

*The Board of Supervisors of
Contra Costa County, California*

In the matter of:

Resolution No. 2022/330

Proclaiming the Month of September, 2022, as National Recovery Month in Contra Costa County

WHEREAS, Alcohol and Other Drug abuse and Mental Health disorders affect all communities nationwide, with commitment and support, impacted can embark on a journey of improved health and overall wellness; WHEREAS, the focus of Recovery Month each September is to celebrate all people that make the journey of recovery possible by embracing the tagline "Recovery is for Everyone: Every Person, Every Family, Every Community;"

WHEREAS, through Recovery Month, people become more aware and able to recognize the signs of Alcohol and Other Drug Abuse and Mental Health disorders and encourage people in need of recovery services to seek help;

WHEREAS, managing the effects of these conditions helps individuals achieve healthy lifestyles, both physically and emotionally;

WHEREAS, the Recovery Month observance continues to work to improve the lives of those affected by Alcohol and Other Drug abuse and Mental Health disorders by raising awareness and educating communities about the effective services that are available;

NOW, THEREFORE, BE IT RESOLVED that the Board of Supervisors, do hereby proclaim the month of September as Recovery Month in Contra Costa County and call upon our community to observe this month with compelling programs and events that support this year's observance, the 32nd anniversary of Recovery Month.

KAREN MITCHOFF

Chair, District IV Supervisor

JOHN GIOIA

District I Supervisor

CANDACE ANDERSEN

District II Supervisor

DIANE BURGIS

District III Supervisor

FEDERAL D. GLOVER

District V Supervisor

I hereby certify that this is a true and correct copy of an action taken and entered on the minutes of the Board of Supervisors on the date shown.

ATTESTED: September 20, 2022

Monica Nino, County Administrator

By: _____, Deputy