

*The Board of Supervisors of
Contra Costa County, California*

In the matter of:

Resolution No. 2021/300

Proclaiming the Month of September, 2021 as National Recovery Month in Contra Costa County

WHEREAS, behavioral health is an essential part of health and one's overall wellness; and
WHEREAS, prevention of mental and alcohol and other drug use disorders works, treatment is effective, and people recover in our area and around the nation; and
WHEREAS, preventing and overcoming alcohol and other drug disorders is essential to achieving healthy lifestyles, both physically and emotionally; and
WHEREAS, we must encourage relatives and friends of people with mental and alcohol and other drug disorders to implement preventive measures, recognize the signs of a problem, and guide those in need to appropriate treatment and recovery support services like housing, employment, education, vocational rehab; and
WHEREAS, to help more people achieve and sustain long-term recovery, the U.S. Department of Health and Human Services (HHS), the Substance Abuse and Mental Health Services Administration (SAMHSA), the White House Office of National Drug Control Policy (ONDCP), and Contra Costa County Board of Supervisors invite all residents of Contra Costa County to participate in National Recovery Month and
NOW, THEREFORE, BE IT RESOLVED that the Board of Supervisors, do hereby proclaim the Month of September 2021 as NATIONAL RECOVERY MONTH in Contra Costa County and call upon the people of Contra Costa County to observe this month with appropriate programs, activities, and ceremonies to support this year's Recovery theme, *Recovery is for Everyone: Every Person, Every Family, Every Community*.

DIANE BURGIS

Chair, District III Supervisor

JOHN GIOIA

District I Supervisor

CANDACE ANDERSEN

District II Supervisor

KAREN MITCHOFF

District IV Supervisor

FEDERAL D. GLOVER

District V Supervisor

I hereby certify that this is a true and correct copy of an action taken and entered on the minutes of the Board of Supervisors on the date shown.

ATTESTED: September 21, 2021

Monica Nino, County Administrator

By: _____, Deputy