

A close-up photograph of a bicycle seat and handlebars. The seat is black with white stitching. The handlebars are silver. In the background, other bicycles with orange frames are visible, parked in a lot. The text "Bike to Work Day in Contra Costa County" is overlaid in green, and "May 10, 2018" is overlaid in white below it.

Bike to Work Day in Contra Costa County

May 10, 2018

Supervisor Mitchoff





**Supervisor Andersen and
Chief of Staff Gayle Israel**

Pleasant Hill BART Energizer Station

*Thanks, REI and Bike
Concord!*



Contra Costa Canal Trail Energizer Station

Thanks, Pleasant Hill Parks and Rec!









Antioch Energizer Station

Lucas Stuart-Chilcote and City of Antioch Resource Coordinator Julie Haas-Wadjowicz.

Lucas is in his 2nd year at Los Medanos College. Julie first met him at her energizer station about 5 years ago. He used to ride every day to high school, including one Bike To Work Day in a 3 piece suit for a presentation.

This year Lucas hosted his first energizer station at Los Medanos College!



511 Contra Costa Energizer Station

Iron Horse Trail/Canal Trail Crossing, Walnut Creek

Meet Steve Biggs.

Has been biking to work most days from Clayton to Concord for 10 years.

10 years ago Steve only cycled recreationally and was encouraged by Bike To Work Day to try bicycling to work. Yesterday was his 10th anniversary of biking to work!

Steve says cycling to work has increased his fitness level for his double century bike rides.



Todos Santos Plaza Energizer Station

Concord





Danville Energizer Station

Thomas Valdriz and Mark Ballock from Street Smarts San Ramon Valley joined Supervisor Andersen And Gayle Israel