The Board of Supervisors of Contra Costa County, California

In the matter of recognizing September, 2015 and "Suicide Prevention Awareness Month" in Contra Costa County

Resolution No. 2015/362

WHEREAS, the Contra Costa County Board of Supervisors recognizes September, 2015 as "Suicide Prevention Awareness Month", shedding light on those suffering with depression or other mental behavioral health issues; and

WHEREAS, suicide is a human tragedy that transcends socioeconomic status, age, gender and ethnicity; and

WHEREAS, suicide is the tenth leading cause of all deaths in the United States and the third leading cause of death among individuals between the ages of 15 and 24 and takes the lives of nearly 30,000 Americans every year; and

WHEREAS, suicide has an everlasting impact on the survivors who are left to process the loss of their loved ones and who are at the increased risk of suicide themselves; and

WHEREAS, suicide prevention efforts should be developed and encouraged to the maximum extent possible; and

WHEREAS, suicide is preventable through increased knowledge about warning signs, timely intervention, and by limited access to lethal means for those at risk; and

WHEREAS, Contra Costa County calls to action the Health Services Department, Public Officials, Private Health Providers and Hospitals, Community-Based Organizations, Faith-Based Organizations, and individuals within our communities to educate and take action to address this devastating public health issue; and

WHEREAS, in September, 2013, the Contra Costa County Board of Supervisors adopted a Suicide Prevention Strategic plan providing a roadmap for communities to reduce suicide through education, increasing awareness of knowing the warning signs, and implementing trainings to equip people with tools needed to help others who consider suicide.

NOW, THEREFORE, BE IT RESOLVED that the Board of Supervisors of Contra Costa County does hereby recognize September, 2015 as "Suicide Prevention Awareness Month" and encourages citizens to join in this important observance.

PASSED by a unanimous vote of the Board of Supervisors members present this 22nd day of September, 2015.

JOHN GIOIA

Chair,

District I Supervisor

CANDACE ANDERSEN

District II Supervisor

KAREN MITCHOFF

District IV Supervisor

MARY N. PIEPHO District III Supervisor

FEDERAL D. GLOVER

District V Supervisor

I hereby certify that this is a true and correct copy of an action taken and entered on the minutes of the Board of Supervisors on the date shown:

ATTESTED: September 22, 2015

DAVID TWA, Clerk of the Board of Supervisors and County Administrator

By Stephanis & Wells, Deputy

COUNTY