

*The Board of Supervisors of
Contra Costa County, California*

In the matter of:

Resolution No. 2023/66

Recognizing the American Heart Association, Contra Costa Health Emergency Medical Services Agency, the Cardiology Centers at John Muir Health, Kaiser Permanente, San Ramon Regional Medical Center, and Sutter Delta Medical Center during American Heart Month.

WHEREAS, the month of February has been proclaimed by the President as “American Heart Month”; and
WHEREAS, approximately every 40 seconds, an American will have a heart attack, and heart disease remains the No. 1 cause of death in the U.S., surpassing all forms of cancer and chronic lower respiratory disease combined; and

WHEREAS, in 2020 over 383,000 Americans died from coronary heart disease; and

WHEREAS, over 90% of those suffering sudden cardiac arrest die before reaching the hospital; and

WHEREAS, chances of survival are increased dramatically if cardiopulmonary resuscitation (CPR) and automated external defibrillator (AED) resources are

available and utilized within the first three to seven minutes after sudden cardiac arrest; and

WHEREAS, the goal of American Heart Month is to raise awareness of heart disease, prevention, and treatment; and

WHEREAS, it is appropriate to increase awareness of how to prevent cardiovascular disease and the appropriate intervention should an individual suffer from cardiovascular disease; and

WHEREAS, it is appropriate to increase awareness of the value of CPR training and encourage placement of AEDs in public places; and

WHEREAS, the American Heart Association and the Contra Costa County

Emergency Medical Services Agency advocate and are committed to strengthening the “Chain of Survival,” which represents the five crucial links of the emergency treatment of sudden cardiac arrest - Early Access to Care, Early CPR, Early

Defibrillation, Effective Advanced Life Support and Integrated Post Cardiac Arrest Care; and

WHEREAS, Contra Costa County supports widespread CPR training, and public access defibrillation (PAD) and HeartSafe Community programs; and

WHEREAS, Contra Costa County communities are working to make where their citizens live, work, shop and play HeartSafe; and

WHEREAS, The American Heart Association (AHA) funds cardiovascular medical research, educates consumers on healthy living and fosters appropriate cardiac care; and

WHEREAS, the Cardiology Centers at John Muir Health, Kaiser Permanente, San Ramon Medical Center, and Sutter Delta Medical Center are often the first line of defense in

diagnosing and treating cardiovascular conditions, providing life-saving services to patients in Contra Costa County and beyond:

NOW, THEREFORE, BE IT RESOLVED that the Board of Supervisors recognizes the American Heart Association, Contra Costa Health Emergency Medical Services Agency, the Cardiology Centers at John Muir Health, Kaiser Permanente, San Ramon Regional Medical Center, and Sutter Delta Medical Center for helping to raise awareness of heart disease, prevention and treatment, and encourages all residents of Contra Costa County to learn the risks of cardiovascular disease, to stay fit through exercise and good nutrition, to know the signs of Stroke, Heart Attack and Sudden Cardiac Arrest, to learn critical lifesaving skills such as CPR and AED use, to call 9-1-1, to Act in Time when a cardiovascular emergency occurs and encouraging each community to become a HeartSafe Community.

JOHN GIOIA

Chair, District I Supervisor

CANDACE ANDERSEN

District II Supervisor

DIANE BURGIS

District III Supervisor

KEN CARLSON

District IV Supervisor

FEDERAL D. GLOVER

District V Supervisor

I hereby certify that this is a true and correct copy of an action taken and entered on the minutes of the Board of Supervisors on the date shown.

ATTESTED: February 28, 2023

Monica Nino, County Administrator

By: _____, Deputy