

## Youth and Young Adults

**Measure X Community Advisory Board** 

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Health shapes everything ...and everything shapes health







# PREVENTION & PROTECTION



### HEALTH COVERAGE



DIRECT HEALTH SERVICES

### **Data overview**

- Additional demographics
  - Causes of death
    - Teen births
- Mental health/substance abuse
  - Disconnected
  - COVID-19 Vaccination



### LGBTQ Youth

#### Sexual orientation

Contra Costa County	Percent					
	Female			Male		
Grade Level	Gay / Lesbian / Bisexual	Straight	Not Sure	Gay / Lesbian / Bisexual	Straight	Not Sure
7th Grade	6.2%	83.7%	10.1%	1.8%	89.0%	9.2%
9th Grade	11.0%	83.4%	5.5%	3.2%	93.2%	3.6%
11th Grade	9.7%	86.9%	3.4%	3.7%	94.2%	2.1%

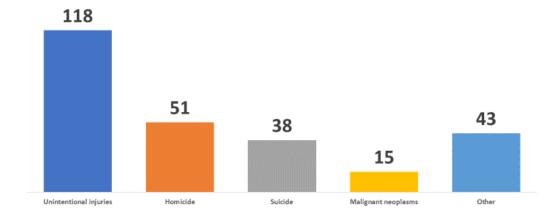
### Transgender

	Contra Costa County	Percent			
		Female	Male		
	Grade Level	Yes	Yes		
	7th Grade	0.7%	0.8%		
	9th Grade	1.1%	2.0%		
	11th Grade	1.0%	1.5%		
	Non-Traditional	S	S		

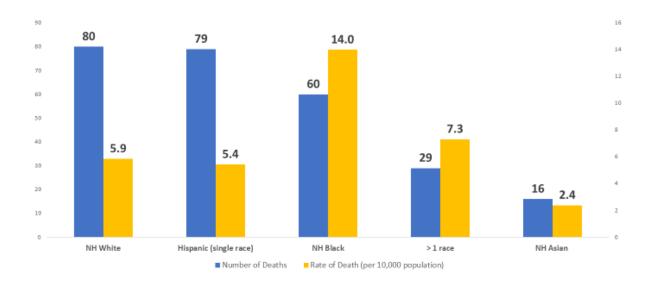
Data from the CA Healthy Kids Survey 2014-2017

### Causes of Death, 2018-2020

Cause of Death in Contra Costa Residents Age 15 - 24 2018 - 2020



Number and Rate of Death in Contra Costa Residents Age 15-24 by Race/Ethnicity 2018 - 2020

