

REFILL Yearly TIMES

Sue Guest

PATIENT

Local 21

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE August 17, 2018

Affordable healthcare is important to me because: My take home is barely enough to pay rent, utilities, food, etc. for myself and two

children. This is made worse by the high cost of health (and dental) insurance for the 3 of us. Our

last pay raise was almost equal to the medical cost increase. How do we get ahead? What is our incentive to stay with Costa Rica?

REFILL Yearly TIMES

Gerardo Barry

PATIENT

AFSME 2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE

9/13/18

Affordable healthcare is important to me because:

*I don't agree with high Health
~~Plan~~ Plan. Please get a
better affordable healthcare
for us.*

(share your story)

REFILL Yearly TIMES

PATIENT

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/13/18

Affordable healthcare is important to me because:

Paychecks slow to rise, can't keep up with all rising costs.

Healthcare premiums rising. Hard to keep much of paycheck.

(share your story)

REFILL Yearly GIMES

Stephanie M. Wilkins

PATIENT

AFSCME 2700

UNION



Rx

FOR Affordable Healthcare NOW!!

DATE 9-13-18

Affordable healthcare is
important to me because:
I have 2 sons that need

healthcare, and I need it for a condition I have.

I'm paying over \$500 a month for mine! I'm losing a source
of income in December and I'll need to get a second
job to be able to ^(share your story) afford to support my family.

REFILL Yearly TIMES

C. Alvarez

PATIENT

Local 2700

UNION

Rx

FOR

Affordable Healthcare NOW!!

DATE

9/13/18

**Affordable healthcare is
important to me because:
having a small child they tend
to need more medical appointments. I was billed**

Last year, when my daughter got the flu, instead of my insurance because

the hospital thought my CHIP card was a Medi-Cal card. Prices for

healthcare are high and the amount we pay to live out here are high
we wouldn't be able to ^(share your story) pay for medical expenses

REFILL Yearly JAMES

PATIENT

Kristina King

AFSCME 2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/21/18

Affordable healthcare is important to me because: The cost of living in California is very high.

(share your story)

REFILL Yearly GIMES

PATIENT

Seiv 1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/21/2018

Affordable healthcare is important to me because:

Anytime we get a pay increase, which is always minimal and very seldom, the increase in the price of our healthcare is always taking it away!

(share your story)

REFILL Yearly 2 TIMES

SEIU 1021

PATIENT

SEIU 1021

UNION

RX

FOR Affordable Healthcare NOW!!

DATE August 22, 2018

Affordable healthcare is important to me because: It allows me to care for my family without

struggling and needing to apply for benefits in order to survive!!!

(share your story)

REFILL Yearly GIMES

LAWANDA B.

PATIENT

2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE

8/21/18

Affordable healthcare is important to me because:

Current rates strain household budget.

Expense is at least a quarter (1/4) of monthly salary.

Cost of medicines, co-pay and monthly deductibles go up each year.

(share your story)

REFILL Yearly GIMES

TASY D HARRY

PATIENT

AFSCME 2700

UNION



Rx

FOR Affordable Healthcare NOW!!

DATE 8/21/18

Affordable healthcare is important to me because: I am a temporary County employee for 4 years.

I pay approximately \$1400.00 per month for healthcare thru the County.

(share your story)

REFILL Yearly TIMES

JW

PATIENT

2700

UNION



RX

FOR Affordable Healthcare NOW!!

DATE

9/12/18

Affordable healthcare is important to me because:

I'm already working and living paycheck to paycheck. I'm getting divorced and have only one source of income as a county employee. Raising prices will make life more UN-affordable. I'm already @ poverty level. This is unfair!

REFILL Yearly 3 TIMES

PATIENT

Wcal 21

UNION

Rx

FOR

Affordable Healthcare NOW!!!

is time to help & support your employees.

DATE 8/28/18

Affordable healthcare is important to me because:

It is not cheap to live in Contra Costa County based on the

wages EHSD staff is receiving right now. CCC is

clearly below compared to Alameda, SF, Marin, Solano

county employee wages. Employees are leaving the CCC

county for better wages & more pay. It appears CCC do not care for the employees and is constantly failing to take care of its employees.

REFILL JAMES

R. Sandherr

PATIENT

512

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE August 16, 2018

Affordable healthcare is important to me because:

Healthcare is already expensive. If the fees go up my entire check will end up going towards healthcare. I won't have any money left to live.

(share your story)

REFILL Yearly TIMES

_____ PATIENT

2700 _____ UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8.16.18

Affordable healthcare is important to me because:

1. It's illegal not to have health insurance.

Staying healthy both mentally and physically is extremely important to sustain a productive employee. Accessible healthcare for our employees should not be overlooked. It's impossible in this day in age to sustain yourself financially and cover medical expenses.

* I ~~genuinely~~ ^(share your story) would not be able to afford my medication otherwise. It would cost me \$350/mo.

REFILL Yearly TIMES

Adam McKinney PATIENT

AFSCME 2700 UNION

Rx

FOR Affordable Healthcare NOW!!

DATE August 23, 2019

Affordable healthcare is important to me because:

I have ongoing medical conditions that require routine care. Without access to affordable healthcare I would be unable to manage them. Having affordable health care allows me the opportunity to function at my best. Affordable Health Care helps me treat INDOMETRIASIS. The care I have received (share your story) has relieved crippling pain.

REFILL Yearly TIMES

A. Palacio

PATIENT

AFSCME LOCAL 2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/16/2018

Affordable healthcare is important to me because:

We need our income to live! We are already the lowest paid

County in the surrounding area. Our Health &

Income is important for a quality life.

(share your story)

REFILL Yearly TIMES

Jayana Forbes PATIENT

Local 2700 UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/22/18

Affordable healthcare is important to me because:

I need to be healthy in order to serve ~~the~~ ^{our} community & thousands of patients that goes to WCHC and NRHC. I manage 2 Health Centers & meet all PRIME metrics required to get our fundings - but I feel unrewarded & the county does ^{NOT} appreciate all of the hardworks & dedication of our middle managers team + all of CSOs (Clinical Services mgr of our 11 Health Centers)

my Ask:

APPRECIATE US and take care of our health so we can continue serving our community.

(share your story)

Caroline Killough

REFILL Yearly TIMES

PATIENT


P.S PLEASE

make our Health Care affordable.

Local 21

UNION

BRING the cost down

for the manager!!! 

Rx

FOR Affordable Healthcare NOW!!

DATE 8/22/18

Affordable healthcare is important to me because:

Healthcare is a RIGHT! we are

not given that RIGHT when you have to

Choose between paying for healthcare or paying mortgage, rent or food. Rate of raises ^{in healthcare} ~~are out~~ ~~is out~~ are passing up any

Cost of living raise. Its embarrassing to be a health care provider + have to pay so much ^(share your story) ~~to~~ ~~pay~~ get the health care I provide.

REFILL Yearly TIMES

Kate Schwertscharf

PATIENT

Local 21

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/29/18

Affordable healthcare is important to me because:

IT IS UNFAIR THAT SOME COUNTY EMPLOYEES
PAY HALF OR A QUARTER OF WHAT I PAY. WE
SHOULD ALL PAY THE SAME.

(share your story)

REFILL Yearly TIMES

MICHAEL DOSSEY

PATIENT

WCE

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8-22-2018

Affordable healthcare is important to me because:

I can barely afford to live now at the

salary I'm paid. To add to my burden puts me a step

closer to being homeless. As I have gotten older my health issues

have increased. Clerks don't make a living wage as it is in this county.

I guess I can cut out food and eat at the shelter.

(share your story)

REFILL Yearly TIMES

Paula Bullock

PATIENT

Local 2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/27/18

Affordable healthcare is important to me because:

Unfortunately I currently have no healthcare because the cost is already to high. If it goes up I will never be able to have it. As a Forty Six year old woman with a lot of Cancer history in the family it will be Important to have it soon.

(share your story)

REFILL Yearly TIMES

Suzanne Elena Bubenick PATIENT

_____ UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/18/18

Affordable healthcare is important to me because:

As I approach my 26th birthday, I know I'll be looking for health insurance without any other support. Both my parents and my siblings have no coverage, or they are also unsure of what will happen once we are of a certain age.

(share your story)

REFILL Yearly TIMES

Stanford Health Care

PATIENT

Local 1

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE Sept. 14, 2018

Affordable healthcare is important to me because:

As Senior citizen I take lots

of meds. Healthcare to be affordable

So can get medicine. If can't afford

healthcare, then can't afford meds, and then —

Report!
(share your story)

REFILL Yearly TIMES

R Cotton PATIENT

_____ UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/14/18

Affordable healthcare is important to me because:

The cost of living is so high in the Bay Area. I barely make enough to pay my mortgage and pay the bills. And that is with TWO full-time incomes. Short-term relief is NOT the answer. We need LONG-TERM help. Thank you for your time.

(share your story)

REFILL Yearly TIMES

DAVID GOMEZ PATIENT

LOCAL 2700 UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/14/18

Affordable healthcare is important to me because:

I would like cheaper health care for county employees especially when we have the county plan.

(share your story)

REFILL Yearly TIMES

Faolan Josue

PATIENT

Local
2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/17/18

Affordable healthcare is important to me because:

I currently pay almost \$300 a month out of pocket for my single person healthcare with Kaiser. This is more than any non-County employee I know pays for Kaiser, even with full family coverage, whether in the public or the private sector. If the cost is raised again I will no longer be able to afford it. I have a chronic illness which I suffered with unknowingly for years under different healthcare providers, until it was diagnosed by my excellent care team at Kaiser. If I have to switch providers I will lose access to my doctors, my treatment plan, and a medical office that is located close to my home. Please do right by your hardworking employees and help us live safely and well in Contra Costa.

(share your story)

REFILL Yearly TIMES

Jenna Skinner

PATIENT

PEU Local 1

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE August 17, 2018

Affordable healthcare is important to me because:

Rising health care costs mean significantly less take home pay, which means less spending in the local economy. After tax and health care deductions, there's not much left in my paycheck for other things like groceries, transportation, living expenses, house payments, etc., much less "discretionary" purchases. The ever-rising cost of health care is burdening more and more of us, which is why affordable health care and health security is essential for all Contra Costa County residents.

REFILL Yearly TIMES

Rebecca Malin PATIENT

AFSCME PEU Local 1 UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/17/18

Affordable healthcare is important to me because:

I had the county's healthcare and I was never able to get an appointment so I had to go to the ER to get seen by a doctor. I switched to a different health insurance but now my medical bills are crazy and because of that I haven't been able to afford a place to live on my own.

