

The Board of Supervisors of Contra Costa County, California

In the matter of Recognizing the month of October as Sudden
Cardiac Arrest Awareness Month in Contra Costa County

Resolution No. 2015/372

WHEREAS, approximately 400,000 out-of-hospital cardiac arrests occur each year in the United States; and

WHEREAS, the national survival rate of those treated by emergency medical services from cardiac arrest is 10.6 percent; and

WHEREAS, of those bystander witnessed cases in which individuals had a heart rhythm that could be treated effectively with a defibrillator 31.4 percent survived; and

WHEREAS, sudden cardiac arrest can happen to any person regardless of age, education, race or socio-economic background; and

WHEREAS, individuals and families can take simple steps to avoid the tragedy of the unnecessary loss of life; and

WHEREAS, awareness of the symptoms of sudden cardiac arrest – A victim has collapsed and cannot be awakened; and

WHEREAS, knowing what actions to take – Call 9-1-1 and Push Hard and Fast in the middle of the chest – Hands Only CPR (cardiopulmonary resuscitation); and

WHEREAS, applying an AED (automated external defibrillator) if one is available; and

WHEREAS, taking these actions can double the chances of survival; and

WHEREAS, Contra Costa County communities are working to make their community a HeartSafe Community.

NOW, THEREFORE, BE IT RESOLVED that the Board of Supervisors of Contra Costa County does hereby recognize the month of October 2015 as Sudden Cardiac Arrest Awareness Month in Contra Costa County, recognizing that increasing awareness will save lives; as the number of citizens who know the signs of cardiac arrest, who know to call 9-1-1 and who do CPR and apply an AED increases, so will survival; and **Be It Further Resolved** that the Contra Costa County Board of Supervisors encourage communities to observe this month with appropriate programs, ceremonies, and activities.

PASSED by a unanimous vote of the Board of Supervisors members present this 6th day of October 2015.


JOHN GIOIA

Chair,
District I Supervisor


CANDACE ANDERSEN

District II Supervisor


MARY N. PIEPHO

District III Supervisor


KAREN MITCHOFF

District IV Supervisor


FEDERAL D. GLOVER

District V Supervisor



I hereby certify that this is a true and correct copy of an action taken and entered on the minutes of the Board of Supervisors on the date shown:

ATTESTED: October 6, 2015

DAVID TWA, Clerk of the Board of Supervisors and County Administrator

By Chris Hock, Deputy