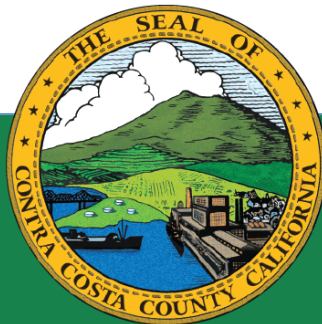


Contra Costa County Comprehensive Prevention Plan (CPP)

August 8, 2023



Family First Prevention Services Act (FFPSA)

- Signed into law - 2018
- Part I – Vision
- Part II – Service Provision



FFPSA Vision and Goals

Prevention-based services & supports

- Fewer in foster care and juvenile probation
- More children & youth who can remain safely at home with families
- Address disproportionate number of families of color in child welfare and juvenile justice systems



CPP Charter Statement

Purpose: To create and oversee a countywide prevention plan which impacts the social determinants of health for our children, families, and community.

Vision: All children and families in Contra Costa County are supported by services and systems that are accessible, have an equitable approach, include culturally and linguistically responsive services, and celebrate all aspects of diversity.

Mission: To create and oversee a seamless cross-sector network that shares collective responsibility for increasing protective factors and positively impacting the quality of the social determinants of health.

CPP Development & Funding

- Children and Family Services (CFS), Probation, Behavioral Health Services
- Cross-sector collaboration
- Community members experienced with public child welfare, probation, and/or mental health services
- FFPSA-specific funding
 - Time-limited
 - Start small to ensure success & sustainability



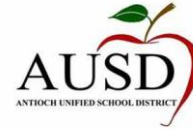
CPP Planning Team Partners



EMPLOYMENT & HUMAN SERVICES
Building Brighter Futures Together



CHILD ABUSE PREVENTION COUNCIL of CONTRA COSTA COUNTY



CONTRA COSTA COUNTY
Office of Education
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CRISIS CENTER



Contra Costa
Youth Service Bureau



Regional Center of the East Bay



Antioch Community Foundation



Catholic Charities
East Bay



FAMILY JUSTICE CENTER
SAFETY | HEALING | COMMUNITY



Pacific Clinics



Wayfinder
FAMILY SERVICES



FFPSA Service Provision

- FFPSA Comprehensive Prevention Plan (CPP) focus
 - Mental health
 - Substance use prevention & treatment
 - Parenting skills
- Prevention services and supports delivered at primary, secondary, and tertiary levels

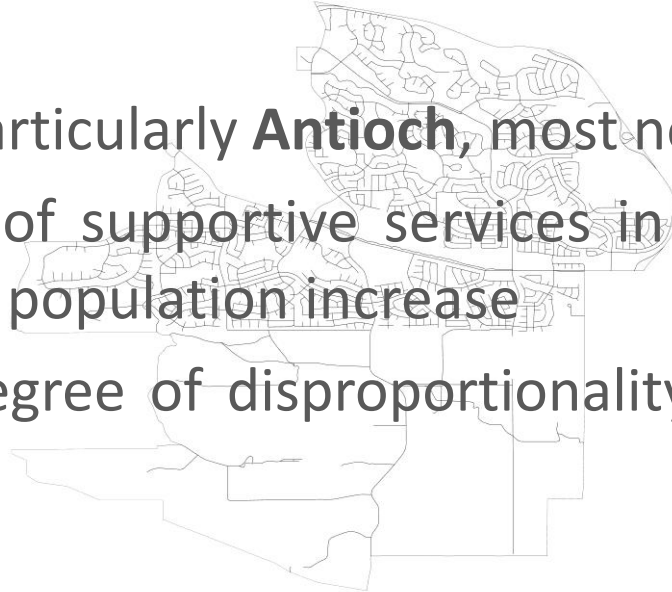


Milestones

- May 2022 – First convened
- August 2022 – Decided focus of initial prevention efforts; analysis of **22** city & county needs assessments
- November 2022 – Community Café involving youth and young adults with lived experiences
- July 2023 – CDSS approved CPP

