

*The Board of Supervisors of
Contra Costa County, California*

In the matter of:

Resolution No. 2022/83

In the Matter of recognizing the Home Within CASA Therapy Project

WHEREAS, Children and young adults who have been removed from their homes and placed in foster care have experienced significant trauma and left unaddressed, childhood trauma and mental health needs contribute to significant challenges in adulthood; and

WHEREAS, the mission of CASA (Court Appointed Special Advocates) is to recruit, train, and support volunteer advocates as a powerful voice for the best interest of abused and neglected children during the court process, in order to help every child ultimately thrive in a stable and permanent home; and

WHEREAS, through their service and commitment, volunteers trained by CASA have helped to restore hope in the lives of children and youth; and

WHEREAS, in November of 2019, CASA launched the CASA Therapy Project (now A Home Within CASA Therapy Project) as a teletherapy program to provide foster youth in Contra Costa County with free therapy, even if they had mild mental health symptoms, and from the same therapist no matter how often or where they moved in California; and

WHEREAS, the program asks licensed and experienced therapists to donate one hour a week to provide teletherapy to one foster youth for as long as the youth wants to participate; and

WHEREAS, the volunteers are licensed and experienced therapists who can help foster youth with often complicated situations; and

WHEREAS, Home Within CASA Therapy Project has matched 60 current and former foster youth with dedicated volunteer therapists, with a goal to serve at least 200 California youth per year; and

WHEREAS, in 2020, Kaiser Permanente and Impact 100 underwrote a pilot launch of the A Home Within CASA Therapy Project and despite the challenges of the pandemic, the project served dozens of youths throughout California while building staff and program infrastructure; and

WHEREAS, in June 2021 the California Governor's Office of Business and Economic Development made a grant of \$900,000 to A Home Within CASA Therapy Project to expand the program statewide.

Now Therefore be it Resolved that the Contra Costa County Board of Supervisors recognizes the dedication and hard work of the Court Appointed Special Advocates (CASA) of Contra Costa County in supporting the mental health of the foster youth in our community.

KAREN MITCHOFF

Chair, District IV Supervisor

JOHN GIOIA

District I Supervisor

CANDACE ANDERSEN

District II Supervisor

DIANE BURGIS

District III Supervisor

FEDERAL D. GLOVER

District V Supervisor

I hereby certify that this is a true and correct copy of an action taken and entered on the minutes of the Board of Supervisors on the date shown.

ATTESTED: March 22, 2022

Monica Nino, County Administrator

By: _____, Deputy