(share your story)

REFILL Yearly TIMES

Brenda Ramirez

PATIENT

Local one

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/14/18

Affordable healthcare is important to me because:

My Salary has not increased with the cost of living.

It has become very hard to manage the current cost of medical. If you raise our healthcare, I will not be able to cover my entire family. Please work to keep our cost down & keep Americans healthy.
(share your story)

REFILL Yearly TIMES

Cash - @ PATIENT

Local One UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/22/18

Affordable healthcare is important to me because:

Healthcare is a right, not an option! The ^{high} cost of living in the Bay Area makes affordable health insurance essential.

(share your story)

REFILL Yearly TIMES

Douglas Gorman

PATIENT

21

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8-17-18

Affordable healthcare is important to me because:

Healthcare is important to me because as I get older I need to think about saving for retirement and healthcare.

I have to choose healthcare over retirement

savings. Many dreams of Travel will go to Healthcare
(share your story)

REFILL Yearly TIMES

Rob Clima PATIENT

IFPTE Local 21 UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/22/18

Affordable healthcare is important to me because:

Health CARE IS A BASIC HUMAN RIGHT. IT IS UNCONSCIOUSLY THAT THE COUNTRY DOESN'T SEE THIS AND PILES THE ONEROUS BURDEN ON THE EMPLOYEES.

(share your story)

REFILL Yearly TIMES

W. M. GLISSON

PATIENT

Local 21

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/20/18

Affordable healthcare is important to me because: the very small salary increase that can not even keep up with the raising cost of living, ends up going to cover the inflated cost of healthcare essentially leaving employees with the same take home pay as before. This is a huge disparity in healthcare when other countries in the bay area have lower costs!!! This needs to be rectified immediately because most working families are on the verge of poverty (share your story) now!!! How can this happen in California, the 6th largest economy in the world ???

REFILL Yearly TIMES

Carol Brenes

PATIENT

Local 2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/28/18

Affordable healthcare is important to me because:

Affordable Health Care is very important to me & my family because our health is important to us. Not to mention accidents, illness happen (life happens) and all need to be covered in order to deal and continue daily life.

(share your story)

REFILL Yearly TIMES

Cecilia Ramirez

PATIENT

2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/4/2018

Affordable healthcare is important to me because:

Then I wouldn't have to work another part-time job on the weekends.

(share your story)

REFILL Yearly TIMES

Gabriel Lemus

PATIENT

Local 21

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/4/2018

Affordable healthcare is important to me because:

Without affordable healthcare, I cannot economize enough to pay my bills ^{expenses} including housing and transportation.

(share your story)

REFILL Yearly TIMES

Monie T. Plizga

PATIENT

2700

UNION

Rx

FOR Affordable Healthcare NOW!!


DATE 09/11/18

Affordable healthcare is important to me because:

I am a single mother and my work at CCC is the only source of income that I have. I do not have any family in this country, so I count only on myself. I chose the cheapest healthcare insurance plan; however, the increasing premiums creates a huge financial burden for my family. It is not affordable anymore! My daughter needs food, roof over her head, clothes, school support, and so on. It very scary to live from paycheck to paycheck counting every penny. It would be great if I have the ability to save some money for emergencies, which we all know it can happen. You are in the power to negotiate a much better health insurance coverage to CCC workers. Please do it.

Thank you!

(share your story)



REFILL Yearly TIMES

Juanita PATIENT

SEIU local 1021 UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8-17-2018

Affordable healthcare is important to me because:

The cost of living in the Bay Area is sky high.

To keep pulling from our already very low income is

ridiculous. Last year I gave up Health Net & my doctor & dermatologist

of 15 years to switch to Kaiser because the price was going up

in January of '18. Now it's being raised again? When will it end??

(share your story)

REFILL Yearly TIMES

Jaime Mulkey

PATIENT

LOCAL 2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8-23-2018

Affordable healthcare is important to me because:

Cost of living is so high in Bay Area

I can barely make ends meet each month. To

increase health care cost will make me seriously consider

looking for another job just so I can live and pay my bills.

Can't afford to live by myself now - an increase is unreasonable.

(share your story)

REFILL Yearly TIMES

Paula Bullock

PATIENT

Local 2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/22/18

Affordable healthcare is important to me because:

I can't afford any more deductions from my paycheck. I'm maxed out in my salary step increase, and I'm worried our cost of living increases will be annihilated by ballooning health care costs.

(share your story)

REFILL Yearly TIMES

Lindsay duPont

PATIENT

Local One / AFSME

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/22/18

Affordable healthcare is important to me because:

I'M THE SOLE PROVIDER FOR MEDICAL

INSURANCE FOR MY FAMILY OF 4. I'M CURRENTLY

IN LINE FOR A PROMOTION, BUT IT LOOKS LIKE I WOULD

HAVE TO DECLINE A NEW POSITION BASED ON THE

COST OF HEALTH INSURANCE WITH A DIFFERENT UNION. (OVER \$1000 ADDITIONAL COST).

(share your story)

REFILL Yearly TIMES

_____ PATIENT

2700

_____ UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/23/18

Affordable healthcare is important to me because:

For a family of 4 we now pay

\$800 a month for Kaiser. I also recently found

out that if I retire at age 62 I will pay \$1,500 to continue

the same coverage. This is a huge burden for our family to

bear and results in a large pay decrease.

(share your story)

REFILL Yearly TIMES

Liz Fuller

PATIENT

IFPTE 21

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8-20-18

Affordable healthcare is important to me because:

Everyone should not have to worry about going to the doctor or going to the hospital. I have personally known people who just could not afford health insurance. The cost of health care should not be an issue for Contra Costa County Employees.
(share your story)

REFILL Yearly TIMES

Dolores Mraz PATIENT

AFSCME PEU Local 1 UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/21/18

Affordable healthcare is important to me because:

healthcare is a basic human right and should be available to everyone regardless of income.

(share your story)

REFILL Yearly TIMES

_____ PATIENT

local 1 _____ UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/22/18

Affordable healthcare is important to me because:

I need more of my paycheck to go towards living expenses, the basics of housing, food, bills and gas. It's expensive living in this county, as we all know. My husband is disabled and needs good medical care and monthly medications so I pay for the better Kaiser Plan. But he is unable to work now since a car accident and I am the sole breadwinner now. It is a struggle to try to keep up with the cost of ^(share your story) living here, but I love working and living in this County. Thanks for listening.

REFILL Yearly TIMES

Elayne Pedley

PATIENT

LOCAL 1

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE Aug. 22, 2018

Affordable healthcare is important to me because:

we have had some health scares in the last few years.

Healthcare has been getting so expensive I have not been able to put any extra away for retirement.

(share your story)

REFILL Yearly TIMES

Lin Look

PATIENT

AFSCME/Local One

UNION

I would be so happy if I could buy food with money & not charge to be able to buy ingredients for recipes

me 9-14

Rx

FOR

Affordable Healthcare NOW!!

Seems like such a simple thing, but it's not my reality and it makes me

DATE 9-6-18 SAJ & MAJ.

Affordable healthcare is important to me because:

Every month I have a lot of stress due to my financial situation.

The cost of my Kaiser family plan is

\$806.69 a month. This is so expensive that

I literally do not have enough money every

single month to afford groceries or be able to pay every bill.

I ^(share your story) end up having to charge my groceries yearly & pay what ever bill I couldn't pay the month before the next month. I never have a

REFILL TIMES

balance in my checkbook of more than \$30. I try to keep it in there for things that come up during the month, but it's still not enough & I end up having to charge. I really would

PATIENT

UNION

like to be able to retire with no credit card debt but the reality is I won't be able to & that worries me.

Jackie Furst Union: 512

Rx

FOR Affordable Healthcare NOW!!

DATE 9/5/2018

Affordable healthcare is important to me because:

Health Care and other costs are rising faster than salary and as I and my family grow older we need health care on a more frequent basis in order to maintain our health and continue to work in good health.

(share your story)

REFILL Yearly TIMES

Curt Dodson PATIENT

AFS CME Local 512 UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/10/2018

Affordable healthcare is important to me because:

~~parents~~ adults

My household consist of 2

and 3 young children making

regular visits to Drs appointments and prescription

pickup a regular occurrence. With affordable healthcare

I can still feed my family and take care of health needs

if not I will have to ^(share your story) decide if I pay for health care or provide food and shelter.

REFILL Yearly TIMES

you

PATIENT

AfSCME 512

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/10/18

Affordable healthcare is important to me because:

I rely on it for all my medical needs.

affects my doctors, prescribed meds + required

lab work. Increasing our share affects my budget.

(share your story)

REFILL Yearly TIMES

S. Dineley

PATIENT

5/2

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/10/18

Affordable healthcare is important to me because:

Right now the Health Care cost is too high for me and my family. Every month a big chunk of my pay check goes to health care. This makes it hard for my family.

(share your story)

Worn Waa phan.

REFILL Yearly TIMES

PATIENT

Local 512

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8-23-2018

Affordable healthcare is important to me because:

My story is really simple. I have a family

on CCHA because this is what I can afford. I keep my adult children on my insurance because the companies they work for do not offer affordable health insurance

Contra Costa County employees need more affordable costs for health care.

(share your story)

REFILL Yearly TIMES

Shari Garrity PATIENT

512 UNION

Rx

FOR Affordable Healthcare NOW!!

DATE Aug 20 2018

Affordable healthcare is important to me because:

Better healthcare - prices are extremely high - for single & family. Better wages - the cost of living increases.

We want to be heard when we go before the board.

(share your story)

REFILL Yearly TIMES

Michelle Adams

PATIENT

512

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8-20-18

Affordable healthcare is important to me because:

I Am 65 years old

Cost and co-pay is very important

Better wages, Time off, schedules

Retirement

(share your story)

REFILL Yearly TIMES

Linda Gelber

PATIENT

LOCAL 2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/10/2018

Affordable healthcare is important to me because:

It is not FAIR that I am paying over \$440/mo for coverage Plus I have monthly out of pocket cost for my family & I. It is not affordable! (share your story)

REFILL Yearly TIMES

Daviness

PATIENT

SEIU 1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8-28-18

Affordable healthcare is important to me because:

Healthcare is important to me because as a single commuting mother, I have to pay college expenses, food, and housing. As a result having affordable healthcare for my children and myself is a necessity. I should not have to sacrifice the quality of my family's healthcare due to astronomical cost. Affordable healthcare is provided to the clientele we serve however, the key members who help this system to function you seem to have forgotten. I have to work alongside counties such as Alameda, Solano & San Francisco where Healthcare is affordable yet I have to pay such high premiums for healthcare, whereas some of their healthcare costs are little to no expense to the employee, I find it unacceptable. The discussion regarding affordable healthcare is past due. Instead of decreasing employees' contribution, the county has increased our premiums over the years. As the Board, you have the power to make changes for better or worse. It's time to make change for the better starting with Affordable Healthcare. If healthcare were more affordable, it would be a domino effect in the positive direction. More take home pay, more employees would actually be able to afford the copays to see a doctor and take care of their families this would decrease worker's comp claims and LOAs as well the fact that we would be healthy to serve our clients. Affordable Healthcare is necessary, I as a taxpayer and an employee demand you take action, and you do it now. Our votes count, but so do our voices. Can you hear us now???