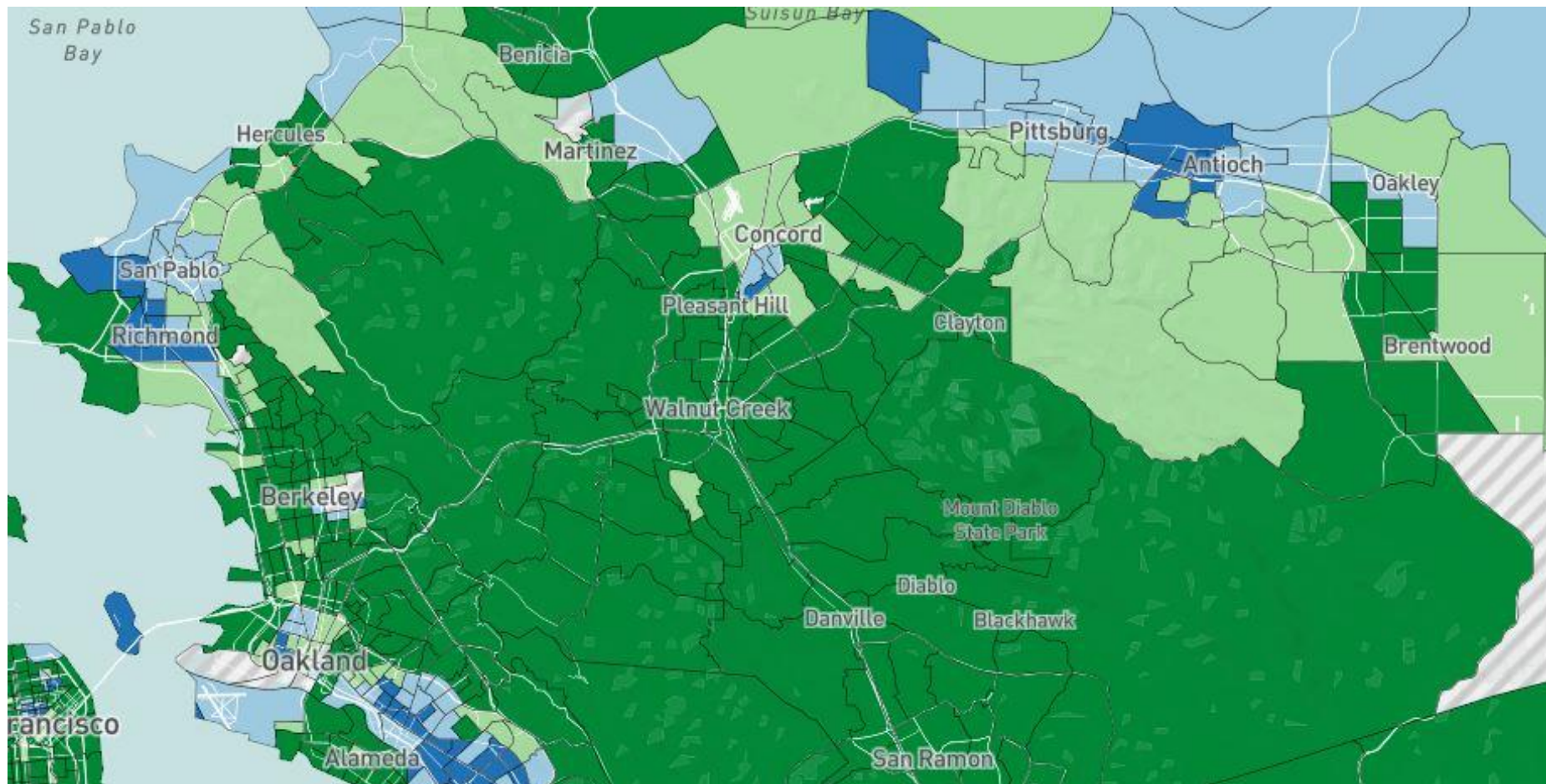
Needs Assessments Summary

- East County, particularly **Antioch**, most notable
- Establishment of supportive services in Antioch has not kept pace with population increase
- The highest degree of disproportionality currently exists in Antioch



