

*The Board of Supervisors of
Contra Costa County, California*

In the matter of:

Resolution No. 2020/61

In the matter of Recognizing the American Heart Association, John Muir Health Cardiology Department, and Contra Costa Emergency Medical Services Agency during American Heart Month.

WHEREAS, the month of February has been proclaimed by the President as “American Heart Month”; and

WHEREAS, approximately every 40 seconds, an American will have a heart attack, and heart disease remains the No. 1 cause of death in the U.S., surpassing all forms of cancer and chronic lower respiratory disease combined; and

WHEREAS, in 2016 over 363,452 Americans died from coronary heart disease, accounting for approximately 13% of all deaths in the U.S.; and

WHEREAS, over 92% of those suffering sudden cardiac arrest die before reaching the hospital; and

WHEREAS, chances of survival are increased dramatically if cardiopulmonary resuscitation (CPR) and automated external defibrillator (AED) resources are available and utilized within the first three to seven minutes after sudden cardiac arrest; and

WHEREAS, the goal of American Heart Month is to raise awareness of heart disease, prevention and treatment; and

WHEREAS, it is appropriate to increase awareness of how to prevent cardiovascular disease and the appropriate intervention should an individual suffer from cardiovascular disease; and

WHEREAS, it is appropriate to increase awareness of the value of CPR training and encourage placement of AEDs in public places; and

WHEREAS, the American Heart Association and the Contra Costa County Emergency Medical Services Agency advocate and are committed to strengthening the “Chain of Survival,” which represents the five crucial links of the emergency treatment of sudden cardiac arrest - Early Access to Care, Early CPR, Early Defibrillation, Effective Advanced Life Support and Integrated Post Cardiac Arrest Care; and

WHEREAS, Contra Costa County supports widespread CPR training, and public access defibrillation (PAD) and HeartSafe Community programs; and

WHEREAS, Contra Costa County communities are working to make where their citizens live, work, shop and play HeartSafe; and

WHEREAS, The American Heart Association (AHA) funds cardiovascular medical research, educates consumers on healthy living and fosters appropriate cardiac care; and

WHEREAS, John Muir Health Cardiology is often the first line of defense in diagnosing and treating cardiovascular conditions, providing life-saving services to patients in Contra Costa County and beyond:

NOW, THEREFORE, BE IT RESOLVED that the Board of Supervisors recognizes the American Heart Association, John Muir Health Cardiology, and Contra Costa County Emergency Medical Services Agency for helping to raise awareness of heart disease, prevention and treatment, and encourages all residents of Contra Costa County to learn the risks of cardiovascular disease, to stay fit through exercise and good nutrition, to know the signs of Stroke, Heart Attack and Sudden Cardiac Arrest, to learn critical lifesaving skills such as CPR and AED use, to call 9-1-1, to Act in Time when a cardiovascular emergency occurs and encouraging each community to become a HeartSafe Community.

CANDACE ANDERSEN
Chair, District II Supervisor

JOHN GIOIA
Chair, District I Supervisor

DIANE BURGIS
District III Supervisor

KAREN MITCHOFF
District IV Supervisor

FEDERAL D. GLOVER
District V Supervisor

I hereby certify that this is a true and correct copy of an
action taken
and entered on the minutes of the Board of Supervisors on
the date
shown.

ATTESTED: February 25, 2020

David J. Twa,

By: _____, Deputy