REFILL Yearly TIMES

Tanesha Burton PATIENT

512

UNION

Rx

FOR Affordable Healthcare NOW!!

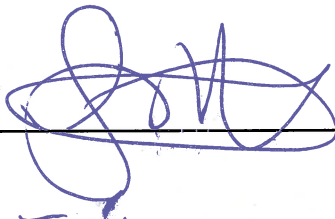
DATE 09/10/18

Affordable healthcare is important to me because:

I'm poor & need better health coverage

(share your story)

REFILL Yearly TIMES



PATIENT

SEIU 1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/10/18

Affordable healthcare is important to me because:

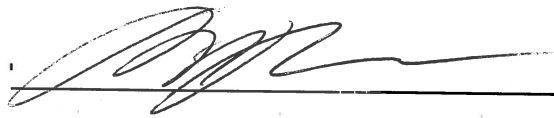
Please consider and act on our

plea to help us ~~to~~ offset our healthcare costs.

We are in the process of opting for lesser quality health-care coverage because we cannot afford better coverage. It's either that or we lose our home.

(share your story)

REFILL Yearly TIMES



PATIENT

SEIU 1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE SEPTEMBER 5, 2018

Affordable healthcare is important to me because:

WE WANT TO HAVE A BABY

BUT THE COST OF A FAMILY PLAN

FOR HEALTHCARE WILL MAKE IT TOUGH TO DO.

WE ARE ONLY GETTING OLDER.

(share your story)

REFILL Yearly TIMES

KARL B.

PATIENT

LOCAL 512

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9-5-18

Affordable healthcare is important to me because:

So I can continue to work for Contra Costa County after 17 years. At this rate, I cannot afford to

work at the County. Each year medical increases are higher

than the cost of living increases. Please help fix this issue NOW!

There is clearly an issue when H.R. has to tell each new potential employee the cost of health care coverage before they offer them a job.

(share your story)

REFILL Yearly TIMES

Paul Tehany PATIENT

512 UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/5/18

Affordable healthcare is important to me because:

Raising a family. Lost up to

10% of pay since recession layoffs.

Highering and promoting Engineering technicians

is not a county priority. I have been here 12 yrs and

without promotion opportunities.

(share your story)

REFILL Yearly TIMES

David Klapperich

PATIENT

512

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/5/18

Affordable healthcare is important to me because:

The cost of healthcare in our County is ridiculous! How are single moms like me supposed to live?! Something needs to be done! Healthcare needs to be affordable for YOUR employees!
(share your story)

REFILL Yearly TIMES

Renee Hutchins PATIENT

512 UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/5/2018

Affordable healthcare is important to me because:

The cost of health care is crazy! One of the reasons I started with the County was the benefits - not any more! I've noticed it is harder to get qualified people because ^(share your story) both the pay and benefits stink.

REFILL Yearly TIMES

Karen Piana PATIENT

512 UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/28/18

Affordable healthcare is important to me because:

Currently, I'm retired from the private sector and receive medical coverage. However, I feel

every employee should not have pay excessively for coverage, when other agencies do not require that. (share your story)

REFILL Yearly TIMES

F. Drummond

PATIENT

512

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/28/18

Affordable healthcare is important to me because:

As an employee it's difficult to watch other counties support staff more with lower out of pocket costs including premiums. With the salaries not matching the cost of living in the area, a reduction in medical costs could be another incentive for maintaining staff.

(share your story)

REFILL Yearly TIMES

DMojo

PATIENT

512

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/28/2018

Affordable healthcare is important to me because:

I have a family and it remains important that they have good medical to maintain a healthy life. To pay outrageous amounts for medical when others may not be paying as much is not okay.

(share your story)

REFILL Yearly TIMES

Shana Griffin

PATIENT

AFSCME 512

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8-28-18

Affordable healthcare is important to me because:

I am a single individual. I'm not married & have no children. With that I am still have difficulty being able to afford to live in Contra Costa County. Health Care has slowly eating up any savings I have been trying to do.

(share your story)

REFILL Yearly TIMES

Stephen Quesada PATIENT

512 UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/28/2018

Affordable healthcare is important to me because:

In the last 7 years my department has lost 10-12 employees to San Francisco County due to better paying wages & low Healthcare.

(share your story)

REFILL Yearly TIMES

FELICIA Shepherd-Scroase PATIENT

512 UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/17/18

Affordable healthcare is important to me because:

I am a single mother +

Any costs that can be reduced, I am all for.

(share your story)

REFILL Yearly TIMES

Amy Savitz PATIENT

AFSCME 2700 UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/17/18

Affordable healthcare is important to me because:

I am a single mom of 3 and work for the county which pretty much doesn't cover for too much, food, gas, rent and more. And my children need medical coverage and more.

(share your story)

REFILL Yearly TIMES

JAYONARA L. MIRANDA PATIENT

AFSCME 2700 UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 08/20/18

Affordable healthcare is important to me because:

I need to keep ME in good working order so that I can come to work every day, to be

dependable for the people that count on me - Patients AND co-workers that rely on me. I DESERVE affordable healthcare for

the public service I perform every day.
(share your story)

REFILL Yearly TIMES

Carmen Torante PATIENT

AFSCME 2700 UNION

Rx

FOR Affordable Healthcare NOW!!

DATE AUG 24, 2018

Affordable healthcare is important to me because:

I AM ONLY ABLE TO WORK SO

HARD AND BE SO PRODUCTIVE AT WORK BECAUSE OF

AFFORDABLE HEALTHCARE. WITHOUT IT I WOULD NOT BE ABLE

TO PERFORM ANY WHERE NEAR THE LEVEL I DEMAND OF

MYSELF. I KNOW OTHERS WHO WORK VERY HARD WHO DEPEND ON HEALTHCARE THEY

(share your story)
CAN AFFORD!

REFILL Yearly TIMES

DAVID LYND S

PATIENT

2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE Sept. 12, 2018

Affordable healthcare is
important to me because:

We all work hard everyday to serve
our community and to do our best we need
ourselves and families to be healthy.

(share your story)

REFILL Yearly TIMES

Amy Mockoski PATIENT

Local 1 UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9-12-2018

Affordable healthcare is
important to me because:

I'll be 62 in October. The

Healthcare cost is my number one

factor in my decision to retire now, or

to continue to work.

(share your story)

REFILL Yearly TIMES

RICK GILMORE

PATIENT

TEAMSTERS 856

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9-12-18

Affordable healthcare is important to me because:

I dont make alot of money to begin with and the cost of Living is out of control in this area.

I want to be able to enjoy my life when Im older having adequate healthcare if needed.

(share your story)

REFILL Yearly TIMES

Roger MORAN

PATIENT

Teamsters # 856

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/12/18

Affordable healthcare is important to me because:

It supports good health which is basic quality of life. If we want to be a successful organization, we need to make sure basic needs are met.

Simple as that!

(share your story)

REFILL Yearly TIMES

Deanna Lechner

PATIENT

21

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/12/18

Affordable healthcare is important to me because:

I have a chronic iron deficiency and need medicine & test that are affordable or a plan that helps pay for it.

(share your story)

REFILL Yearly TIMES

Jerry Holleschau PATIENT

Teamsters UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9-12-18

Affordable healthcare is important to me because:

will need to get checked for things regularly. I'm getting older and I plus with a family history of cancer & heart disease it is a must for me to go in to see my doctor regularly.

(share your story)

REFILL Yearly TIMES

Hector Reyes

PATIENT

Teamsters 856

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE August 30, 2018

Affordable healthcare is important to me because:

The cost of health care for ARP Engineers has gone up substantially. We need health care at a reasonable cost and this is becoming a lot higher for us at the County. We need affordable care Now!!

(share your story)

REFILL Yearly TIMES

Harib Amin

PATIENT

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8-29-14

Affordable healthcare is important to me because:

I spend more money on health care than most people

I know. This means less money for other things that are equally important like going to church & donating to good causes.

(share your story)

REFILL Yearly TIMES

Robert Long PATIENT

WCE UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/29/18

Affordable healthcare is important to me because:

It means I can also afford rent in the Bay Area.

(share your story)

REFILL Yearly TIMES

Kevin Ong

PATIENT

WCE

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/29/2018

Affordable healthcare is important to me because:

Medical insurance rates have been rising so much more compared to our wages and is becoming unaffordable. I have been lucky that currently I do not have chronic conditions because age, it hasn't remain affordable.

(share your story)

REFILL Yearly TIMES

Cho Nai Cheung

PATIENT

IFPTE Local 21

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/5/13

Affordable healthcare is important to me because:

It is getting more and more difficult to afford healthcare. The cost is cutting into other areas, such as mortgage payments and food. We are watching the most talented employees leave because they can find a better deal at another workplace.

(share your story)

REFILL Yearly TIMES

PATIENT

WCE

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 09/04/2018

Affordable healthcare is important to me because:

I am on my spouse's Health Plan

(also with Kaiser). Their plan A is cheaper than

the County's plan B!

(share your story)

REFILL Yearly TIMES

Mo Nasser PATIENT

Western Council of Engineers UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/5/2018

Affordable healthcare is important to me because:

I'm a father of two young children and I have Kaiser plan B Health plan. I feel the County needs to restructure its health plans to make a more affordable and equitable plan that equals other Bay Area Counties/Cities.
(share your story)

REFILL Yearly TIMES

Tracey Lovenberg

PATIENT

512

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 09/13/2018

Affordable healthcare is important to me because:

I am a Husband and a Father of 4 children.

Healthcare is an essential requirement for every family.

"AFFORDABLE HEALTHCARE" is a necessity in this day and age.

We fight for our clients and get them the best services and help that we can.

It's paramount that our employer will show us the same level of support.

(share your story)

REFILL Yearly TIMES

Kenneth Barnes

PATIENT

Local 512

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/13/18

Affordable healthcare is important to me because:

I am a single adult paying \$700 per month for my health insurance.

