

Application Form

Profile

Erin _____ E _____ Cabezas _____
First Name Middle Initial Last Name

Home Address _____ Suite or Apt _____
 Concord _____ CA _____ 94521 _____
City State Postal Code

Home: _____
Primary Phone

Email Address

[District Locator Tool](#)

Resident of Supervisorial District:

District 4

Pittsburg Unified School District _____ Behavior Specialist, LCSW _____
Employer Job Title

Length of Employment

7 years

Do you work in Contra Costa County?

Yes No

If Yes, in which District do you work?

District 5

How long have you lived or worked in Contra Costa County?

7 years

Are you a veteran of the U.S. Armed Forces?

Yes No

Board and Interest

Which Boards would you like to apply for?

Family & Children's Trust Committee: Submitted

Erin E Cabezas

Seat Name

Discipline seats in Education/School Representative or Mental Health, or Community Representative seat

Have you ever attended a meeting of the advisory board for which you are applying?

Yes No

If Yes, how many meetings have you attended?

Education

Select the option that applies to your high school education *

CA High School Proficiency Certificate

College/ University A

Name of College Attended

De Anza College

Degree Type / Course of Study / Major

AA / Psychology

Degree Awarded?

Yes No

College/ University B

Name of College Attended

UC Santa Cruz

Degree Type / Course of Study / Major

BA / Psychology Intensive

Degree Awarded?

Yes No

College/ University C

Name of College Attended

San Jose State Universtiy

Degree Type / Course of Study / Major

Master in Social Work

Degree Awarded?

Yes No

Other Trainings & Occupational Licenses

Other Training A

Administrative Services Credential

Certificate Awarded for Training?

Yes No

Other Training B

Pupil Personnel Services Credential in School Social Work and Child Welfare and Attendance

Certificate Awarded for Training?

Yes No

Occupational Licenses Completed:

Licensed Clinical Social Worker, CA BBS, Pupil Personnel Services Credential, School Social Work, Pupil Personnel Services Credential, School Child Welfare and Attendance, Administrative Services Credential,

Qualifications and Volunteer Experience

Please explain why you would like to serve on this particular board, committee, or commission.

I am interested in serving on the board of the Family and Children's Trust Committee to support the very important role of providing guidance on how funds are used to prevent and address child abuse and neglect. I am a Licensed Clinical Social Worker and have operated as a Behavior Specialist in Pittsburg Unified School District for the past 7 years. Collectively I have worked for the past 14 years in public school systems and worked for 3 years in a group home for teenage foster youth. I interact with and support children and families every single day who are experiencing struggles including child abuse and neglect. I am also a mother to a 4 and 6 year old and as a mother my understanding of how child abuse and neglect can manifest has increased ten-fold. Parenting is challenging. Parenting coupled with food insecurity, housing insecurity, COVID, substance use, domestic violence, disability, mental health challenges and other struggles at times can feel insurmountable and isolating. Much of the work I see that is done with families and children experiencing child abuse and neglect is reactive when there is imminent danger. Much more preventative work is needed with children, families, and communities as a whole. I would like to use my experience and expertise to support the Family and Children's Trust committee in improving systemic changes to increase wellness, safety, equity, and justice in our communities.

Describe your qualifications for this appointment. (NOTE: you may also include a copy of your resume with this application)

I have worked with children, youth, and families impacted by child abuse and neglect for the past 16 years collectively. I was a counselor and medical liaison in a level 12 group home for teenage foster youth. In this role I learned intimately many of the intricacies of the child welfare system and saw first hand the impact that child abuse, neglect, and our systems to address these challenges impact children, youth and families. I have spent the past 14 years in public school systems throughout the bay area serving children, youth and families impacted and experiencing child abuse and neglect. I am a Licensed Clinical Social Worker with specialized training in working with children, youth, and families, and in operating with the lens that people function in response to their environment. Prior to graduate school, I completed a 40 hour training on domestic violence and sexual assault to become a certified peer counselor. During graduate school, I participated in a voluntary intensive Institute of Collaborative Response for Victims of Family Violence.

[Upload a Resume](#)

Would you like to be considered for appointment to other advisory bodies for which you may be qualified?

Yes No

Do you have any obligations that might affect your attendance at scheduled meetings?

Yes No

If Yes, please explain:

Are you currently or have you ever been appointed to a Contra Costa County advisory board?

