## **Assembly Bill 540**

## Choice in Aging – Senior and Disabled Transportation Assemblymember Buffy Wicks (AD-14)

## **SUMMARY**

AB 540 expands transportation options and helps to reduce social isolation for older Californians and those with disabilities by updating the 1979 Social Service Transportation Improvement Act (SSTIA) with the addition of a revenue stream. AB 540 also modernizes and strengthens policies related to the "consolidated transportation services agency" (CTSA) mechanism by applying research-based policy and funding solutions to a problem that will only increase as California's population ages.

## **ISSUE**

Due to physical or cognitive limitations or disabilities, many senior and disabled Californians cannot use a private car or conventional public transportation. They instead rely on a variety of accessible transportation (AT) services<sup>1</sup> in order to go to appointments, buy groceries, see family members, and meet basic needs. AT services are a range of programs that fill the many substantial gaps in conventional transportation and transit systems by providing riders with extra assistance getting on and off a vehicle, accommodating special medical equipment and mobility devices, and picking up and dropping off riders closer to their origin or destination. The Americans with Disabilities Act (ADA) Paratransit Service, the entity most individuals think of when discussing AT services, is extremely limited in availability, expensive to provide, user-unfriendly, and only addresses a fraction of the transportation needs of older and disabled Californians.<sup>2</sup>

Due to a range of organizational and funding factors, accessible transportation services in California do not currently meet the mobility needs of the millions they are supposed to serve and are even more ill-equipped to respond to forecasted increase in demand. It is not uncommon for a rider to spend hours on a paratransit vehicle for a trip that is just a few miles, get dropped off at an incorrect location with no means of getting help, or need to book a trip at least a week in advance in order to get served. Operational problems with services include vehicles and other resources not utilized to capacity, redundant services in some areas while there is minimal to no service in other areas, substantial variation in service quality and safety, and a lack of reliable service information.<sup>3</sup>

The human and financial costs of California's inadequate paratransit system are massive, especially considering that much of the state's population is aging in suburban and rural settings, where private vehicle access is the only mode of transportation available. Mobility limitations of passengers, and a lack of family, friends, or caregivers to provide a ride, add up to ensure increased isolation and loneliness, including many never leaving their homes and some being institutionalized because they cannot get to necessary nutrition and medical services. The Centers for Disease Control cautions that "Loneliness and social isolation in older adults are serious public health risks affecting a significant number of people in the United States and putting them at risk for dementia and other serious medical

<sup>&</sup>lt;sup>1</sup>Accessible transportation (AT) services are an umbrella term for transportation services provided to persons with disabilities and seniors. These include city-provided "dial-a-ride," Americans with Disabilities Act-mandated public paratransit, volunteer driver programs, accessible wayfinding/public rights of way, non-profit and community-based transportation, mobility management programs, etc.

<sup>&</sup>lt;sup>2</sup>National Academy of Sciences: Future of Disability In America: Transportation Patterns and Problems of People with Disabilities

<sup>&</sup>lt;sup>3</sup>Transit Cooperative Research Program, National Academy of Sciences: Transportation Research Board, Report 91, "Economic Benefits of Coordinating Human Service Transportation and Transit Services."

conditions."<sup>4</sup> One study found that "isolated seniors have higher Medicare spending, driven by increased hospitalization and institutionalization, and face greater mortality. Policies supporting social connectedness could reap significant savings."<sup>5</sup>

While other sectors of California's transportation system regularly benefit from increased funding and improved policies, AT services have not been meaningfully updated since they were initially set up in 1979. **Six times** the State has acknowledged AT services need to be improved<sup>6</sup>, studied the issue, but neglected to implement recommendations. This neglect has allowed these programs to stagnate in the face of rapidly growing demand. This situation is unbefitting for a state with the "largest and most complex transportation system in the nation."

California already has a robust policy solution for improving accessible transportation - the 'Consolidated Transportation Services Agencies' mechanism, which promotes the provision of coordinated accessible transportation services. However, the original legislation that enabled CTSAs was permissive, and had no financial incentive to spur establishment. As a result, very few CTSAs were formed.

This issue has been studied numerous times over decades, with no progress shown for these efforts. AB 540 breaks through this legacy of inaction.

## **SOLUTION**

AB 540 will establish a 'Coordinated Transportation Service Agency' (CTSA) in all 58 California counties while respecting and supporting existing CTSAs. These CTSAs will enhance coordination, promote a more seamless rider experience, including a single point of entry for

riders wishing to arrange for travel, and provide a dedicated funding stream for these services. The bill expands the authority of CTSAs to facilitate integrating the needs of seniors and the disabled into public policy and investment processes, including engagement in capital improvement program review, general plan development, transit stop access plans, and more.

AB 540 will leverage and improve upon existing mechanisms. In addition to the 1979 SSTIA, the bill uses the federally required, locally developed Coordinated Public Transit Human Services Transportation Plans to ensure that investments are adequate and appropriate for local conditions. For the same reasons, County Boards of Supervisors will play a role in implementation. These local officials have critical knowledge of local needs, familiarity with non-profit and community-based organizations, and significant public health authority and expertise.

