

Contra Costa County Board of Supervisors 2023 Annual Retreat

Anna Roth, CEO
Contra Costa Health
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CONTRA COSTA
HEALTH



2023 will be a year of sweeping change in health care

Reforms in both payment and care delivery models will transform almost every aspect of our system

Our uniquely integrated system is well positioned to navigate the challenges ahead



2023 PRIORITY AREAS OF FOCUS

- COVID Transition
- California Advancing and Innovating Medi-Cal (CalAIM)
- Single Plan Model (Medi-Cal)
- Health Delivery System
- Housing/Homelessness
- Equity

COVID TRANSITION

Embed COVID response into
day-to-day operations of
Contra Costa Health

COVID TRANSITION

Opportunities	Challenges
<ul style="list-style-type: none">• Integrate lessons learned and transition plan into daily operations• Laser focus on equity• Partner with all health systems to ensure ongoing access	<ul style="list-style-type: none">• Continued unpredictability - new variants, surges in disease• Maintain infrastructure and needed response as funding decreases



California Advancing and Innovating Medi-Cal (CaAIM)

The transformation of our health system to be more responsive, equitable and outcome focused by matching the right patients to the right services at the right time

Opportunities

- Expands Medi-Cal scope of services
- Addresses and integrates social needs, behavioral health and physical health
- Focused on those with the most complex needs
 - People with Medicare/Medi-Cal
 - Justice-involved
 - Behavioral health
 - Foster youth
 - Medically complex
 - Elders/long-term care
 - Unhoused

Challenges

- Requires significant transformation
 - Managed care
 - Delivery system
 - Care coordination
 - Payment structures
- Involves entire health system as well as social services
- Workforce
- Transferring financial risk to local plan
- IT infrastructure



**CCHP-
Single Plan
Model for
Medi-Cal
Managed Care**

Contra Costa County will transition from a Medi-Cal two plan model to a single plan model working with those most vulnerable in the community

SINGLE PLAN MODEL

Opportunities

- Only County that owns and operates a Local Initiative Medi-Cal Health Plan
- CCHP will be the county's primary/single Medi-Cal provider as of January 2024
- Expansion of members and services –approx. 240 K and anticipated growth in 2024
- Managed care for all Medi-Cal members
- Behavioral Health has always been a single plan model

Challenges

- Highly regulated, rigid operational environment
- Expansion requires broader network and stronger infrastructure
 - Providers including long term care
 - Auxiliary workforce expansion
 - Recruitment & retention
 - Population health management and accountability



DELIVERY SYSTEM

Provide high quality, equitable, accessible, comprehensive and timely health care

DELIVERY SYSTEM

Opportunities	Challenges
<ul style="list-style-type: none">• Integration of behavioral health and physical health care• Telehealth expansion• Capital projects – CCRMC and BH and Housing and Detention• Expansion of providers – CBOs, other health systems, social services• Continuum - prevention, outpatient/inpatient, re-entry into the community	<ul style="list-style-type: none">• Workforce• Transforming infrastructure• Ensuring sustainability• Because of highly integrated and contracted nature of our system, difficult to understand county involvement (accountable for all care provided)

HOUSING AND HOMELESS SERVICES

Work across the region to ensure our growing homeless populations have the services, support and opportunities needed to thrive and secure stable housing

Homeless Services

Opportunities	Challenges
<ul style="list-style-type: none">• Convene government partners across the region to align strategies, policies and funding• Multi-sector call to action• Increased revenue• Services – CARE Court, CORE, street medicine and clinics	<ul style="list-style-type: none">• Disproportionate growth in the East Bay• Disconnected funding and planning• Complex network, funding & policies• Affordability



EQUITY

Without equity, there can be no sustainable health

Embed equity in everything we do, every program we launch & every interaction we have with our community and partners

Opportunities	Challenges
<ul style="list-style-type: none">• Support the Office for Racial Equity and Social Justice• A3• PRIDE initiative• Women's health• Historical discrimination of groups and now focus	<ul style="list-style-type: none">• Massive, complex & broad• Lack of common nomenclature• Nascent infrastructure• No agreed upon metrics



CONTRA COSTA
HEALTH



- Central themes across our 2023 priorities
 - Equity
 - Quality
 - Integration
- We will advance equity, improve health outcomes and enhance quality of life

Discussion

- Anna Roth, Contra Costa Health CEO
- Lavonna Martin, Deputy Health Director
- Sharron Mackey, CCHP CEO
- Suzanne Tavano, Behavioral Health Director
- Samir Shah, CCRMC CEO