Yes No

If Yes, please list the Contra Costa County advisory board(s) on which you are currently serving:

n/a

If Yes, please also list the Contra Costa County advisory board(s) on which you have previously served:

n/a

List any volunteer or community experience, including any advisory boards on which you have served.

Member of Equity Working Group, Children and Youth Behavioral Health Initiative, Current Institute of Collaborative Response for Victims of Family Violence Certificate, San Jose State University, 2011 - 2012
Children's Issue Committee, Santa Clara County Domestic Violence Council, Participant, 2011- 2012
State Certified Peer Counselor, Domestic Violence and Sexual Assault, Women's Crisis Support, 2008

Conflict of Interest and Certification

Do you have a familial or financial relationship with a member of the Board of Supervisors?
(Please refer to the relationships listed under the "Important Information" section below or
Resolution No. 2021/234)

Yes No

If Yes, please identify the nature of the relationship:

n/a

Do you have any financial relationships with the County such as grants, contracts, or other
economic relationships?

Yes No

If Yes, please identify the nature of the relationship:

n/a

Please Agree with the Following Statement

I CERTIFY that the statements made by me in this application are true, complete, and correct
to the best of my knowledge and belief, and are made in good faith. I acknowledge and
undersand that all information in this application is publicly accessible. I understand that
misstatements and/or omissions of material fact may cause forfeiture of my rights to serve
on a board, committee, or commission in Contra Costa County.

I Agree

Important Information

1. This application and any attachments you provide to it is a public document and is subject to the California Public Records Act (CA Government Code §6250-6270).
2. All members of appointed bodies are required to take the advisory body training provided by Contra Costa County.
3. Members of certain boards, commissions, and committees may be required to: (1) file a Statement of Economic Interest Form also known as a Form 700, and (2) complete the State Ethics Training Course as required by AB 1234.
4. Meetings may be held in various locations and some locations may not be accessible by public transportation.
5. Meeting dates and times are subject to change and may occur up to two (2) days per month.
6. Some boards, committees, or commissions may assign members to subcommittees or work groups which may require an additional commitment of time.
7. As indicated in Board Resolution 2021/234, a person will not be eligible for appointment if he/she is related to a Board of Supervisors' member in any of the following relationships:
 - (1) Mother, father, son, and daughter;
 - (2) Brother, sister, grandmother, grandfather, grandson, and granddaughter;
 - (3) Husband, wife, father-in-law, mother-in-law, son-in-law, daughter-in-law, stepson, and stepdaughter;
 - (4) Registered domestic partner, pursuant to California Family Code section 297;
 - (5) The relatives, as defined in 1 and 2 above, for a registered domestic partner;
 - (6) Any person with whom a Board Member shares a financial interest as defined in the Political Reform Act (Gov't Code §87103, Financial Interest), such as a business partner or business associate.

Erin Cabezas, LCSW, PPSC

- Licensed Clinical Social Worker, Behavior Specialist, and educational leader
- Expert in responding to child abuse and neglect and with implementing supports to prevent child abuse
- 14 years of experience working in K-12 public education
- Equity centered, relationship builder, community organizer, leader, advocate, and an abolitionist

Professional Experience

Pittsburg Unified School District

August 2016 – Present

Pittsburg, CA

Behavior Specialist; Educational Services

- Conduct data analysis into trends of truancy and lack of engagement for students during distance learning. Facilitate Community of Practice that explores school-wide data, increases outreach to families, identifies and addresses equity barriers, and improves engagement and attendance.
- Provide district-wide support for students with behavioral and social-emotional needs including conducting observations, writing behavior plans, conducting Functional Behavior Assessments, and training staff and families on how to best support individual students' and families' needs.
- Responsible for providing crisis intervention and assessments to students and staff across the district as well as supporting staff and families to get connected and linked to outside providers.
- Collaborate and participate with school teams, special education teams, families, and community partners in IEPs, SSTs, 504s, COST meetings, and Child Family Team meetings with CPS.
- Develop and conduct training for staff and parents on culturally-informed practices, child welfare, child abuse identification and prevention, behavior management, grief, distance learning, trauma-informed practices, relationship building, student engagement, self-care, suicide prevention, bullying, lgbtqia+, equitable and inclusive schools, and mental health.
- Create and implement a district-wide crisis response manual in order to provide systemic and universal steps and guidance to all school personnel in instances of child welfare, suicide assessment, homicide assessment, and self-harm.
- Partner with Student Behavioral Health Incentive Program to increase access to mental and behavioral health supports in schools, identify barriers to accessing services, respond to inequities in services, and present guidance for monies available to expand services.
- Supervise social work and counseling students during their internship years as they gain experience learning about child welfare and attendance issues, identifying and responding to child abuse and neglect, learning laws related to public schools, exploring California Ed Code, and providing individual and group mental health services.