While providing urgently needed improvements to accessible transportation programs, AB 540 improves cost-effectiveness and reduces greenhouse gasses.<sup>7</sup>

*Funding:* An acknowledged shortfall in the original 1979 SSTIA was the need for more funding to support CTSA activities. AB 540 establishes a transportation improvement fee of \$10.00 per vehicle, with the revenues being provided to County designated CTSAs.

#### **SUPPORT**

• Choice In Aging (**Sponsor**)

while Loneliness Does Not." Shaw, Jonathan M.D. et al. <a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5847278/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5847278/</a>
<sup>6</sup>Since 2003 there have been 6 state efforts which identified accessible transportation problems and provided unfulfilled recommendations. These initiatives took place in 2003, '04, '05, 07, '09, and '21

<sup>7</sup>U.S Dept. of Energy, Avg VMT of Major Vehicle Categories

<sup>&</sup>lt;sup>4</sup>"Loneliness and Social Isolation Linked to Serious Health Conditions." United States Center for Disease Control. https://www.cdc.gov/aging/publications/features/lonely-older-adults.html

<sup>&</sup>lt;sup>5</sup>"Social Isolation and Medicare Spending: Among Older Adults, Objective Social Isolation Increases Expenditures

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# Assemblymember Buffy Wicks introduces legislation to provide equitable transportation services for older Californians and people with disabilities

SACRAMENTO – Earlier this month, Assemblymember Buffy Wicks introduced AB 540, the Social Service Transportation Improvement Act: Coordinated Transportation Sources Agencies. This bill improves access to transportation for older people and people with disabilities with the addition of a revenue stream, increased service requirements, coordination rather than consolidation of social service transportation services, and a strengthening of county-wide networks of transportation services.

"Transportation services for our elders and people with disabilities are substandard," said Assemblymember Buffy Wicks. "Seniors are the fastest growing population in California, but our methods for services and network of transportation services have remained stagnant, resulting in inequitable access to transportation services."

AB540 applies proven best practices and recommendations of the 2021 California Master Plan for Aging Stakeholder Advisory Committee and the Caltrans Mobility Action Plan so that every Californian, regardless of age or ability, has access to a systematically developed and funded, seamless, person-centered transportation system.

Right now, Californians with cognitive or physical characteristics that prevent them from operating a car or using conventional public transportation often rely on ADA paratransit to go to appointments, meet basic needs and see family. ADA Paratransit has significant limitations. Expanded accessible transportation services are needed to fill gaps left by ADA paratransit. AT services will provide riders person-centered assistance, accommodate special medical equipment and mobility devices, drop users off closer to their destination, and generally fill the many gaps left by ADA paratransit, all while increasing cost-effectiveness and reducing greenhouse gasses.

Unfortunately, it is not uncommon for a paratransit rider to spend hours in a vehicle for a trip of just a few miles, have to arrange for transfers between two or more paratransit services in the same county, or need to book a trip more than a week in advance.

"Elders and riders with disabilities endure increased isolation and loneliness, and associated health problems, as a result of not being able to access mobility when they need it," said Debbie Toth, CEO of Choice in Aging and a member of the California Master Plan for Aging Stakeholder Advisory Committee.

"Access to transportation services is key to allowing seniors and people with disabilities to live independently in their community."

"This issue has been studied for more than twenty years with no notable progress," said Eric Harris, Public Policy Director of Disability Rights California. "California's conventional transportation and transit systems have benefitted from increased funding and dedicated funding streams while this underserved population has unequal transportation options. AB540 will remedy this."

AB540 will increase the transportation improvement fee \$10 per vehicle and require every county to set up "coordinated transportation service agencies" to improve transportation service to seniors and people with disabilities.

"This investment will result in effective, equitable local transportation services," said Wicks. "I invite all of California's transit advocates and providers to recognize this important need and support this long overdue fix to our transportation system."

This legislation is supported by numerous non-profit and advocacy organizations throughout the state and region, including Choice in Aging, The Alzheimer's Association, Disability Rights California, LeadingAge California, The California Foundation for Independent Living Centers, Justice in Aging, Senior and Disability Action, and others.

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## Accessible Transportation Problem/Solution Summary Transportation for Older Californians and Those With Disabilities



February 2023

<u>Problem</u>: A significant portion of senior and disabled Californians can't get where they need to go because the State's immense transportation funding and policy apparatus does not address their needs. In stark contrast to the rest of the transportation system, accessible transportation<sup>i</sup> funding, policies, and programs for this population have remained stagnant for decades despite the demographically driven increase in demand for services and the open acknowledgement by the State that improvements need to be made.