Affordable healthcare is important to me because I have a chronic condition that requires medicine and medical appointments.

I want to be able to keep my Health Net insurance, my primary doctor, my podiatrist, my gynecologist that are affiliated with Sutter Delta or John Muir Hospitals.

I was told that my insurance premiums will rise 14% next year. I cannot afford the increase as well as paying into my retirement and supporting my aged mom.

There are other unions/employees in the county that have cheaper health insurance offerings, why can't the same be offered to local 512.

(share your story)

REFILL Yearly TIMES

Dana Wargo PATIENT

512 UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/13/18

Affordable healthcare is important to me because:

the cost of healthcare is rising to the point that

it affects everyones quality of life. There has to be a

way to reduce costs so that it is affordable to all employees. Employees

should have the opportunity to receive QUALITY healthcare at an

AFFORDABLE cost. You have the power to help with that. Will you do what you can to help?!?!?

(share your story)

REFILL Yearly TIMES

Iliana Choate

PATIENT

AFSCME 512

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/23/2018

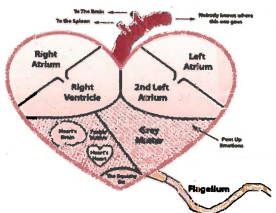
Affordable healthcare is important to me because:

I believe our health is just as important as those with higher paying brackets who can afford the high stakes with healthcare. As a clerical employee who keeps the wheels moving, I believe our role requires the same medical benefits, regardless of title or Unions. It is sad to see someone loss their loved ones and lives simply because they could not afford the right care package.



Sincerely, Claudia M. Hinojosa Torres

THE HUMAN HEART



REFILL Yearly TIMES

_____ PATIENT

_____ UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/23/18

Affordable healthcare is important to me because:

(share your story)

REFILL Yearly TIMES

Luke Huang PATIENT

2700 UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/21/18

Affordable healthcare is important to me because:

- I need glasses to function.
- Employers should cover more of the benefits to prove they value their employees, especially when the salaries are abysmal in comparison to other systems.

- An illness or accident can happen to anyone at any time - we all deserve quality healthcare while still being able to afford food + rent.

(share your story)

REFILL Yearly TIMES

Rachel Bradshaw

PATIENT

AFSCME 2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/22/2018

Affordable healthcare is
important to me because:

(share your story)

REFILL Yearly TIMES

Morris, Edward J. PATIENT

Local 21 UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/28/18

Affordable healthcare is important to me because:

I need to have money to buy healthy food so I can stay well and any increase for health insurance coverage - which is not healthcare - reduces my food budget. Working poor still need to eat.

(share your story)

REFILL Yearly TIMES

MARY E. PETERS

PATIENT

AFSCME 2700

UNION



Rx

FOR Affordable Healthcare NOW!!

DATE 8/22/18

Affordable healthcare is
important to me because:

(share your story)

REFILL Yearly TIMES

Jose Robles

PATIENT

AFSCME 512

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8-23-18

Affordable healthcare is important to me because:

(share your story)

REFILL Yearly TIMES

Terry Jenkins

PATIENT

Teamster

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE August 22, 2018

Affordable healthcare is important to me because:

Can't pay my bills now, need to stay healthy to keep working, please do not raise premiums any more!!

(share your story)

REFILL Yearly TIMES

MARY GERRARD PATIENT

2710 UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/29/2018

Affordable healthcare is important to me because:

I am a social worker & have helped others for over 20 years. I work hard for myself and my daughter and for those in the community I serve.

I deserve ~~or~~ decent, affordable health coverage!

(share your story)

REFILL Yearly TIMES

Michele Colbert

PATIENT

SEIU 1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/30/18

Affordable healthcare is important to me because: it gives me the ability to provide for my family with

the high cost I am not able to provide basic needs for my family.

(share your story)

REFILL Yearly TIMES

PATIENT

SEIU 1021

UNION



Rx

FOR Affordable Healthcare NOW!!

DATE 9-17-18

Affordable healthcare is important to me because:

It would allow me to have additional income to better aid my children with their academic goals. Due to high healthcare costs, there is less disposable income in our household to aid their education.

(share your story)

REFILL Yearly TIMES

Alvaro Rivas

PATIENT

Local 1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE _____

Affordable healthcare is important to me because:

My family and I rely on the healthcare provided by C.C.C. and are grateful to

have health coverage! However, why is it that I pay more for

my health coverage than any other public employee

in the Bay Area? Please help my family & I! We need

more affordable health (share your story) coverage!! We are counting on you to work with our unions in good faith!

REFILL Yearly GIMES

Vicky Dominguez, MSW II PATIENT

SEIU 1021 UNION

Rx

FOR

Affordable Healthcare NOW!!

DATE

9/17/2018

Affordable healthcare is important to me because:

We need to have a better coverage in order to pay our bills.

We need to have lower insurance, like coverage

other countries. High bill are eating deep in our pockets
(share your story)

REFILL Yearly TIMES

Dinchesa J. Azaelo

PATIENT

SEIU 1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8-31-18

Affordable healthcare is

because:

I want to have the peace of mind that

Affordable to me important if anything major should happen we would be able to get

treatment without the added stress of worrying about how to pay for it.

I also don't want the majority of my paycheck to go towards insurance

premiums. Every year it seems like premiums increase and coverages decrease.

(share your story)

There's something majorly wrong with this!

REFILL Yearly 4 TIMES

Leslie Bernardi

PATIENT

AFSCME 2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/18/18

Affordable healthcare is important to me because:

I've watched a lot of institutional knowledge walk out of the doors of Contra

Costa County, because wages and benefits weren't enough

to make it. The "Brain Drain" is a disservice to the

taxpayers and residents of this county. Also, you should make healthcare affordable for ^(share your story) ALL county employees not just a select few.

REFILL Yearly TIMES

April Wilson

PATIENT

AFSCME 2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 09/11/18

Affordable healthcare is important to me because: I cannot afford to pay the amount the County is charging me.

I need my income to pay others for housing and utilities, I want to stop living paycheck to paycheck because of the high costs of healthcare.
(share your story)

REFILL Yearly GIMES

Cornelius Jennings Jr. PATIENT

1021 UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/11/18

Affordable healthcare is because:

I need to make sure I can afford important health coverage for myself & my family. It would be devastated if a family member or I, have a serious/terminal

illness that requires health care coverage.

(share your story)

REFILL Yearly GIMES

Melissa Senior-Fadlivi

PATIENT

512

UNION



Rx

FOR Affordable Healthcare NOW!!

DATE 9/11/2018

Affordable healthcare is

important to me because: I am a single woman. I've been working for the county for over three years. I find myself struggling to make ends meet since the cost of living in Contra is high: After paying bills, I don't have much left. I suffer from back pain and

I need medication to help me with my pain along with access to Doctor visits. Please help me by making my healthcare as affordable as possible, it will go a long way towards a better future for all.

(share your story)

REFILL Yearly TIMES

Zana Minor

PATIENT

SETU Local Union 1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/28/18

Affordable healthcare is important to me because:

I need Health Insurance for my family, and it is awful that working for Health Services we have to pay so much for medical care, in my 23 years working for H.S. I have never seen the cost of medical insurance go down! and every year we (share your story) are taking less money home! is unbelievable!

REFILL Yearly TIMES

CCHP Very Expensive!

PATIENT

Blanca Lopez - local 3700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/29/18

Affordable healthcare is important to me because:

I can not afford to have more money

taking out my check. I'm a single parent with a daughter in college and I pay high rent. One check goes to rent. I can not afford it.

(share your story)

REFILL Yearly TIMES

Christine Chambers

PATIENT

2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/29/18

Affordable healthcare is
important to me because:

No one plans on getting sick I have 3 kids who
are young and visit the doctors frequently. If I cannot afford
healthcare I will not be able to have healthcare for my
kids and I will not qualify for medi-cal.
(share your story)

REFILL Yearly GIMES

Amber Davis

PATIENT

Local 2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/1/18

Affordable healthcare is important to me because: My rent and other bills already take most of my check.

It would be nice if I can still have some money for me.

(share your story)

REFILL Yearly TIMES

Joshua Dominguez

PATIENT

2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/16/18

Affordable healthcare is important to me because:

I need to be able to take my family

to the doctor without the fear, that my medical bills will be so high, that we will have to cut expenses such as

food or electricity so we can pay medical costs. I am the one in my household to carry medical insurance, what will

happen if costs get so high that health insurance can not be paid? As County employees we would do the same thing

that most individuals who do not have health insurance go to County Clinics & hospitals and inundate them so those

employees will now be over ^{share your story}worked. Quality of healthcare will go down and how will Contra Costa County look to the state

Yearly ^{DIMES} REFILL R. Hernandez PATIENT

Local 2700 UNION



Rx

FOR Affordable Healthcare NOW!!

DATE 8-17-18

Affordable healthcare is important to me because:

I want my family to be able to

see a doctor when needed and not have to worry about the cost. I would like to have

choices of health care plans that are comparable in cost and affordable.
(share your story)

REFILL Yearly TIMES

Sheryl Beckett

PATIENT

2200

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/16/18

Affordable healthcare is important to me because:

I'm getting older and needing to go to the Doctors more often. The Cost is out of my already small budget. I have a family of 5, Myself and 4 Children. I cannot afford to cover my Kids, with my pay and the Price for our Coverage.

(share your story)

REFILL Yearly TIMES

Kelly Melton

PATIENT

2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8-17-2018

Affordable healthcare is important to me because:

I am a person who needs to see a Dr more than once a year for different conditions, which require 6 different prescriptions refilled every 3 months which would all be very costly if I had no health coverage

(share your story)

REFILL Yearly TIMES

PATIENT

2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/16/18

Affordable healthcare is important to me because:

I am the only Earning Person for a family of 5 Persons

with only Approximately 2000\$ net Income, it

makes it hard to make both ends meet. A little more Affordable health insurance will certainly help more.

(share your story)

REFILL Yearly TIMES

8 un cost

PATIENT

Local 2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8-28-2018

Affordable healthcare is
important to me because:

Lower healthcare cost means I can save money
for other important basic needs like food, house costs
and other expenses.

(share your story)

REFILL Yearly JAMES

Jennifer Joel

PATIENT

Local
2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/17/18

Affordable healthcare is important to me because: My friends suffer financial hardship everytime the cost goes up.

(share your story)

REFILL Yearly TIMES

C. Galvan

PATIENT

2700.

