## The Board of Supervisors of Contra Costa County, California

In the matter of recognizing the Month of October as "Sudden Cardiac Arrest Awareness Month"

Resolution No. 2017/366

WHEREAS, approximately 400,000 out-of-hospital cardiac arrests occur each year in the United States; and

WHEREAS, the national survival rate of those treated by emergency medical services from cardiac arrest is 10.6%; and

WHEREAS, of those bystander witnessed cases in which individuals had a heart rhythm that could be treated effectively with a defibrillator 31.4% survived; and

WHEREAS, sudden cardiac arrest can happen to any person regardless of age, education, race or socio-economic background; and

WHEREAS, individuals and families can take simple steps to avoid the tragedy of unnecessary loss of life; and

WHEREAS, awareness of the symptoms of sudden cardiac arrest - A victim has collapsed and cannot be awakened; and

WHEREAS, knowing what actions to take - Call 9-1-1 and Push Hard and Fast in the middle of the chest - Hands Only CPR (cardiopulmonary resuscitation); and

WHEREAS, applying an AED (automated external defibrillator) if one is available; and

WHEREAS, taking these actions can double the chances of survival; and

WHEREAS, Contra Costa County communities are working to make their community a HeartSafe Community.

NOW, THEREFORE, BE IT RESOLVED that the Board of Supervisors of Contra Costa County does hereby recognize October, 2017 as "Sudden Cardiac Arrest Awareness Month", and that increasing awareness will save lives. As the number of citizens who know the signs of cardiac arrest, who know to call 9-1-1 and who do CPR and apply an AED increases, so will survival. The Board does hereby encourage communities to observe this month with appropriate programs, ceremonies, and activities.

PASSED by a unanimous vote of the Board of Supervisors members present this 17th day of October, 2017.

FEDERAL D. GLOVER

Chair,

District V Supervisor

JOHN GIOIA

District I Supervisor

CANDACE ANDERSEN District II Supervisor

**DIANE BURGIS** 

District III Supervisor

KAREN MITCHOFF

District IV Supervisor



I hereby certify that this is a true and correct copy of an action taken and entered on the minutes of the Board of Supervisors on the date shown:

ATTESTED: October 17, 2017

DAVID TWA, Clerk of the Board of Supervisors and County Administrator

By Stephanis Wello, Deputy