

Lisa Driscoll

From: Susan B. <susanboreliz@gmail.com>
Sent: Tuesday, September 21, 2021 10:07 AM
To: Lisa Driscoll; Supervisor Candace Andersen; Supervisor_Burgis; John_Gioia; District5; SupervisorMitchoff
Subject: Support for the Arts and Behavioral/Mental Health Programs for Youth and Seniors

SUBJECT: Support for the Arts and Behavioral/Mental Health Programs for Youth and Seniors

Dear Chairperson Moore; Members of the Measure X Community Advisory Board; and Supervisors Andersen, Burgis, Gioia, Glover, and Mitchoff:

I want to take a moment to thank the Measure X Community Advisory Board and all of the staff and experts who have been spending countless hours deliberating upon this very important matter for the past several months.

I am also writing in specific support for the arts organizations and behavioral/mental health programs that exist in our community. Many of these programs are administered at Title I Schools, Juvenile Hall and other Rehabilitation Centers, Senior Centers, Libraries, Performing Arts non-profits, and Hospitals throughout Contra Costa County.

Whether we are 5, 55, or 105, the arts (and specifically art therapy) serve to help any of us reflect, express ourselves, invent creative solutions, cope with stress, and show compassion for others, among other things. In addition, whether it is the restaurant business, schools, hospitals, senior centers, or other under-resourced, vulnerable sectors of our community, mental health has fast become one of the highest concerns to address.

I hope to see the continuation of existing (and the establishment of additional) programs that utilize the arts (as second responders) to deliver behavioral/mental health benefits in Contra Costa County wherever it is most needed.

Respectfully submitted,

Susan Boreliz
Executive Director
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