UNION

RX

FOR Affordable Healthcare NOW!!

DATE 8.17.18

Affordable healthcare is important to me because:

Contra Costa County workers have the highest healthcare premium rates for families. My family cannot afford to all be covered on the plan offered.

(share your story)

REFILL Yearly 2 TIMES

AFSCME TONIE EISLEY

PATIENT

2700

UNION



Rx

FOR Affordable Healthcare NOW!!

DATE 8-17-18

Affordable healthcare is important to me because:

I am getting older and will be needing more healthcare. I would also like to pay my bills and eat.

(share your story)

REFILL Yearly 4 TIMES

Catherine Myers

PATIENT

AFSCME Local 2700

UNION



Rx

FOR

Affordable Healthcare NOW!!

DATE

9/13/18

Affordable healthcare is important to me because:

The Cost of Living is already at an all time high, It's important to be able to afford basic health needs.

(share your story)

REFILL Yearly 2 TIMES

Ron Cruz

PATIENT

Teamsters 856

UNION



Rx

FOR Affordable Healthcare NOW!!

DATE 9/6/18

Affordable healthcare is important to me because:

I don't want to choose between bankruptcy or death

(share your story)

REFILL Yearly TIMES

Adam Daniels

PATIENT

Local One

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/30/2018

Affordable healthcare is important to me because:

I am a single mother surviving on one income. Affordable healthcare is important to me in order to live with some quality of life.

Currently I pay almost \$400 to insure 2 people with CCHP. I have no other options as I have a health condition that prevents me from using plans with high co pays or out of pocket costs.

I feel that as the health insurance continue to rise with pay increases ^(share your story) rate, in 2 years I won't be able to afford, shelter, gas, food or any other necessities required to actually live.

Please Do Something to HELP US!!

REFILL Yearly TIMES

E. Johnson

PATIENT

SBI U 1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/30/18

Affordable healthcare is important to me because:

Fortunately, I am under my spouse's Medical insurance because ~~CCC's~~ Medical insurance is not affordable and the coverage is NOT Good Medical Coverage for the price. With that said, not having affordable Healthcare in our County is impacting my job. I have co workers that have left CCC and more that are looking and applying - Not just Workers but Supervisors. Workers are leaving our County in order to have a better and affordable healthcare. However, when they leave their jobs are not being filled. Also, the amount of training for a EW is costly to CCC & it's a waste of money to have employees leave here & go to another County. We are losing good, quality employees because of unaffordable Healthcare Coverage. This impacts my ability to effectively do my job!!

(share your story)

REFILL Yearly TIMES

Kathy Khalik

PATIENT

SEIU 1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/30/18

Affordable healthcare is important to me because:

I'm the only source of support for

my elderly parents, two children, ages 5 and 8 years

old. Paying expensive health care burdens my household. Sometimes

finding money to pay for food, utilities is difficult. Please

help me provide, support my family. Offer us affordable care
(share your story)

REFILL Yearly TIMES

Erica Valencia

PATIENT

SEIU

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/30/2018

Affordable healthcare is important to me because:

I am a single mother with a child who has terrible asthma. We take frequent visits to his doctor. I am unable to provide food and healthcare due to cost being so expensive.

(share your story)

REFILL Yearly TIMES

B. Bandy

PATIENT

1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/

Affordable healthcare is important to me because:

When I started with the County five years ago my husband was off work due to surgery. Two years ago my husband was off work again due to another surgery. Both times he was off work for eight months, and I was the sole provider for our family. Though we live a very frugal lifestyle, it was very difficult to make ends meet. As we approach 2019 we prepare for my husband's third surgery. Unfortunately, we are anticipating an even longer recovery time, and again, I will be the sole provider for our family. I implore you to help us to continue to help the residents of Contra Costa County by providing us with consistently affordable family health care. I simply cannot afford yet another reduction of my net pay.

(share your story)

REFILL Yearly TIMES

Lesli Rudd PATIENT

SEIU 1021 UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/15/18

Affordable healthcare is important to me because:

I am a Type II Diabetic. My daily

medications taken are 17 orals & insulins, including

Diabetic Supplies. I see several Specialty Doctors because of

my Diabetes. I see Doctors on a regular basis, (2-3 weeks) including all the lab & blood work. I choose CCHP, due to cost of premium & I get taken care of very well. I would not be able to afford the premiums, co-pays & annual cost for my care with Kaiser, Health Net or other on my base salary & be expected

(share your story)

REFILL

Yearly

TIMES

to support my other basic needs, rent, utilities, food, phone, insurance for vehicles etc...

PATIENT

with 17 known medications, I am at the pharmacy 2x's a week all year long

Judy Owens

SEIU 1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/22/2018

Affordable healthcare is important to me because:

I Live in Contra Costa. I work in Contra Costa. I will be raising a family in Contra Costa (new baby on the way). It will be a struggle to pay bills with a ^{continually} ~~continually~~ increasing ~~health~~ health care rate.

(share your story)

REFILL Yearly TIMES

Luna Foster PATIENT

SEIU 1021 UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/22/18

Affordable healthcare is important to me because:

My healthcare costs are already too high and extremely unaffordable to me. I am a senior with one/sole family

income. Affordable healthcare would improve my quality of life.

Healthcare costs should not cost more than basic necessities such as food.

(share your story)

REFILL Yearly TIMES

Patricia Duncan Hall

PATIENT

SEIU - 1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/30/2018

Affordable healthcare is important to me because:

It's Hard Being a Single mother with a Teenager & its hard to Maintain or Healthcare Because I can't afford to make payment & maintain all my other Bills It has come to pay for Medication or Buy food

(share your story)

REFILL Yearly TIMES

_____ PATIENT

1021 _____ UNION

Rx

FOR Affordable Healthcare NOW!!

DATE August 30, 2018

Healthcare is price:

Afford
impo

I have type 2 diabetes along with a host of other health issues. So I must have health insurance. I am on CCHP because that is the cheapest health plan available to me. I had to remove my daughter from the plan because even though CCHP is the cheapest plan offered, It was still not affordable enough for me to keep my daughter on the plan. I am starting to stress that our health care cost will continue to rise to where I can no longer afford. And with my health issues, I cannot afford to stress. This is why affordable health care is important to me.

REFILL Yearly TIMES

Ginger Green PATIENT
SCIU UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/30/2018

Affordable healthcare is important to me because:

I have kids who need medical coverage (ages 1 + 3 yrs) and as of now I will have no coverage when I retire.

(share your story)

REFILL Yearly TIMES

Jennifer Allen

PATIENT

SEIU 1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/30/18

Affordable healthcare is important to me because:

I have a household of 5 with 3 young children and 1 income. We need affordable healthcare, PLEASE!!!

(share your story)

REFILL Yearly TIMES

Xavier Campos PATIENT

SEIU 1021 UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/30/18

Affordable healthcare is important to me because:

My insurance an Co-pays have increased and I cannot afford. I wish my insurance could be decreased. I pay 154.00 a month with copays for my visits and prescriptions. Its too much.

(share your story)

REFILL Yearly TIMES

Linda Washinegtz

PATIENT

SEIU 1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 03/30/10

Affordable healthcare is important to me because:

I have asthma and hypertension. I need my medications which are super expensive or not available to me because I'm a county employce.

I would want everything available and not be told if I had medi-cal, they would've (share your story) approved it.

REFILL Yearly TIMES

HILDA HOOKER

PATIENT

Sevi 1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/30/2018

Affordable healthcare is important to me because:

i have a daughter (3) who has allergies and having access to healthcare is important to my family... i need to make sure i can take ^(share your story) her to her routine follow ups.

REFILL Yearly TIMES

S. Arevalo PATIENT

SEIU 1021 UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/30/18

Affordable healthcare is important to me because:

I need to know that I am getting services for my family and myself without breaking my bank. I need to know that I will be able to afford unforeseen doctors visits, hospital stays, etc.

(share your story)

REFILL Yearly TIMES

Alicia Barner PATIENT

Local SEIU 1021 UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8.28.18

Affordable healthcare is important to me because:

I have \$55,000 of student loan debt that I took on to be a social worker. I also took a \$10,000 pay cut to come work for Contra Costa County. I love the people of this county, but I cannot afford to stay here.

(share your story)

REFILL Yearly TIMES

Taura Greenfield PATIENT

SEIU UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/29/2018

Affordable healthcare is important to me because:

I helped start the Contra Costa County Covered CA Call Center. Now I'm a Medi-Cal Eligibility Worker & a single mother. I have a health condition. I know how expensive plans are in our

county. My father never had to pay a share of his premium through ^(share your story) his employer. What about me!

REFILL Yearly TIMES

Marie Stith PATIENT

SEIU 1021 UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/15/18

Affordable healthcare is important to me because:

WithIN a year my premium went up by \$330.00

It seems like there is no "respite" from increasing expenses while salaries remain stagnant. We need help!!!

(share your story)

REFILL Yearly TIMES

Annalee Sellers PATIENT

AFSCME UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/16/2018

Affordable healthcare is important to me because:

I don't want my health to be the reason why I am not able to provide high quality services to the community. Please keep healthcare AFFORDABLE !!

(share your story)

REFILL Yearly TIMES

Lxing PATIENT

SEIU Local 1021 UNION

Rx

FOR Affordable Healthcare NOW!!

DATE August 16, 2018

Affordable healthcare is important to me because:

My husband has a chronic
Medical Condition

(share your story)

REFILL Yearly TIMES

Kimberly Sims PATIENT

1021 UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/15/18

Affordable healthcare is important to me because:

WITHOUT IT PEOPLE, INCLUDING

MYSELF COME TO WORK SICK AND IN TURN

MAKE OTHERS SICK. HOWEVER PEOPLE CAN'T AFFORD

THE HIGH RATES PLUS CO-PAYS. MOST HAVE LET

ACCOUNT FOR OTHER COUNTIES DUE TO HIGH HEALTHCARE.

WE CAN'T KEEP NEW (share your story) STAFF AND WE ARE LOSE VETERAN STAFF. CAN'T GET WORK DONE WITH CONSTANTLY HAVING TO TRAIN PEOPLE

REFILL

Yearly TIMES

RUMITA RAS

PATIENT

1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/15/18

Affordable healthcare is important to me because:

Healthcare is important to everybody regardless of whether it's affordable or not. However, for any individual or family that do not make a lot of money, it makes it important that healthcare is also affordable. Isn't that the reason for expanding Medi-Cal coverage to adults with no or limited income? It's due to government understood the importance of having healthcare for each individual. However, we eligibility workers do not qualify for Medi-Cal that we offer our clients. Not having enough purchasing power to meet our living necessities makes it really important for us to atleast have a decent and affordable healthcare coverage.

