

Julie Enea

Subject: FW: Ad Hoc Committee Covid19 Impact & Recovery Meeting March 14th - Diablo CrossFit
Attachments: Diablo CrossFit Re-Opening Plan Post SIP.pdf

From: Craig Howard
Date: Monday, May 11, 2020 at 3:27 PM
To: Supervisor_Andersen <SupervisorAndersen@bos.cccounty.us>, SupervisorMitchoff <SupervisorMitchoff@bos.cccounty.us>
Cc: Yvonne Howard
Subject: Ad Hoc Committee Covid19 Impact & Recovery Meeting March 14th - Diablo CrossFit

Supervisor Andersen & Supervisor Mitchoff,

My name is Craig Howard. My wife (Yvonne) and I own Diablo CrossFit in Pleasant Hill - a fitness facility. I am very interested in attending your next meeting on May 14th to present our plan to safely re-open our business. I have attached our re-opening plan for the committee's review in advance. We would like to open on or before June 1st and we are confident that we can do so very safely.

Diablo CrossFit is one of the oldest and most recognized CrossFit facilities in the world. We were founded in 2005 and moved to our current 12,000sf warehouse location in Pleasant Hill in 2009. We are not a "studio" type fitness facility. We run group CrossFit & weightlifting classes in a large, well-ventilated, well-lit, warehouse with large roll-up garage doors. I feel very strongly that we can safely open our facilities and meet the County and State requirements for social distancing and hygiene.

Our business is entirely dependent upon the monthly membership dues from our amazing community. We are obviously very eager to open in order to recover from the losses we've experienced so far and more importantly to continue to make our community physically and mentally healthy and strong.

Based upon our 15 years of class & event management, we are supremely confident that we can direct our clients safely and efficiently to their designated safe-space for each class. As an example, every year for the last 10 years, Diablo CrossFit has hosted the CrossFit Games Open workout events (5 workouts over 5 weeks). We run workout heats, assigning athletes to designated, well-marked areas to complete the workout. We've mastered the art of workout organization & leadership - which will apply very well to our current situation.

Please let me know if you'd like more information.

Thank you for your consideration.

Cheers,

Craig Howard

Craig Howard

Founder, Owner & Coach

Diablo CrossFit

Diablo Fitness Partners

[Diablo CrossFit](#)

