



Pancake Breakfast and Resource Fair

to benefit Meals on Wheels and Senior Outreach Services'



Sunday, September 13

8:30 a.m. — 10:30 a.m.

Pancake Breakfast tickets are

Ages 11 and up: \$5 — Children 4-10: \$3 — Children Under 4: Free

<https://secure.donationpay.org/mowsos/pancake2015.php>

The Pleasant Hill Senior Center

233 Gregory Lane, Pleasant Hill

Call 925-954-8736 for tickets or purchase at door

Our Fall Prevention Program is made possible in part through the generous support of John Muir Health and the Area Agency on Aging.

Thank you to the Pleasant Hill Senior Center for their valuable partnership for this event.



Meals on Wheels and Senior Outreach Services

1300 Civic Drive, Walnut Creek, CA 94596

925-937-8311

www.mowsos.org

Thank you to our Platinum Pancake Presenting Sponsors



Thank you to our Golden Griddle Sponsors

24HR HomeCare

Addus HomeCare

Brookdale Senior Living

California Telephone Access

Chateau Pleasant Hill

Eldercare Services

From the Heart Home Care

Goodwin Chiropractic

Home Safety Services

Indeelift

Kindred Healthcare

LiveHOME

Tender Heart Home Care

Visiting Angels