Due to my limited income, I opted for the cheapest healthplan that county offers; the CCHP. whenever I got sick, I can't even use my healthplan due to CCHP would have limited slots for some day appointment. They won't even give me a next day appointment. We need to call each morning to find out if there is available appointment. They don't have urgent care unless you go to County hospital which is far from where I live. A lot of times, even when I still don't feel well, I had to come to work because I will get in trouble if I'm out without a doctor's note. How can I get if I can't even make an appointment to begin with. During those times I had wished that I have Kaiser. However, to have Kaiser seems to be a luxury for me with limited income. I had to choose between a better coverage or an awful healthplan but have the extra \$\$ to pay my utilities. Prior to working for County, I was super healthy. But with all the stress involved at work, my health started to deteriorate. My ability to do my job ~~was~~ (share your story) had been affected. The County who I worked for does not even care to make sure I get a better healthcare that I can afford to keep my health in shape and perform better at work. in addition, the morale is down when you know your employer doesn't have initiative to address the healthcare of their employees.

REFILL Yearly TIMES

PATIENT

SEIU UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8-30-2018

Affordable healthcare is important to me because:

My healthcare increases are bigger than my raises. I make less money every year. Why am I working to make less?

(share your story)

REFILL Yearly TIMES

Kevin Frandsen

PATIENT

SEIU 1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/30/2018

Affordable healthcare is important to me because:

I need to be able to provide for my family. The high costs of Medicaid insurance has removed the ability for my children to participate in outside activities
(share your story)

REFILL Yearly TIMES

_____ PATIENT

SEIU 1021 _____ UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9-10-18

Affordable healthcare is important to me because:

I'm a single parent & only one income, rent keeps going up every 6-months & so does healthcare. This year alone, the price of healthcare for my daughter and I has gone up to \$352, after that, not much left for minimum necessities.

(share your story)

REFILL Yearly TIMES

Lorena Herrera

PATIENT

1021 - SEIU

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9-12-18

Affordable healthcare is important to me because:

BEING HEALTHY & STAYING HEALTHY

MAKES YOU BE MORE PRODUCTIVE AT WORK.

HAVING AFFORDABLE HEALTHCARE CAN SAVE YOU

A LOT OF MONEY & YOU WILL BE ABLE TO ENJOY

DOING MORE ACTIVITIES WITH YOUR FAMILY.

(share your story)

REFILL Yearly TIMES

Jaclyn Throver

PATIENT

1021 SEIU

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/26/2018

Affordable healthcare is important to me because:

My coworkers are having to make choices regarding paying for doctor visit and prescription Copays vs. rent and/or food because the portion they pay for healthcare takes a huge chunk of their wages.

(share your story)

REFILL Yearly TIMES

PATIENT _____

AFSCME LOCAL 2700

UNION _____



RX

FOR Affordable Healthcare NOW!!

DATE Aug 28, 2018

Affordable healthcare is important to me because: *The large amount I pay each month effects my ability to*

pay bills, even when I budget my money

Carefully. It's expensive to live in Contra

Costa Co. The cost of my portion for healthcare is increasing too fast. My income

is not.

REFILL Yearly TIMES

PATIENT _____

AFSCME LOCAL 2700

UNION _____



Rx

FOR Affordable Healthcare NOW!!

DATE 8-15-2018

Affordable healthcare is important to me because:

The job is very demanding and requires a lot of time and energy. With that said, it is very disheartening to be (1) significantly underpaid as compared to neighboring county workers. (2) My experience with SF county allowed me to learn that their workers receive free medical, while dependents are only charged between \$40 to \$100. During my 4 years of service as a "bus operator" in Alameda County, I received Full medical benefits at no cost. The role of a "Social Worker" is suppose to be a career choice. However we are overworked, under paid, and are subjected to the most expensive deductions.

(share your story)

REFILL Yearly TIMES

Acacia Chidi

PATIENT

SFEU 1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/15/18

Affordable healthcare is important to me because:

So that I have enough money for food to feed my kids. I personally can mentally give more focus to ~~my~~ the families CFS is working to

(share your story)

~~Sandra Astero~~

REFILL Yearly 6 TIMES

PATIENT

1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8.16.18

Affordable healthcare is important to me because: I am a single parent. I love working for this country

although I reside in Alameda Co. I'd love

to continue to serve C.C.C. but I soon will

not be able to afford too (share your story) with our rising health care costs.

REFILL Yearly TIMES

PATIENT

SEYU 1021

UNION

Rx

FOR

Affordable Healthcare NOW!!

DATE

09/13/2018

Affordable healthcare is important to me because:

It is important for me to have self-care

and access to quality healthcare that I can afford especially

how it is difficult to take care of my family needs and extra

expenses due to living in the Bay Area with high costs of living.

(share your story)

REFILL

Yearly

TIMES

Jean Emmanuel

PATIENT

LOCAL 1021 - SEIU

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/13/18

Affordable healthcare is
important to me because:

FAMILY

\$777 dollars a month

~~(share your story)~~

REFILL Yearly DIMES

SARED

PATIENT

SEIU 1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9-13-18

Affordable healthcare is important to me because:

I am looking to work in a County away from the County

I pay property taxes in after 13 years of

service because can not afford to work in this County. This cost of health care is unacceptable and my family and my coworkers families are suffering. Please make a change NOW.
(Share your story)

REFILL Yearly TIMES

A Jensen - Social Worker

PATIENT

SEIU

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/3/18

Affordable healthcare is important to me because:

Can't afford to see doctors or

Pay for non-generic meds.

(share your story)

REFILL Yearly TIMES

Genso long

PATIENT

Un 1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE Sept. 13, 2016

IT COST TOO MUCH!

Affordable healthcare is important to me because:

\$691.1 month for 1 person in Health Net. I don't want

to change my healthcare providers who have treated me for my illnesses for

almost 20 years. I am being forced to stop in the middle of successful treatment

to find another healthcare carrier because I can no longer afford the insurance

(share your story)

I've had since 1999.

REFILL Yearly TIMES

ETS

PATIENT

SAU 1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/15/18

Affordable healthcare is important to me because:

Health Care is virtually unaffordable and it will very soon be unattainable. My health care coverage will cost my

family OVER \$800 per month! This coupled with taxes and mandatory

retirement, totals up over 1/3 of my pay check. I tried looking for alternate

coverage, but it is just as expensive or worse. Soon I will be unable to provide coverage for myself ^(share your story) and my family. This is a true crisis!!!

REFILL Yearly TIMES

Social Worker CLHA

PATIENT

SEIK 1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 09-13-2018

Affordable healthcare is important to me because:

I and my husband are diabetic and it is crucial to have health care.

Due to extreme increase of cost of

living in Ca. Having these large premiums is out of my budget. I am having to cut back on things like going to the gym or having a car. I am also having to cut back on my health care.

It is really unthinkable but soon having to check.

(share your story)

REFILL Yearly TIMES

Signature ~~706~~-688-4803

PATIENT

1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9-17-18

Affordable healthcare is important to me because:

I have been a Contra Costa Co. Employee for almost 13 yrs. I am a single

mother of 4 children and over the yrs have gone from paying \$26/mo for medical coverage to paying over \$400

a month for my family. I struggle every month to pay my bills. I make less ^(share of) than years ago. My family deserves better.

REFILL Yearly TIMES

Tiawana Dominguez

PATIENT

AFSCME 2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/17/18

Affordable healthcare is important to me because: Paying low insurance rates (i.e. RN's + doctors) should not be a privilege for the wealthy. I work in a clinic with our clerks who pay over \$400.00 per month for insurance while the RN who sub next to me pays \$25.00 per month! We both work for the same employer Contra Costa County! Stop punishing clerks and offer a fair & insurance rate to all !!

(share your story)

REFILL Yearly TIMES

Luc Bawitz

PATIENT

Local 2700

UNION



Rx

FOR Affordable Healthcare NOW!!

DATE 8-28-18

Affordable healthcare is important to me because:

with the money I would save I would be able to continue helping my daughter pay for college expenses.

I has been challenging with all these increases in insurance, I'm afraid with more cuts my daughter will have to pull out of college.

We have been struggling & my daughter being the first in the family to go to a 4 year means a lot. ^(share your story) I'm just wanting to help her have a better future. But I'm afraid with more cuts that won't be possible.

REFILL Yearly TIMES

PATIENT

2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/17/18

Affordable healthcare is important to me because I am a single mother of 2 as it's U. um barely making ends

meet. Increasing our healthcare would make it impossible to make it.

(share your story)

REFILL Yearly TIMES

PATIENT

AFSCME 2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE

9/13/18

Affordable healthcare is important to me because:

I'm single w/ 3 dependents on a single income. The price raise over the last few years has taken away money for food and essentials.

(share your story)

REFILL Yearly 2 TIMES

PATIENT

Asme 2700

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/15/2018

Affordable healthcare is important to me because:

My health care is very expensive for a single person with one income. I need my coverage, but cannot afford it along w/ my other expenses.

Other countries cover their worker's medical. Contra Costa

should be the same. My health care coverage takes my increases!
It has to stop!!!
(share your story)

REFILL Yearly TIMES

Mayette G. Davia

PATIENT

1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/15/2018

Affordable healthcare is important to me because: Increase in health coverage doesn't coincide with income!! Increase

would cause a hardship for my family!!!

(share your story)

REFILL Yearly TIMES

A. Watkins

PATIENT

1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 08-22-18

**Affordable healthcare is
important to me because:**

My salary will not accommodate
the increase. I will not receive any more

salary increase and the increase in medical will

affect my standard of living.

(share your story)

REFILL Yearly TIMES

DeVores Klau

PATIENT

SEIU-1021

UNION



Rx

FOR Affordable Healthcare NOW!!

DATE August 15, 2018

Affordable healthcare is important to me because:

My health is important!

(share your story)

REFILL Yearly TIMES

Henry Johnson

PATIENT

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/16/2018

Affordable healthcare is important to me because:

It is health that is real wealth and not pieces of gold and silver

(share your story)

REFILL Yearly GIMES

SAREED KITCHEN

PATIENT

SEIU 1021

UNION



Rx

FOR Affordable Healthcare NOW!!

DATE 8/16/18

Affordable healthcare is
important to me because:

I'm diabetic. I need insulin.
I'm a single mother and paying for health

Care for my son; myself. I can get pricy. At first

I couldn't afford health care and my blood sugar count

~~was~~ was in the 400's in the morning. I need health coverage
or I will die...
(share your story) NO QUESTIONS.

