

**CONTRA COSTA COUNTY ALCOHOL AND OTHER DRUGS ADVISORY BOARD MEETING
DRAFT MINUTES**

**Wednesday, August 26, 2020 Alcohol
and Other Drugs Services**

Due to health order this meeting was conducted via ZOOM

Members Present: Tom Aswad, Guita Bahramipour, Jonathan Ciampi, Logan Campbell, Antwon Cloird, Evelyn Howard, Talia Moore E.D.D., Victor Ortiz

Members Absent: Cynthia Chavez (E)

Staff Present: Fatima Matal Sol – AOD Program Chief, Nazneen Abdullah – AOD Program Manager, Amber Forsythe, AOD Clerical Staff

Other Attendees: Lori Byers, Carlyn Obringer, April Rovero, Carlos Viscarra, Chris Wikler

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION
I. <u>CALL TO ORDER</u>	Victor Ortiz called the meeting to order at 4:10PM.	VICTOR ORTIZ CALLED THE MEETING TO ORDER AT 4:10PM.
II. <u>REVIEW AND ADOPT THE AGENDA</u>	Jonathan Ciampi opened the floor to adopt the agenda as presented.	TOM ASWAD MMS GUITA BAHRAMIPOUR TO ADOPT THE AGENDA AS PRESENTED. MOTION APPROVED UNANIMOUSLY. AYES: Toma Aswad, Guita Bahramipour, Logan Campbell, Jonathan Ciampi, Evelyn Howard, Talia Moore E.D.D. NOES: None ABSENT: Cynthia Chavez ABSTAIN: None
III. <u>REVIEW AND APPROVAL OF DRAFT MINUTES OF JULY 22, 2020</u>	Jonathan Ciampi opened the floor to approve the July 22, 2020 meeting minutes. Nazneen Abdullah shared that Jill Ray would like the Board to consider an amendment to the minutes under the Liaison Reports on Contra Costa Council on Homelessness. Federal Emergency Management (FEMA) trailers were not purchased but given by the State to house the homeless. The goal is to place these trailers on site at the purchased hotel in East County; there is already one trailer in Antioch.	TOM ASWAD MMS GUITA BAHRAMIPOUR TO ADOPT THE AGENDA AS PRESENTED. MOTION APPROVED UNANIMOUSLY. AYES: Toma Aswad, Guita Bahramipour, Logan Campbell, Jonathan Ciampi, Evelyn Howard, Talia Moore E.D.D. NOES: None ABSENT: Cynthia Chavez ABSTAIN: None
IV. <u>PUBLIC COMMENT</u> The public and Board members may comment on any agenda item of public interest within the jurisdiction of the Alcohol and Other Drugs Advisory Board. (Maximum three minutes per speaker)	Tom Aswad reported that he was able to tour Trinity Center and facilitate an introduction to Bright Heart Health and provide information on Support 4 Recovery (S4R). Trinity Center is a day shelter serving homeless and the economically disadvantaged individuals in Walnut Creek and Central Contra Costa County through various programs.	

Tom Aswad provided Support for Recovery (S4R) updates. Tom addressed the “A Glimpse of Hope” handout in the meeting packet, he said this item will be discussed at the Executive Committee.

Patty Hoyt provided information on Alcohol Beverage Control (ABC), which issued temporary regulatory relief that allows additional access to alcohol during the COVID-19 pandemic. Prevention groups are working with ABC to ensure that these regulations remain temporary.

April Rovero informed the Board that Monday, August 31, 2020 is International Overdose Awareness Day, a global event that aims to raise awareness that overdose death is preventable and to reduce the stigma associated with drug-related death.

V. MEDS COALITON

Presentation by April Rovero, Chairperson

April Rovero, Chairperson for the CCC MEDS Coalition, provided an overview of the Coalition’s sectors and key affiliations. Their mission is to “Prevent prescription drug (+opioid) related Substance Use Disorder, overdose fatalities, crime and other negative impacts through community education and engagement, policy change and legislative advocacy”.

