



Contra
Costa
County

Please return completed applications to:

Clerk of the Board of Supervisors
651 Pine St., Room 106
Martinez, CA 94553

or email to: ClerkofTheBoard@cob.cccounty.us

BOARDS, COMMITTEES, AND COMMISSIONS APPLICATION

First Name **Last Name**

Home Address - Street **City** **Zip Code**

Phone (best number to reach you) **Email**

Resident of Supervisorial District:

EDUCATION *Check appropriate box if you possess one of the following:*

High School Diploma CA High School Proficiency Certificate G.E.D. Certificate

Colleges or Universities Attended	Course of Study/Major	Degree Awarded	
Contra Costa Community College	Nursing	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
New York State University	Nursing	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
St. Mary's College	Administration	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No

Other Training Completed:

Board, Committee or Commission Name **Seat Name**

Have you ever attended a meeting of the advisory board for which you are applying?

No Yes *If yes, how many?*

Please explain why you would like to serve on this particular board, committee, or commission.

My background in Nursing and my understanding of the needs of the Elder community, will enable me to contribute to this committee.

Describe your qualifications for this appointment. (NOTE: you may also include a copy of your resume with this application)

I am an elder.
I have a background in Health.
Resume attached

I am including my resume with this application:

Please check one: Yes No

I would like to be considered for appointment to other advisory bodies for which I may be qualified.

Please check one: Yes No

Are you currently or have you ever been appointed to a Contra Costa County advisory board?

Please check one: Yes No

List any volunteer and community experience, including any boards on which you have served.

Board of Directors of Ombudsman of Contra Costa, Solano and Alameda County
Eight years on Advisory Council On Aging
Past Volunteer at a Nursing Home

Do you have a familial relationship with a member of the Board of Supervisors? (Please refer to the relationships listed below or Resolution no. 2011/55)

Please check one: Yes No

If Yes, please identify the nature of the relationship:

Do you have any financial relationships with the county, such as grants, contracts, or other economic relationships?

Please check one: Yes No

If Yes, please identify the nature of the relationship:

I CERTIFY that the statements made by me in this application are true, complete, and correct to the best of my knowledge and belief, and are made in good faith. I acknowledge and understand that all information in this application is publicly accessible. I understand and agree that misstatements and/or omissions of material fact may cause forfeiture of my rights to serve on a board, committee, or commission in Contra Costa County.

Signed: Susan Frederick

Date: 9-8-20

Submit this application to: Clerk of the Board of Supervisors
651 Pine St., Room 106
Martinez, CA 94553

Questions about this application? Contact the Clerk of the Board at (925) 335-1900 or by email at ClerkofTheBoard@cob.cccounty.us

Important Information

1. This application and any attachments you provide to it is a public document and is subject to the California Public Records Act (CA Government Code §6250-6270).
2. All members of appointed bodies are required to take the advisory body training provided by Contra Costa County.
3. Members of certain boards, commissions, and committees may be required to: 1) file a Statement of Economic Interest Form also known as a Form 700, and 2) complete the State Ethics Training Course as required by AB 1234.
4. Meetings may be held in various locations and some locations may not be accessible by public transportation.
5. Meeting dates and times are subject to change and may occur up to two (2) days per month.
6. Some boards, committees, or commissions may assign members to subcommittees or work groups which may require an additional commitment of time.
7. As indicated in Board Resolution 2011/55, a person will not be eligible for appointment if he/she is related to a Board of Supervisors member in any of the following relationships: mother, father, son, daughter, brother, sister, grandmother, grandfather, grandson, granddaughter, great-grandfather, great-grandmother, aunt, uncle, nephew, niece, great-grandson, great-granddaughter, first-cousin, husband, wife, father-in-law, mother-in-law, daughter-in-law, stepson, stepdaughter, sister-in-law, brother-in-law, spouse's grandmother, spouse's grandfather, spouse's granddaughter, and spouses' grandson, registered domestic partner, relatives of a registered domestic partner as listed above.
8. A person will not be eligible to serve if the person shares a financial interest as defined in Government Code §87103 with a Board of Supervisors Member.

Susan Jane Frederick

T: (925) 274-0010
E: susan.frederick@contracosta.edu

Education: Contra Costa Community College: AA Nursing 1976
New York State University: BSN 1985
St. Mary's College: MSHSA 1988 (Master of Science in Health Service Administration)

Employment: Veterans Administration Hospital, Martinez 1976-1991

Duties: Nursing duties
Evening Nurse Supervisor
Head Nurse Medical Unit
Head Nurse Surgical Unit
Head Nurse Intensive Care Unit

Served on various hospital committees including professional Standard's Board

Certified in Critical Care Nursing by American Assn. of Critical Care Nurses

Certified in Nursing Administration by American Nurses Assn.

University of Phoenix

In late 80's taught two courses for the BSN program. Business Administration and a class on Orem's Theory of Nursing. Due to change of employment ended my association with the University.

Contra Costa Regional Medical Center 1991-2001

Duties: As Nurse Program Manager

Managed Critical Care Unit, Intermediate Care Unit (step-down unit) Surgical Unit, and (temporarily, months) Nursing Director of Surgical Department.

Served on various committees including:

Multidisciplinary Critical Care Committee

Multidisciplinary Hospital Continual Quality Improvement

Nursing Continual Quality Improvement (chair)

Developed the Intermediate Care Unit (step-down unit)

During the building of the new hospital, worked with Architectural Team in designing Critical Care Unit, Intermediate Care Unit and Surgical Unit. This include signing off on Architectural plans for the above Units.

Worked with the physician Critical Care Director in a collaborative practice model.

Responsibilities

Oversee patient care

Hiring discipline and evaluation of staff

Development of a Continuous Quality Improvement Program for the CCU, ICU, Surgical Unit

Volunteer

Area Council on Ageing (ACOA) 2012 to present

Served member on the following committees/workgroups

Health Work Group, Membership Committee, Planning Committee

Chair of Health Work Group

Served in following officer positions: President, Vice President

Church volunteer at Nursing Home and in Chaplain Service at Doctor's Hospital, San Pablo

Volunteer Hula Dance Group through Hercules Senior Center entertained at various Nursing homes in Pinole and Berkeley and at other Senior events in Berkeley, San Pablo, Concord.