REFILL Yearly TIMES

Cynthia Whitaker

PATIENT

1021

UNION



Rx

FOR Affordable Healthcare NOW!!

DATE Sept 10, 2018

Affordable healthcare is important to me because:

it allows my family and I to access quality services without breaking the bank (tapping into emergency saving etc.)

(share your story)

REFILL Yearly TIMES

PATIENT

SEIU

UNION

Rx

FOR

Affordable Healthcare NOW!!

DATE 09.10.18

Affordable healthcare is important to me because: THE SAVINGS WILL HELP TO GO TOWARDS MY

RETIREMENT. IN ADDITION, IT WILL ALSO HELP TO

KEEP MORE FUNDS TOWARD SAVINGS FOR THE HOUSEHOLD.

(share your story)

REFILL Yearly GIMES

MARIE-JULIE de LOFUENTES

PATIENT

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9-10-18

Affordable healthcare is important to me because:

I SHOULDN'T HAVE TO BE WORRIED

ABOUT ER TREATMENT DUE TO THE COST!

CO-PAYS & PREMIUMS HAVE BECOME UNREALISTIC WHERE WE

CANNOT ALWAYS SEEK TREATMENTS DUE TO FINANCIAL

CONSTRAINTS.

(share your story)

REFILL Yearly TIMES

PATIENT

SEIU - 1021

UNION



Rx

FOR

Affordable Healthcare NOW!!

DATE 9/10/18

Affordable healthcare is important to me because:

I am not using Employer sponsored coverage because it is very expensive. We are

insured through my wife employer sponsored coverage for

free with minimum of \$5-\$10 Copays. Contra Costa County

needs to provide cost effective Plans so that all employees can benefit.
(Share your story)

REFILL Yearly TIMES

PATIENT

SFEIU 1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE SEPTEMBER 10, 2018

Affordable healthcare is important to me because:

I AM A SINGLE PARENT AND I DON'T HAVE ANY OTHER OPTIONS AS FAR AS HEALTH COVERAGE GOES. I CAN'T AFFORD THE PLAN I PREFER SO

I'M STUCK SEEING DOCTORS I DON'T WANT TO SEE.

(share your story)

REFILL Yearly TIMES

LAKIYA

PATIENT

1021 9210

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/10/18

Affordable healthcare is important to me because:

Health care is a necessity not an option. Why is it so

gosh - darnit high? I have been dedicated to this country for almost

20 yrs and we're treated like scum!

(share your story)

REFILL Yearly GIMES

Yolanda Kelly

PATIENT

1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/10/19

Affordable healthcare is important to me because:

Being a single parent with 2 teenage kids it has become more of a hardship to be able to afford healthcare for my family. It would be very helpful to get a more affordable healthcare family plan option.

(share your story)

REFILL Yearly TIMES

Patricia Ruiz

PATIENT

SEIU 1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9.10.18

Affordable healthcare is

important to me because:

as a single mother it can be expensive to maintain a household. Health care is a

necessity. It's sad that there are

certain plans that I simply cannot afford.
(share your story)

REFILL Yearly TIMES

TONIKA

PATIENT

SEIU Local 1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9-4-18

**Affordable healthcare is
important to me because:**

suffering 3 miscarriages and

Dating a disorder that could cause infertility, without

treatment from a doctor, is stressful and depressing. Without

affordable healthcare I could never become a mom. I would

give up everything I own to have a child; and I go broke paying for healthcare
(share your story)

REFILL Yearly TIMES

J.W.

PATIENT

SEIU Local 1081

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/10/2018

Affordable healthcare is
important to me because:

My 4 year old is very
adventurous and will hurt herself often.

I am glad to have my wife's health coverage

because if ~~we~~ ~~can~~ ~~not~~ afford it.
(share your story)

REFILL Yearly TIMES

Johnson

PATIENT

1004 SEFU

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/10/18

Affordable healthcare is
important to me because:

I live in the East Bay and would like
to stay working locally to be near my family,
but I am constantly offered better employment and
benefits in San Francisco. Our country should offer
the same benefits and retain their workers. Everyone
should have affordable health care. It's unfortunate that
many countries are gaining
great employees PATIENT
due to having better
health benefits. It
Doesn't make
local jobs

REFILL Yearly TIMES

UNION

Sense!

Rx

FOR Affordable Healthcare NOW!!

DATE Sept 10, 2018

Affordable healthcare is important to me because:

I have health issues and its not fair that in order to keep coming

to work I have to keep paying more and

more for the medications I take. Also, I don't

want to resent the people I help because they have it all completely free and growing their family

Yearly while I can't afford myself.

REFILL

3 TIMES

Elizabeth (weald)

PATIENT

UNION



Rx

FOR Affordable Healthcare NOW!!

DATE 9.10.18

Affordable healthcare is important to me because:

I am losing money! I can not afford a plan that will help me. I am having to see the

doctor a few times a month and the appointments are not convenient.

The plans that I need are more expensive than CCHP ~~but~~ ^{so} I am

stuck with the cheapest option but it is a poor plan.
(share your story)

REFILL Yearly TIMES



PATIENT

SEIU Local

UNION

Rx

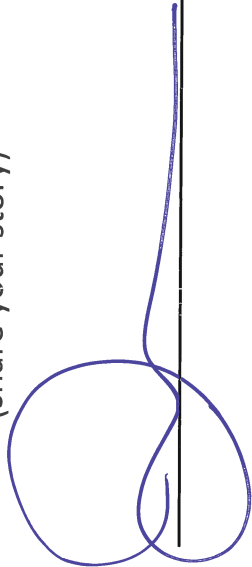
FOR Affordable Healthcare NOW!!

DATE 9.10.2018

Affordable healthcare is important to me because: I NEED TO BE ABLE TO AFFORD ALL MY BILLS AND SAVE FOR EMERGENCIES. HOWEVER

EACH INCREASE, WEAKENS MY ABILITY TO FINANCIALLY STABLE

(share your story)



REFILL Yearly TIMES

PATIENT

SEIU LOCAL 1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9-10-18

Affordable healthcare is important to me because:

I HAVE A FAMILY OF 5 WHO ALL NEED AND SHOULD HAVE HEALTHCARE. ~~AND~~ THEY SHOULD NOT

HAVE TO CHOSE FROM BEING ABLE TO EAT AND GOING TO THE DOCTOR.

WHEN HEALTH CARE IS UNAFFORDABLE, THAT IS A CHOICE THAT YOU MAKE

US TO MAKE

(share your story)

REFILL Yearly TIMES

Concerned Employee

PATIENT

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/10/18

Affordable healthcare is
Affordable to me because: Prior to April 2018, I paid less than
important \$400/mo. for my own health insurance. In April 2018 I

added both my new wife + new born son to my health insurance
plan. I now pay \$676.91/mo. Between health insurance + child

Care, my wife + I are trying to decide if we can both afford
to continue to work. (share your story)

REFILL Yearly TIMES

MC EWILL

PATIENT

SEIU

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9-12-18

Affordable healthcare is important to me because: I want to stay ALIVE

(share your story)

REFILL Yearly TIMES

SHERILL MORRIS

PATIENT

1021 SEIU

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE

09/12/18

Affordable healthcare is
important to me because:

I have 4 active children and if I couldn't

afford to pay for healthcare for my family, I know what kind

of financial ruin an ER visit or hospital stay can cause.

I've seen it happen to other people, wouldn't want it to happen to more.
(share your story)

REFILL Yearly TIMES

Erick Lopez

PATIENT

SEIU 1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/12/2018

Affordable healthcare is important to me because:

I am a parent. My mother is a stage 4 cancer survivor. Affordable healthcare is important because you never know when your health can change.

(share your story)

Patrice J. Washington

REFILL Yearly TIMES

PATIENT

SEU 1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/12/18

Affordable healthcare is
important to me because:

Health care cost is too high, not affordable

(share your story)

REFILL Yearly TIMES

Schafer Lawrence PATIENT

1021 UNION



Rx

FOR Affordable Healthcare NOW!!

DATE 9/12/18

Affordable healthcare is Affordable to me because: I am a 60yo single mom important of a 20yo daughter, I have many health

issues and without affordable healthcare I will

not be able to continue medications and may

not be around for my daughter, who has mental health issues: she already attempted suicide.

REFILL Yearly Gesilyo most important.
IMES PATIENT

SEIU 1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/12/2018

Affordable healthcare is important to me because:

It means I can keep my children healthy without having to take away from them financially. Single parent HH, life is a daily struggle!!

(share your story)

REFILL Yearly TIMES

Sophia

PATIENT

SEIU 1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 08/15/19

Affordable healthcare is important to me because:

lower premiums coming out of my paycheck means more money to spend on my family and taking care of their needs.

(share your story)

REFILL Yearly TIMES

Kimberly Arnerich

PATIENT

1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/15/2018

Affordable healthcare is important to me because:

I will choose to utilize the health care services I need on a regular basis, and will feel better when I am at work.

(share your story)



REFILL Yearly TIMES

PATIENT

SEIU 1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE

8/15/18

Affordable healthcare is important to me because:

I'm getting ready to retire and will be on a fixed income! I can barely afford to have anything due to the high cost of living!

(share your story)

REFILL Yearly GIMES

Carolyn Cicotte

PATIENT

Local 512

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/15/2018

Affordable healthcare is important to me because:

Our healthcare was provided through my husband's union. He retired 5/1/2018 due to ongoing health problems. Effective 8/1/18 our health

coverage ended. I am grateful I was able to start

coverage here. Unfortunately, after 28 years, if I retire now my retirement is (share your story) approx \$4000/mo. After medical, it leaves approx \$1300.00 before taxes to

REFILL Yearly TIMES

Dee

PATIENT

1021

UNION

live on.

Rx

FOR Affordable Healthcare NOW!!

DATE

091018

Affordable healthcare is important to me because:

it is already too expensive to live in CA & any help is graciously appreciated. A fair healthcare wage

ensures I will have more money in my pocket monthly to provide for my family. A lower hc rate also ensures that I will be able to better afford

to pay for necessary prescriptions. No one should have to be worried

(share your story)

about not being able to afford to take care of their health:

Yearly merridith r.

REFILL 5 TIMES

PATIENT

SEIU Local 1021

UNION



Rx

FOR Affordable Healthcare NOW!!

DATE Sept 20 2018

Affordable healthcare is important to me because:

I could use the extra money to get my children in after school sports which I can't afford now.

(share your story)

REFILL Yearly 4 TIMES

J.T.