The Coalition meets via Zoom the second Thursday of every month from 9-11AM.

April shared the three main goals outlined in the Coalition’s Strategic Plan, which include: increase of Coalition membership, community awareness and expansion of Naloxone distribution. Antwon Cloird would like to network with the MEDS Coalition to support the homeless population in a specific area of Richmond.

***ANTWON CLOIRD WILL WORK WITH THE MEDS COALITION TO PROVIDE OUTREACH TO THE HOMELESS POPULATION IN RICHMOND.**

The Alcohol and Other Drugs Advisory Board can help support the MEDS Coalition by appointing a Liaison.

***LOGAN CAMPBELL IS APPOINTED AS THE BOARDS LIAISON FOR THE MEDS COALITION.**

VI. AOD STAFF REPORT

Fatima Matal Sol

Fatima Matal Sol submitted the staff report in writing as requested by the Executive Committee and made herself available for questions. The format of the report has been changed per the Board’s request.

Fatima reported that the grant received by AODS from Health Management Associates (HMA) will be expiring at the end of September. This grant allowed

AODS to place a Substance Use Disorder Counselor at the West County Detention facility. The Counselor works with the detention facility's medical team to provide clients with Buprenorphine for opioid disorders. As a result, there has been a 58 percent increase of clients receiving treatment at Choosing Change once client is released. Upon exiting the detention facility, the counselor links the client to a pharmacy for their medication to provide continuity of care.

Fatima has been in contact with her analyst at HMA to see how the position can be sustained. HMA is going to continue to support AODS until Fatima can find more stable funding.

***FUNDING FOR CONTINUING TO HAVE A SUBSTANCE USE DISORDER COUNSELOR IN THE JAIL WILL BE ADDED AS A STANDING ITEM TO THE AOD STAFF REPORT.**

Fatima added that AODS has been working with the Office of Education and Juvenile Probation to expand Youth Treatment services.

Fatima reminded the Board that September is National Recovery Month. She asked that the Board consider BI-BETT Diablo Valley Ranch and their staff for a Recovery Champions nomination for their outstanding efforts during the California fires. She added that the program had to evacuate their clients to a hotel in the middle of the night. Fatima stated the staff did an outstanding job.

VII. COMMITTEE HIGHLIGHTS

- Executive- Jonathan Ciampi
 - Appoint Representatives for MEDS Coalition and Tobacco Prevention Coaliton
 - AODAB Member Recruitment

- Community Awareness- Guita Bahramipour
 - National Recovery – Nominations to be submitted and vote for candidates on September 23, 2020 at AODAB monthly meeting
 -
- Programs and Services-

Jonathan Ciampi presented the Executive Committee highlights. He encouraged Board members to actively recruit new members for the Board.

Jonathan inquired about the Triennial Sunset Review Survey. The survey is a tool used by the Board of Supervisors to periodically evaluate the purpose, performance, and effectiveness of boards, committees, and commissions. Fatima responded that AODS staff will assist in completing the survey.

Guita Bahramipour presented the Community Awareness Committee highlights. The Committee would like to resume bi-monthly meetings beginning in September.

She reminded the Board September is National Recovery Month. It is time for Board members to submit their nominations for Recovery Champions.

***COMMUNITY AWARENESS COMMITTEE MEETING TIME TO BE DETERMINED.**

***AODS STAFF WILL PROVIDE A FILLABLE FORM FOR THE RECOVERY CHAMPIONS NOMINATIONS. FORMS WILL NEED TO BE COMPLETED BY SEPTEMBER 16, 2020.**

Logan Campbell

Logan Campbell reported that the Programs and Services Committee has not met for several months due to COVID-19 and needs to reconvene. Victor Ortiz suggested changing Programs and Services Committee meeting time to before the monthly Advisory Board meeting instead of after.