East Side Union High School District

August 2014 – June, 2016

San Jose, CA

School Social Worker; Piedmont Hills High School

- Ran and managed the Student Support Center serving the entire school population of 2200 students and their families, connecting with therapeutic and community-based services.
- Responsible for triaging referrals, crisis management, individual and group counseling and case management, coordinated community-based agencies, and supervised Social Work interns.
- 504 Coordinator who created annual plans, monitored progress, and facilitated meetings.
- Developed and ran the first official SST program, including documentation, assessment, and treatment team meetings to improve the success of high needs students.

Counseling and Support Services for Youth

August, 2013 – June, 2014

Milpitas, CA

School Based Therapist; Milpitas High School

- Provided individual counseling and case management to high school youth.
- Utilized systems theory to evaluate various factors influencing student success and functioning.
- Consulted and collaborated with school administration, faculty, parents, and community resources for Individualized Education Plans (IEPs), treatment plan development, and referral.
- Conducted safety assessments and crisis intervention for at-risk students, and supported

Erin Cabezas, LCSW, PPSC

school-wide support following student suicide.

Mount Diablo Unified High School District October, 2012 – June, 2013 Concord, CA
Behavioral Health Specialist I; Alliance Mental Health Collaborative High School

- Provided individual counseling and case management to youth with IEPs and emotional needs.
- Implemented behavioral support and interventions in classroom and milieu settings.
- Consulted and collaborated with school administration, parents, and community resources for IEPs, treatment plan development, linkage, and referral.
- Conducted assessments, planned and implemented behavioral support plans, developed behavioral and counseling goals for IEPs, completed Medi-Cal billing.

San Jose State University September, 2010 - May, 2012 San Jose, CA
Member of Institute of Collaborative Response for Victims of Family Violence

- Engaged in this extra-curricular program in which students receive specialized training in family violence, scope and effects of family violence, services and systems involved in responding to family violence, with an emphasis on interdisciplinary collaboration.
- Collaborated with Santa Clara County DFCS, East Side Union High School District, SJSU, and Children's Issue Committee on a research topic and interventions.
- Completed 16 hours of specialized training, interdisciplinary discussion groups, workshops on family violence and collaboration, and completed a capstone project on the effects and benefits of collaboration with regard to family violence.

Haven of Hope Group Home October, 2008 – January, 2012 Watsonville, CA
Medical Liaison and Group Home Counselor

- Served as milieu Counselor in RCL 12 group home for 6 female teenage foster youth who were in care due to child abuse and neglect.
- Organized and oversaw residents' medical needs, appointments, medications, licensing documents and overall health maintenance.
- Responsible for maintaining safety, conflict resolution, crisis intervention, transporting girls to daily appointments, helping with school work, and ensuring daily needs were met while providing therapeutic and trauma-informed interventions.
- Supported residents with issues surrounding reunification with their families of origins such as their emotions following court, visitation, and holidays, long term placement, self-esteem, goal setting, communication and relationships, gang involvement, anger management, and leadership.

Education

Preliminary Administrative Services Credential, California State University East Bay May, 2021
Master of Social Work, PPSC, San Jose State University May, 2012
Bachelor of Arts in Intensive Psychology, University of California Santa Cruz June, 2008

Credentials and Activities

Member of Equity Working Group, Children and Youth Behavioral Health Initiative
Preliminary Administrative Services Credential, CTC, Issued May, 2021
Licensed Clinical Social Worker, Board of Behavioral Sciences, License #73764, Exp. 2024
Pupil Personnel Services Credential, School Social Work, Child Welfare and Attendance, Exp. 2027
Institute of Collaborative Response for Victims of Family Violence Certificate, 2011 - 2012
Children's Issue Committee, Santa Clara County Domestic Violence Council, Participant, 2011- 2012
State Certified Peer Counselor, Domestic Violence and Sexual Assault, Women's Crisis Support, 2008