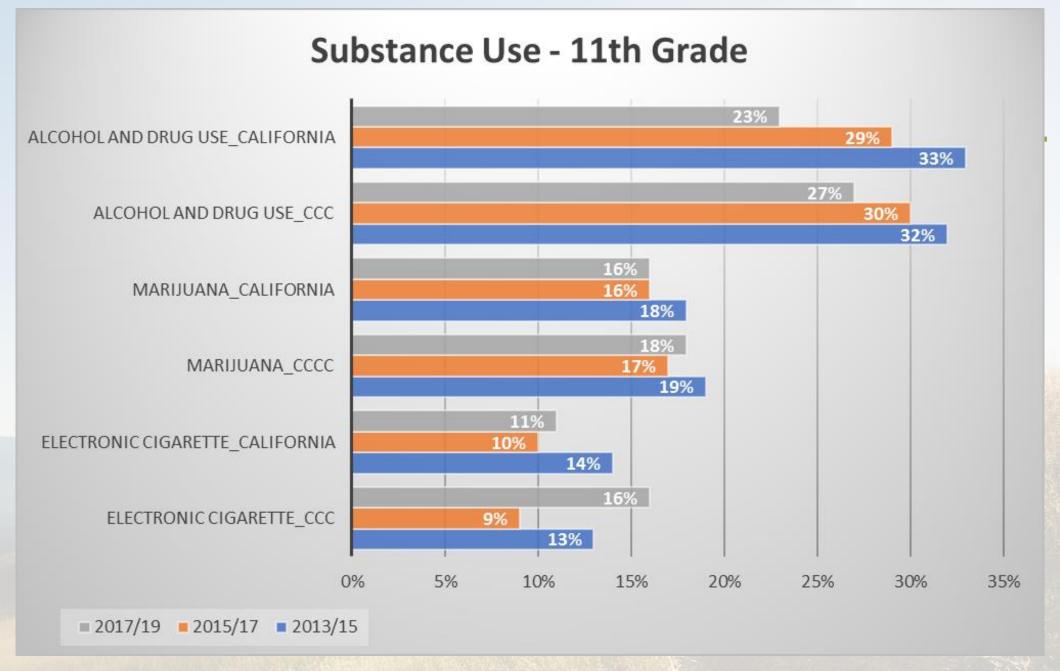


### Teen Births 2018-2020

	Number	Rate per 1000 women age 15- 19
White	75	2.1
Black	116	10.8
>1 Race	71	5.4
Hispanic (single race)	504	13.5
None/Not stated	11	NA
Total	795	7.3

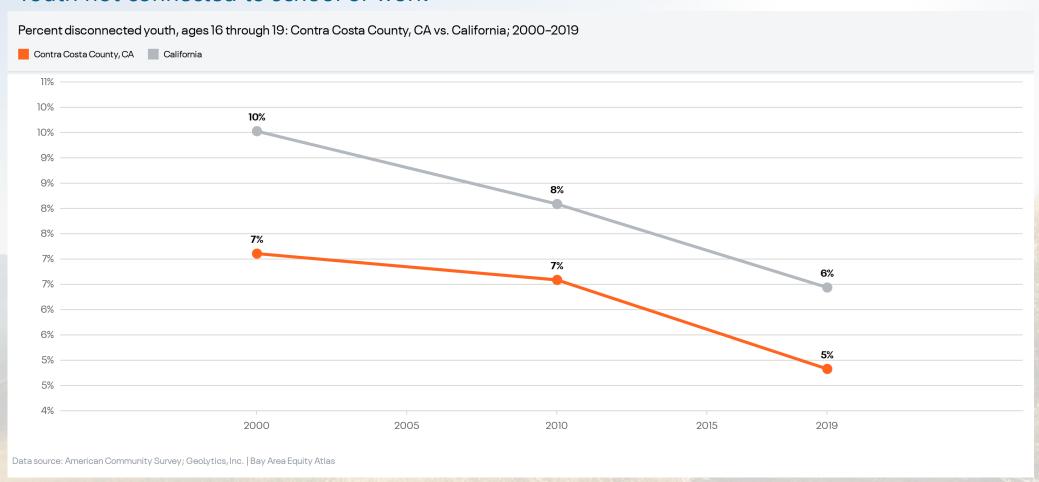
## **Depression-Related Feelings**

Contra Costa County	Percent				
	Fen	nale	Ma	ıle	
Grade Level	Yes	No	Yes	No	
7th Grade	28.4%	71.6%	17.5%	82.5%	
9th Grade	37.6%	62.4%	19.6%	80.4%	
11th Grade	46.2%	53.8%	25.2%	74.8%	
Non-Traditional	46.0%	54.0%	25.2%	74.8%	



#### **Disconnected Youth**

#### Youth not connected to school or work



### **COVID-19 Vaccination**

Vaccination	Rates for Age 12 to 24	
	% Partially Vaccinated	% Fully Vaccinated
Total	54.7%	34.3%
Race		
Native Hawaiian or Other Pacific Islander	87.3%	60.0%
American Indian or Alaska Native	70.4%	50.5%
Asian	71.9%	47.0%
Other	69.5%	44.0%
White	49.0%	32.3%
Black or African American	28.2%	18.2%
* Does not include multirace or unknown		
Ethnicity		
Hispanic or Latino	41.9%	29.0%
Not Hispanic or Latino	47.2%	30.3%
* Does not include unknowns (no denominator)		
Region		
South	85.9%	51.1%
Central	62.8%	40.3%
West	57.3%	37.3%
East	41.4%	26.2%

### **CCHS** and Schools

- School-based clinics including vaccination clinics
  - Dental services
  - Mental health and substance abuse services
    - Nutrition and physical activity promotion
      - Injury prevention
      - Health Career Pathways

### Direct services

- Medical and dental care
  - Homeless services
- Substance abuse treatment services
  - Mental health services
- Support for pregnant and parenting young people
  - Support for disabled youth

#### **Education and Prevention**

- Substance abuse prevention including tobacco
  - Injury prevention
  - Food and nutrition including WIC
    - Mentoring and peer supports
      - Advisory Council
- COVID-19 Youth and Young Adult Ambassadors

### **Trends**

- Location
- Integration/Collaboration
  - Prevention
  - Wholistic approach
    - Youth-centered