

## Julie Enea

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**Subject:** FW: Lap Swimming Round Hill Country Club  
**Attachments:** RoundHillCountryClubLapSwimmingGuidelines.pdf

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**From:** Hillary Halvorson

**Date:** Thursday, May 21, 2020 at 12:24 PM

**To:** Jocelyn Stortz, "Joe Doser (CCC Pools)," , "Anna Roth (Supervisor)," , Alicia Nuchols , Supervisor\_Andersen , Supervisor\_Burgis , SupervisorMitchoff

**Cc:** Hillary Halvorson , Greg Gonsalves

**Subject:** Lap Swimming Round Hill Country Club

Dear Contra Costa County Ad Hoc Committee on COVID-19,

On behalf of the Round Hill Country Club and its Board of Directors representing adults lap swimmers, we are writing to request that you consider recommending that the Health Officer re-open recreational pools for the limited purpose of adult lap swim. Like other activities that have been approved with strict safety measures that ensure the continued health of our communities, pools that are used **for exercise purposes only** can be a healthy and safe activity for all ages.

We have reviewed the postings by the Health Officer for Contra Costa County. In keeping with both the letter and spirit of that Order, we believe that pools could be open subject to certain specific limitations. For example, with a lap pool that includes multiple exercise lanes, the following social distancing measures could be implemented to achieve a no-contact exercise opportunity:

- Reservations for the use of lap lanes
- One swimmer per lane, unless swimmers in the same lane are currently residing in the same home during shelter-in-place
- Lap swim for exercise; no leisure swimming allowed
- No on-deck changing; no on-deck showering or water fountain use
- Entry and exit from lap lanes on alternating sides of the pool (i.e., odd numbered lanes enter at one side of the pool, while even numbered lanes enter at the other side of the pool)
- Pool reservations that allow for 45 minutes of swim only; 15 minutes allowed as a "passing period" to avoid any contact between swimmers and cleaning
- Pool use must be supervised (by staff, with masks, using social distancing) to ensure compliance with non-contact swimming protocols, but otherwise no lifeguards on deck
- Pool must be chemically-treated
- No use of pool if sick or exposed to COVID-19 in the prior 14-day period
- No locker use allowed

We feel strongly that responsible pool owners can adhere to strict guidelines that allow for pool use while maintaining the health and safety of the greater community. We have attached a sample of the guidelines that we would be able to implement at the Round Hill pool, which we believe other area swim facilities could similarly adopt. **(Please see the attached guidelines as a sample of how access to a pool could be safe.)**

Notably, the CDC has published information that indicates that pool use is safe, and COVID-19 is not transmitted in a pool. See the CDC's website with its most recent findings on the issue: <https://www.cdc.gov/coronavirus/2019-ncov/php/water.html>

Per the document attached, you will see that we are proposing a process in which only a controlled the lap swimming program is allowed. We hope you will thoughtfully review the proposal with an eye toward recommending that the Health Officer re-open swim facilities since they are as safe as golf and other non-contact sports.

We understand that these are unpredictable times and we want what is healthiest, both mentally and physically, for all ages. Please consider the importance of this activity to the health and well-being of all community members.

We sincerely appreciate all consideration.

Best Regards,

Hillary Halvorson | Director of Activities & Aquatics  
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