

Building Brighter Futures Together

Employment & Human Services Department

Youth Services Report – Independent Living Skills Program (ILSP)

Family & Human Services Committee June 28, 2021



What is Independent Living Skills (ILSP)?

- Foster Care Independence Act of 1999 (Public Law 106-169)
- Provides training, services, and benefits to assist current and former foster youth in achieving self-sufficiency prior to, and after leaving, the foster care system
- Each county has the flexibility to design services to meet a wide range of individual needs and circumstances.

The Independent Living Skills Program

"Our vision is to move every youth from stagnation to motivation, from limitations to possibilities; from dependency to self-sufficiency; from the past to the FUTURE."



ILSP spotlights "The Four Pillars"

- Education
- Employment / Vocational
- Housing
- Well-Being





Who is Eligible?

- Youth placed in out-of-home care after their 16th birthday.
- Former dependents who entered into a kinship guardianship at any age and is receiving Kinship Guardianship Assistance Payments (Kin-GAP) at the age between 16 and 18.
- Former dependent who entered into a Non-Related Legal Guardianship (NRLG) after their 8th birthday.
- Probation Youth with Placement orders at the age of 16.
- Former dependent youth at the age of 16.
- Youth residing here from other counties of jurisdiction.



Some of the Services Contra Costa County Provides:

- Daily living skills
- Money management
- Building/developing self-esteem
- Financial support with college or vocational schools
- Educational Resources
- Housing via Transitional Housing and Housing Referrals
- Employment assistance / WIOA referral
- 1:1 support
- Emergency Food Pantry and Clothes Closet



A Glimpse of ILSP Life Skills Workshops & Events ...



ciples of Smart Relationships Science of Attraction Pregnancy, STIs and HIV

2020/2021 Summary

- 415 current and former foster youth served in current fiscal year
- 34 THP+ provided transitional housing & support services
- 126 THPP NMD provided transitional housing & support services
- 82 ILSP youth have been identified to graduate High School in 2021
- Donations via VESTIA, Inc. increased during the pandemic
- Collaborative efforts continued, providing virtual workshops

