

# MEET OUR INTERNS

**Jose Jimenez – UC Berkeley School of Public Health**  
**Contra Costa Regional Medical Center**

I am working on the Digital Disparities project, which aims to address the difference in mycmlink enrollment between Spanish- and English-speaking patients through an internet usage survey, which will provide us with information about how to resolve this disparity present in our patient population.

**Tianna Morgan – University of Michigan**  
**Contra Costa Regional Medical Center**

I conducted a series of stakeholder interviews to understand CCHS' current patient outreach efforts, providing analysis and results on how to better address patient needs. I also assisted in the development of a strategic framework for the Safety and Performance Improvement Department at CCRMC.

**Jacqueline Salguera – De Anza High School**  
**Contra Costa Behavioral Health Services**

Working in the Alcohol & Other Drugs Services program, I learned about the prevention and treatment services that are provided throughout the county. I also designed a new infographic for the program based on new research on best practices, data trends and service delivery strategies to address opioid abuse.

**Kylee Smith – CSU Sacramento**  
**Contra Costa Public Health**

I worked at Public Health administration's front desk and assisted callers with finding the services they needed. I also assisted the Communicable Disease and HIV/STD programs with clerical work.

**Irina Titova – UC Berkeley, Master of Public Policy & Master of Public Health, 2019 Candidate**  
**Contra Costa Public Health**

I worked with the Health Emergency Response Unit and helped to draft the county's new Excessive Heat Response Plan.

**Evan Villacorta – Berkeley City College**  
**Health, Housing and Homeless Services**

I assisted evaluation and outreach staff with planning and evaluating service delivery focused on reducing psych-emergency visits, improving homeless outreach efforts to provide access to temporary and/or long-term shelter and mobile case management, and promoting awareness of CORE Team services to assist homeless populations with basic health and wellness needs.

**Interested in an internship with  
Contra Costa Health Services?**  
[ccheath.org/jobs](http://ccheath.org/jobs)



## Summer Interns



# 2018



# ABOUT OUR SUMMMER INTERNSHIPS

Talented young people who are interested in careers in health join us every summer at Health Services, to share their ideas, skills and enthusiasm with our patients and the community through internships.

Our interns contributed meaningfully to several important projects this summer, and their work is helping to improve the health of all Contra Costa residents.

Please join us in thanking our 2018 summer interns for their service, and congratulate them. Bright futures lie ahead!

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**Adilene Alvarado – Saint Mary's College of California  
North Richmond Center for Health & West County Health Center**

As Health Career Connection intern I worked alongside a family medicine doctor. I conducted my own research on best practices for health career pipeline programs, shadowed health care professionals and worked with students from Richmond who participated in the Public Health Solutions program.

**Adianez Ampil – UC Santa Cruz  
Contra Costa Regional Medical Center**

I assist with the Perinatal Department's Baby Friendly PRIME project, which promotes and encourages exclusive breastfeeding for six months postpartum. I am surveying postpartum mothers about their breastfeeding experience and creating a page of breastfeeding resources for the CCHS website.

**Ricardo Arreguin – De Anza High School  
Contra Costa Regional Medical Center**

I shadowed various health care providers to gain understanding and deeper insights about hospital administration, quality improvement and patient satisfaction assessment planning efforts.

**Gabriella Bonilla – UC Berkeley, Masters in Public Health (MPH) Graduate**

**Contra Costa Regional Medical Center & Health Centers**

I worked in the Safety and Performance Improvement to help improve the delivery of health care services for foster youth.

**Jonathan Bonilla-Rios – Cal State East Bay, BS Health Sciences  
Contra Costa Regional Medical Center**

I worked with a hospital team on a project to improve hospital turnover, ultimately improving the waiting times in our emergency department so that residents of Contra Costa can wait less to be seen by a provider or admitted into the hospital.

**Brianna Bourne – Undergraduate at Williams College  
(Massachusetts)**

**CCHS Office of the Director**

I focused on streamlining the onboarding process for CCHS interns and volunteers by researching and evaluating it, through surveys and interviews. A faster and more cohesive onboarding process would reduce significant barriers that stall many interns from spending time learning and working in the office.

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**Gabrielle Carvalho – De Anza High School  
Pablo Servin – Sacramento State University  
Contra Costa Regional Medical Center, Health Leads Program**

We assisted with resource categorization and in developing new strategies to address essential non-medical needs that impact the health of West County Health Center patients. We developed a project to increase the accessibility and organization of the Health Leads website to expand the program's reach and ease follow-up with patients.

**Bethany Chouinard – Pinole Valley High School  
CCHS Office of the Director**

I assisted on a variety of tasks to learn how CCHS policies and protocols are developed and adopted for the county and the region. I deepened my understanding of the organizational structure, key executive staff, and community partnerships essential to providing quality healthcare and protecting the health of the most vulnerable populations.

**Melissa Hermerding – UC Berkeley (recent MPH graduate)  
Contra Costa Public Health**

I am working with Epidemiology, Programming and Evaluation on a strategic plan/blueprint to address the opioid crisis in Contra Costa County.

**Brandnisha House – Richmond High School  
Kaylynn Parker – De Anza High School graduate (Class of '18)  
Sally Pham – De Anza High School**

**Contra Costa Public Health Women, Infants, and Children (WIC) program**  
We helped with implementation of a food assistance program, planned events for women and their children, and learned basic public health skills to add to our resumes and skill sets.

**Michaella Jabla – San Francisco State University  
Public Health Solutions**

I assisted with planning PHS intern activities, including the creation and delivery of identity and mindfulness workshops. I also gained hands-on experience implementing the PHS program and cultivating educational partnerships to strengthen health career pathways.

**Gopika Jalan – UC Berkeley  
Contra Costa Regional Medical Center**

I worked on projects within Detention Health Services for the Safety and Performance Improvement Department, including the Quality Improvement Plan, and I analyzed existing project management.