***PROGRAM AND SERVICES COMMITTEE MEETING TIME CHANGED TO 2:30PM- 3:30PM ON THE FOURTH WEDNESDAY OF EVERY OTHER MONTH STARTING IN SEPTEMBER.**

VIII. OLD BUSINESS

- Bylaws Proposed Revision Discussion and Vote - Jonathan Ciampi*

Jonathan Ciampi presented the proposed Bylaw Amendment. The Board discussed the changes.

TOM ASWAD MMS GUITA BAHRAMIPOUR TO ACCEPT THE PROPOSED AMENDMENTS TO THE BYLAWS AS PRESENTED.

AYES: Toma Aswad, Guita Bahramipour, Logan Campbell, Jonathan Ciampi, Antwon Cloird Evelyn Howard, Talia Moore E.D.D.

NOES: None **ABSENT:** Cynthia Chavez **ABSTAIN:** None

- Cannabis Billboards Update- Staff

Nazneen Abdullah stated there are no updates regarding Cannabis Billboards.

IX. LIAISON REPORTS

- Contra Costa Council on Homelessness- Guita Bahramipour

Guita Bahramipour attended the Contra Costa Council on Homelessness meeting and provided a report. Property is being purchased with federal funding to house the homeless population. Guita will be attending a meeting focused on Crisis and Homelessness on August 27, 2020 from 3-4PM. Tom Aswad and Antown Cloird expressed concern with overdoses and drug use in the hotels where the homeless are being housed. Tom and Antwon would like Guita to voice these concerns to the Contra Costa Council on Homelessness.

- Tobacco Prevention Coalition- VACANT

None reported.

- Mental Health Commission- Guita Bahramipour

Guita reported that at the Mental Health Commission there was a presentation on Assisted Outpatient Treatment, which is for people with severe and persistent mental illness who need treatment to prevent substantial deterioration of their condition and who may pose a risk to themselves or others.

- MEDS Coalition- VACANT

None reported.

X. NEW BUSINESS

- **Alcohol License Initiatives-** Department of Conservation and Development to be officially notified via formal letters about AODAB positions taken on July 22, 2020.

Nazneen Abdullah stated there are no new initiatives. The Department of Conservation and Development will be officially notified via formal letters about the Alcohol and Other Drugs Advisory Board positions taken on July 22, 2020.

***STAFF WILL NOTIFY THE DEPARTMENT OF CONSERVATION AND DEVELOPMENT VIA A FORMAL LETTER ABOUT THE BOARD POSITIONS TAKEN ON JULY 22, 2020.**

X. New Business Cont.

- **Cannabis License Initiatives-** Department of Conservation and Development to be officially notified via formal letters about AODAB positions taken on July 22, 2020
- AODAB 2020 Action Plan Review and Discuss- Victor Ortiz*

Victor Ortiz commented that the Advisory Board's 2020 Action plan has several action items that need to be updated. Committees need to meet to review the action plan and make any necessary changes.

XI. PUBLIC COMMENT

The public and Board members may comment on any agenda item of public interest within the jurisdiction of the Alcohol and Other Drugs Advisory Board. (Maximum three minutes per speaker)

Jonathan Ciampi stated that Bright Heart Health received a call from a client's spouse that the client was overdosing. The staff was able to walk the client's spouse through how to use Narcan. At the same time Emergency Medical Services (EMS) were being dispatched. The client's life was saved.

Antwon Cloird will be conducting a backpack give away for children in need in West County.

Tom Aswad recommended nominating BI-BETT Diablo Valley Ranch and one of their counselors Chris Murray for Recovery Champions. Tom said he is impressed with the non-profit culture of putting their clients first.

Jonathan Ciampi would like the Board to get ahead of the homelessness crisis and think how the Board how they can help those most at risk.

Fatima received a phone call from Supervisor Gioia. The West County Treatment Facility (WestCare) is planning to have their official ribbon cutting on September 9, 2020. All Board members are invited to participate.

XII. ADJOURN

Jonathan Ciampi adjourned the meeting at 6PM.

JONATHAN CIAMPI ADJOURNED THE MEETING AT 6PM.