37°57'31"N 121°46'53"W

ANTIOCH
CALIFORNIA



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CFS and Probation Impact

Antioch

CFS referrals

1711 children

(~16% of County referrals)

East County

Community Supervision

41%

In Placement

60%

Juvenile Institution

44%

Guiding Principles

- Team-based
- Family voice and choice
- Natural supports
- Collaboration & integration
- Community based
- Culturally respectful
- Individualized
- Strengths-based
- Persistence
- Outcomes-based
- Trauma-informed



How to Support Children and Families

1. Concrete support to keep families in crisis safe (e.g., access to food, emergency housing, gift cards, child-specific needs, etc.)
2. More resources and accessibility of services
3. Family preservation, parenting support, and parenting skills
4. Ensure services are conveniently located and trauma-informed
5. Public awareness campaign to promote community resources

Program Summary

- Primary, Secondary, and Tertiary prevention levels
- Contract community-based organization (CBO) with experience and expertise in Antioch to provide services
- A well-established, evidence-based practice, Motivational Interviewing, will be the program's service provision foundation

Prevention Areas

Primary

Provide a safety net of supportive services that include concrete supports, navigation assistance, and advocacy services to **prevent harm before it occurs.**

Secondary

Families who have one or more risk factors such as mental illness, parental substance abuse, domestic violence, young parental age, etc., receive in-home services to **stabilize families when at a crisis point.**

Tertiary

Services for families involved in child welfare or probation, with an emphasis on **prevention of future harm after harm has already occurred.**

Motivational Interviewing (MI)

- **Guiding** style of communication, between **following** (good listening) and **directing** (giving information and advice).
- **Empowers** people to change by drawing out their own meaning, importance and capacity for change.
- Based on a **respectful** and **curious** way of being with people that facilitates the natural process of change and honors client autonomy.

Why MI?

- Well-established, evidence-based practice (EBP)
- Serves families in each prevention area
- Benefits:
 - Success in parenting skill-building, mental health services, and substance abuse prevention and treatment
 - Effective engagement strategy with both children and adults
 - No training prerequisites or educational requirements
 - Most inclusive of available EBPs selected by CDSS
 - Any child- and family-serving agency in Contra Costa can be trained

Outcome Measures

- Data that is available and accessible to the community
- Families gain knowledge of local resources and services
- Accessible to families - location, sense of safety, welcoming environment, culturally appropriate, language
- Improved emotional and mental well-being of parents and caretakers
- **Reduced child maltreatment** measured by number of substantiated CFS referrals and placements into foster care

Funding & Fiscal Landscape

FFPSA Part 1 Block Grant
\$3,783,112 (CFS)
\$476,660 (Probation)
through June 2024

FFTA Federal
\$1,004,538 through
June 2025

ARPA-CBCAP
\$526,545
through September 2025

- Initial spending plan – CFS and Probation developed
- Long-term funding, sustainability & expansion – in progress
- Advocating for block grant extension and/or yearly CPP allocations
- FFPSA claiming and allowable activities strictly regulated

Next Steps

- Continue outreach efforts to community members
- Develop Request for Proposal to secure Community-Based Organization to be CPP Provider
- Pursue and develop funding to sustain and expand comprehensive prevention programs to serve the entire county
- Internal exploration and dedicated attention to existing CFS and Probation business practices to operate from more of a prevention-based mindset



Join the Planning Team

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Board of Supervisors Action

Acknowledge and Accept the CDSS
Approved Families First Prevention
Services Act Comprehensive
Prevention Plan (CPP).