## The Board of Supervisors of Contra Costa County, California

In the matter of: Resolution No. 2023/118

recognizing Zihan Cherry Chou 2023 Youth Hall of Fame Rising Star Awardee for Teamwork

WHEREAS, every March, the Contra Costa County Board of Supervisors hosts a celebration in honor of César E. Chávez in recognition of his commitment to social justice and respect for human dignity; and WHEREAS, this year's theme is Hope and Healing, Esperanza y Bienestar; and

WHEREAS, we take this opportunity to share stories of local students who are working hard to move us forward and improve the lives of others; and

WHEREAS, we recognize these students with the Youth Hall of Fame Awards during the celebration for their contributions to our community and in the spirit of one of our country's most treasured activists: César E. Chávez: and

WHEREAS, Zihan Cherry Chou is an 8<sup>th</sup> grade honor student at Adams Middle School in Brentwood, she has been volunteering with NAMI Contra Costa for over 4 years and has been invaluable to their organization and the clients they serve, Cherry has a kind and gentle spirit and is always eager to assist where she can, She is a glowing example of the characteristics you hope to see in both youth and adults; and

WHEREAS, Cherry is passionate about building mental health friendly communities and works to eliminate mental health stigma and discrimination, she is non-judgmental and recognizes love and compassion should be shown to those impacted by mental health challenges, Cherry is part of NAMI's Outreach Team which provides services and supplies for those who are unsheltered, she helps distribute food, personal hygiene products, and aids with their pets as well; and

WHEREAS, Cherry has been a presenter at NAMI Contra Costa Suicide Prevention events and advocates for youth mental health in all her activities, while Cherry is warm-hearted and a happy child, she has also experienced an emotionally trying time in her life, she immigrated from China to the United States with her parents when she was 7 years old, adapting to an unfamiliar environment, with language barriers and cultural differences was challenging, she experienced repeated bullying in elementary school, remaining optimistic, she got through this time in her life with bravery and strength. She doesn't want others to experience what she did, so she makes it a point to welcome new students and takes initiative to introduce them to their new school; and

NOW, THEREFORE, BE IT RESOLVED that the Contra Costa County Board of Supervisors recognizes Zihan Cherry Chou Youth Hall of Fame Rising Star Awardee for Teamwork, and for exemplifying the values of service, integrity, kindness, activism, and leadership that César Chávez embodied through his life.

JOHN GIOIA
Chair, District I Supervisor

CANDACE ANDERSEN
District II Supervisor

District III Supervisor

KEN CARLSON
District IV Supervisor

District V Supervisor

I hereby certify that this is a true and correct copy of an action taken and entered on the minutes of the Board of Supervisors on the date shown.

ATTESTED: April 4, 2023

Monica Nino, County Administrator

Bv:	, Deputy
Dy:	, Deputy