PATIENT

1621 SE 12

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9-11-2018

Affordable healthcare is
important to me because:

Because I would like to know
that when my family needs care that we
can afford our co-pay.

(share your story)

REFILL Yearly TIMES

A. Kurek

PATIENT

SEA 1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/10/18

Affordable healthcare is important to me because:

My son, Xavier, 14 is a special child with unique needs. Xavier, 14 is required to be seen 2x weekly from professional

(share your story)

REFILL Yearly TIMES

Kristina Cox

PATIENT

SEIU 1021

UNION



Rx

FOR Affordable Healthcare NOW!!

DATE

8/16/18

Affordable healthcare is important to me because:

I need to be healthy to care for my 3 young children who

Can often get sick/ have accidents. This job is

already taxing mentally and physically I should

not have to worry about being able to afford

(share your story)

Care that I need to continue working. I should not have to consider quitting to receive

Yearly benefits I provide for others!

REFILL YIMES

PATIENT

Heidi Lopez

UNION

Lo SELL 1021

RX

FOR Affordable Healthcare NOW!!

DATE 08/16/2018

healthcare is
Affordable to me because: I am getting older
important to me and preventive visits
are very important.

(share your story)

REFILL Yearly GIMES

Devin Ball PATIENT

2700 AFSCME UNION



Rx

FOR Affordable Healthcare NOW!!

DATE 8/16/18

Affordable healthcare is important to me because:

Having a family of 4 is difficult enough as is. Then adding on financial hardship makes it even more difficult. All the expenses that goes into making a family; mortgage utility bills, medical copays and perscription obsts all add up. Then to have more and more money taken away from our only income every month makes life even more limiting. I should not be living pay check to pay check as a county worker. I should not have to pay more than all of my utility bills combined just on health care that I sometimes don't even use.

We need Affordable Healthcare Now!
(share your story)

REFILL Yearly TIMES

Ashleigh Kitzhaber

PATIENT

SEIU 1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/17/18

healthcare is

because:

Affordable to me
important in order to keep working & living a

long life for myself & family. County health

insurance should be affordable to employees in Centra, Coster
As it is in surrounding counties. if not employees w/lt transfer
to those surrounding counties for better pay & health insurance
benefits.

(share your story)

REFILL Yearly JAMES

K. Miles

PATIENT

SE1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/16/18

Affordable healthcare is important to me because:

Health is wealth. In order to work and be healthy I need health care for me & my family, at a good rate. Accept this as my request for affordable healthcare now for us.

(share your story)

REFILL Yearly JAMES

M. CASON

PATIENT

SE1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 8/31/18

Affordable healthcare is
important to me because:
WE JUST NEED YOU GUYS (BOS)

YOU KNOW "OUR" STORY!

TO GET YOUR ACT TOGETHER AND GET US
THE HEALTHCARE THAT WE DESERVE !!
AND MIND YOU, "WE DESERVE MORE !!"

(share your story)

REFILL Yearly TIMES

A CONCERNED EMPLOYEE OF CCC PATIENT

SEIU LOCAL 1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9/16/2018

Affordable healthcare is important to me because:

It ensures that my children can be seen without having to worry about the high deductibles associated with my plan. I cannot afford the family plan with any of the sponsored plans and am forced to use the HDHP / HSA.

(share your story)

REFILL Yearly TIMES

Social Worker II

PATIENT

SEIU 1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE 9-10-18

Affordable healthcare is important to me because I live on a budget like everyone else, even with a decent full time job, I'm still coming up short every month to pay necessary bills!! If they going to increase the Healthcare cost, I don't think that I can afford it on a single income.

(share your story)

REFILL Yearly TIMES

Doris Dzwiat

PATIENT

11 yrs

1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE September 10, 2018

Affordable healthcare is important to me because:

my 2 options are both expensive, CCHP or Kaiser. ^{Also,} I went with Kaiser ^{mainly} due to my eye condition (Glaucoma). They are

a One Stop Shop which is a convenience. However, currently \$595 is being taken out of my paycheck monthly for myself plus 1 dependent. Due to this outrageous cost I live paycheck to paycheck. Twenty plus years with Contra Costa County and this is my story "Sad but True",

REFILL Yearly 4 TIMES
22 years

Frances Hughes

PATIENT

1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE SEPTEMBER 10, 2018

Affordable healthcare is important to me because: I LOVE WORKING FOR THIS COUNTRY & LOVE WHAT I

DO BUT I CANNOT AFFORD HEALTH CARE AT THE CURRENT RATE. SO MANY PEOPLE HAVE MOVED TO OTHER COUNTRIES FOR BETTER HEALTH CARE. I AM CONSIDERING THE SAME BUT WOULD PREFER TO (share your story) STAY IN COSTA RICA.

REFILL Yearly GIMES

PATIENT

SEIN 1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE _____

Affordable healthcare is important to me because:

I am the provider for my family & am responsible for their Health Care Needs.

(share your story)

REFILL Yearly TIMES

PATIENT _____

SEU 1021.

UNION _____

RX

FOR

Affordable Healthcare NOW!!

*Affordable healthcare
important to me*

DATE

8/31/18

I am mostly confused as to why affordable health care is such a difficult benefit to offer to the Contra Costa County employees? I also don't understand why Alameda Co has the same health care plans as us, specifically with Kaiser, yet we pay a higher premium. Is the negotiator of these contracts inept? I haven't heard why or how, so don't under the difference.

As it is well documented, many employees leave or do not come to Contra Costa County because the benefits are so expensive comparative to the wages and such a difference between CCC and similar in other counties. It makes it difficult to keep staff and to keep the morale up with the active employees. As a Supervisor, what am I to say to an employee who asks me why Contra Costa County doesn't value their employees? Sure each year the BOS gives out a certificate to Social Workers and says you appreciate us, yet your financial decisions that affect us personally indicate otherwise.

I've been a Social Worker for almost 18 years with Contra Costa County after a career change. I had worked for both Bechtel and Chevron in accounting for 25 years and felt more appreciated there. We were dealing with projects and sales to major vendors, but none of that was as stressful as the job of Social Worker. The stress level is enormous throughout Children and Family Services due to working with only about 60% of staff, not to mention the stress level of working with families in the first place. I say this to point out that health care is vital to this industry and it is so costly that adds extended stress on our own families. Nothing about the way this is being handled is encouraging to the staff. Our hope is to have well-seasoned Social Workers commit to this county, but it's not happening and most of the time the wages and cost of benefits are cited as the reason they are disgruntled.

If you don't have a heart for you employees and for what is best for the children and families of CCC, I don't expect you to understand this. Spend a week with a Social Worker and get the experience for yourself. Perhaps it will help your perspective to see how important the work is and how the discrepancies affect staffing.

REFILL Yearly TIMES

Toni Caridwen

PATIENT

1021

UNION



Rx

FOR Affordable Healthcare NOW!!

DATE 09-14-18

Affordable healthcare is important to me because:

I started with CCC- important CFS in 1997. My insurance was about

\$79 for a single & \$99 for a family. Now it

is over \$500 per month. We have lost staff

due to the high cost and better benefits at other ^{companies}

(share your story)

REFILL Yearly ^{GIMES}

Adrienne Brooks

PATIENT

1021

UNION

Rx

FOR Affordable Healthcare NOW!!

9/14/18

DATE

Affordable healthcare is important to me because:

Having a family of 5 and the high cost of living in the Bay Area it's essential that employees are able to ~~be~~ access affordable care.

Keep families ~~in~~ healthy should be our first concern. (share your story)

REFILL Yearly JAMES

Seiu 1021
69

PATIENT

UNION

Rx

FOR

Affordable Healthcare NOW!!

DATE

09/14/18

Affordable healthcare is important to me because:

Having 3 children that need medical care and I cannot afford to pay for their

Health care. The cost of health care keep increasing with

no help of paying for this cost. I am also in my late

40s needing health coverage for a better life. Something need to change.
(share your story)

REFILL Yearly TIMES

Okeke Nwadike

PATIENT

SEIU 1020

UNION

Rx

FOR

Affordable Healthcare NOW!!

DATE 9/10/18

healthcare is

because:

Affordable to me I'm a Single Parent In

important to me Contra Costa County. Do to the excessive

Health Care insurance I'm no longer able to

afford housing for my son and I. I lost my

housing and is now forced to stay with family and

(share your story)

friends. I work hard & its sad that I can't

afford housing for my son and I. Change needs

REFILL Yearly ^{TIMES}

Shiriko BROWN PATIENT

1021

UNION

Rx

FOR Affordable Healthcare NOW!!

DATE

9/10/18

DATE

healthcare is
Affordable to me because:
important to me

My husband and I cannot be on the same health insurance due to

our high premium. More than that we're pregnant, due in March and our current struggle is

figuring out ~~know~~ which plan we're adding it to. Either option is \$500+. This (share your story)

& we shouldn't have to compromise for our child's care.

REFILL Yearly GIMES

Jennifer Lapid
PATIENT

SEIM 1024

UNION

Rx

FOR

Affordable Healthcare NOW!!

DATE

9-10-18

Affordable healthcare is important to me because:

My husband is disabled and I have pre-existing conditions. I need affordable health care. I can't keep paying higher premiums!

(share your story)

REFILL

Yearly

TIMES

Marjorie Neal

PATIENT

SEIU-1021

UNION

Rx

FOR

Affordable Healthcare NOW!!

DATE 9/10/18

healthcare is

because:

Affordable to me
important to me
it is becoming harder and harder to make ends meet. Last

recently I went to the doctor and had to pay \$41.00 for a prescription. The medication only last for 5 days. Unfortunately for me the symptoms are still here and having to refill the prescription is not an option for me because I can't afford it. The increase in housing cost, transportation cost and food have forced me to make decisions such as do I want to drive or spend six hours a day commuting. When grocery shopping I'm only looking for sale items because I can't afford regular pricing.

My health is critical to my survival and if I can't afford the health care cost I'm fighting a losing battle. I work hard for what we serve all I'm asking is that (share your story) Healthcare be made affordable for those who so passionately care for others.

REFILL Yearly DATES

F. Herald

PATIENT

SEIU Local 1021

UNION



Rx

FOR Affordable Healthcare NOW!!

DATE 8-15-18

Affordable healthcare is because: The obvious that CA, some of the most expensive areas to live Bangs us to important to me

Than paying for the care. I have an adult son with a medical disability who I support besides myself. We

love pay check to pay check with paying high medical. Healthcare is down (share your story) Priority.

REFILL Yearly TIMES

Just Mills

PATIENT

1021

UNION