- of the baby boom. This demographic shift is placing increasing demands on a wide range of policy areas, transportation included. The State's 2021 Master Plan for Aging describes the situation: "California's over-60 population is projected to diversify and grow faster than any other age group. Increasing from 16 percent in 2010 to ¼ of the population by 2030, when there will be 10.8 million older adults in California."
- Study and Stagnate: In the past 19 years there have been six State initiatives that have documented this problem and made recommendations. No recommendations have ever been implemented. See "Legacy of Stagnation" below.
- Inequities: Every other segment of the transportation system receives increased funding and policy support with consistent implementation. Examples: In 2008 the California Complete

"Current senior-oriented mobility services do not have the capacity to handle the increase in people over 65 years...the massive growth among the aging ...points to a lack of fiscal and organizational readiness...the closure and consolidation of medical facilities while rates of diabetes and obesity are on the rise will place heavy demands on an already deficient system."

Coordinated Public Transit-Human Services Transportation Plan, Metropolitan Transportation Commission

Streets Act was passed which bolstered policies and funding to improve facilities for cyclists and pedestrians. In 2017, SB 1 included increased funding for road maintenance, cyclists/pedestrians, conventional transit, boating/park programs, university research, etc., but no dedicated funding for accessible transportation. Further inequities are found in rural areas, especially during disasters, due to limited services and population-based funding formulas resulting in inadequate transportation options which strand and endanger disabled and older Californians. The "largest and most complex transportation system in the nation" is simply not providing equitable benefits to all Californians.

#### **Solution**

Legislation: After 20+ years of attempts to solve these issues administratively, it falls on the legislature to bring improvements to this service area. The intent is to update the 1979 Social Service Transportation Act to fund and enhance coordination of services. To achieve this, the legislation will leverage two existing programs, the Consolidated Transportation Services Agency (CTSA) mechanism established in California statute and the Coordinated Public Transit – Human Services Transportation Plans established under federal law. In contrast to the current permissive and unfunded approach to this service area, the bill intends to establish a systematic, funded solution. (Subsequent to the development of this white paper Assemblymember Buffy Wicks introduced AB-540 Social Service Transportation Improvement Act: coordinated transportation services agencies. AB540 will implement solutions described in this document.)

<u>Legacy of Stagnation:</u> California has *decades* of unsuccessful initiatives to address the problem, we are stuck in a "study and stagnate" cycle:

- **2003**: California Health and Human Services: Strategic Plan for an Aging California: Comprehensive accessible transportation recommendations. **No implementation.**
- **2004:** Master Plan *on* Aging: Transportation recommendations: **No implementation**.
- 2005: CA Commission on Aging Transportation Task Team Report: No implementation.
- 2007: CA Commission on Aging Transportation Task Team Report: No implementation.
- **2009**: Caltrans: Mobility Action Plan-Assessing Human Service Transportation Coordination. Extensive study on accessible transportation with recommendations. **No implementation.**
- 2017: Senate Bill 1 Road Repair and Accountability Act (\$5.2B Annual): No dedicated funding for accessible transportation<sup>ii</sup>
- **2021:** Master Plan *for* Aging: The Governor's Stakeholder Advisory Committee drafted a robust, thoughtful set of recommendations based on widely accepted best practices. This input was not included in the final Master Plan for Aging report while recommendations in all other service areas were accepted. **No meaningful transportation recommendations were included.**
- The last success was the **1979** Social Service Transportation Improvement Act which has proven to be ineffective due to the lack of funding and permissive language which this proposal addresses.

#### **Barriers**

- Transportation issues related to aging and disability are overshadowed by every other segment of the transportation system. There is no seat at the transportation table for accessible transportation needs.
- This vulnerable population has a limited capacity for selfadvocacy, there is no ability to be the "squeaky wheel".
- Because of this limited ability for self-advocacy, issues around ageism and ableism are often left out of the many long overdue diversity, equity, and inclusion initiatives underway.
- Reliance of Caltrans, CalSTA, the CTC and the legislature on the public transit lobby for guidance on accessible transportation.
   Public transit agencies are the minority provider<sup>iii</sup> of accessible transportation and are consumed with other priorities including

Political individuals and organizations with vested interests in "the status quo" will often view expanded transportation services as a threat to their own power or influence and may, therefore, take steps to derail both personal and organizational capital invested in the coordinated transportation system.

Transportation Research Board, National Academies of Sciences, on coordinating human service transportation and transit.

transportation and are consumed with other priorities including commute, school, low-income, greenhouse gas reduction efforts, and ADA paratransit<sup>iv</sup> services. See pullout quote to the right.

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<sup>1</sup> Accessible transportation is a term being used to refer to a broad range of transportation related services provided to persons with disabilities and elderly individuals. For the purposes of this paper, accessible transportation is defined as a range of transportation/transit and supportive services such as city/community programs, Americans with Disabilities Act (ADA) mandated public paratransit service, accessible wayfinding and public rights of way, transportation provided by private non-profits, mobility management programs, volunteer-based transportation programs, etc.

<sup>&</sup>lt;sup>ii</sup> SB1 was not an initiative to improve accessible transportation but used to highlight that, in this grand restructuring and increase of gas taxes, virtually every mode of transportation and related issues were funded but no dedicated funding for accessible transportation.

iii American Public Transit Association Fact Book

iv ADA paratransit only addresses a small fraction of the needs of this population and due to numerous factors, cannot be scaled up to address the needs of older persons and those with disabilities.