Julie Enea

Subject: FW: Bay Area mental health crisis from lockdown

From: Tina > Date: Thursday, July 9, 2020 at 3:15 PM

To: Supervisor Mitchoff >, Supervisor Candace Andersen

Subject: FW: Bay Area mental health crisis from lockdown

Can you please share this article with Dr. Tom Warne? I brought this up during today's meeting and wanted to be sure he reads this. Thank you.

Tina

----- Original message ------

From: Tina

Date: 7/9/20 08:15 (GMT-08:00)

To: Board Of Supervisors >, John_Gioia >, Supervisor Karen

Mitchoff <

Subject: Bay Area mental health crisis from lockdown

https://www.mercurynews.com/covid-19s-mental-health-crisis-bay-area-residents-feel-growing-psychological-toll

Here is a informative article from the East Bay Times.

Tina Sherwin, CLS, MT(ASCP), MPH