Health Care for the Homeless Annual Report

November 2019

CONTRA COSTA
HEALTH SERVICES

Health Care for the Homeless

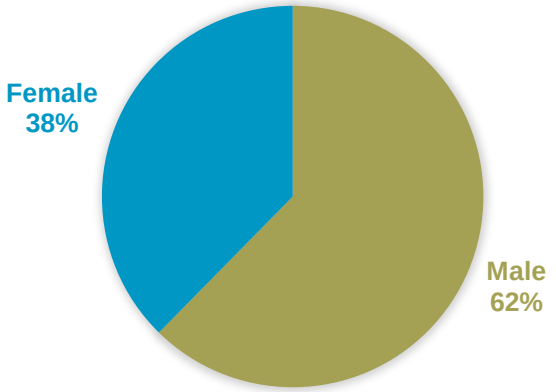
Mission: to improve the health of the homeless population in Contra Costa County by increasing access to health care with a team-oriented approach that focuses on harm reduction and integration of behavioral and medical services.

CONTRA COSTA HEALTH SERVICE

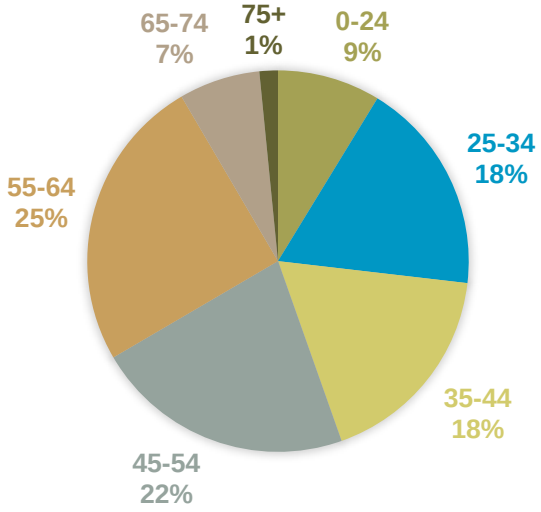
Health Care for the Homeless FY18/19

- 2,500 unique patient visits
- 8,343 total visits

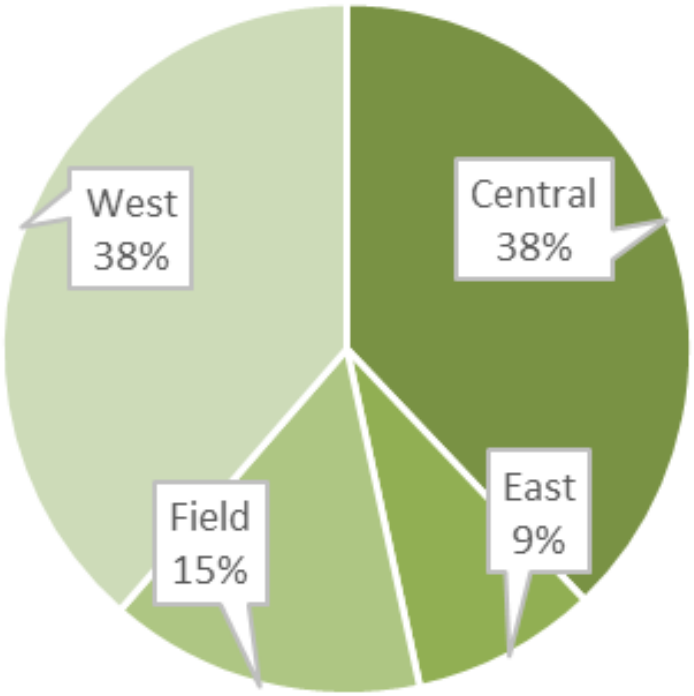
HCH PATIENTS BY GENDER



HCH PATIENTS BY AGE



Patients Served by Region



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HCH Services

Primary Medical Care

Behavioral Health

Dental

Medical Respite

Transportation

Substance Use Disorder Treatment

CCRMC Consult Services

Health Education

Benefit Enrollment

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Service Models

Ambulatory Clinics

West County Health Center – San Pablo

Miller Wellness Center - Martinez

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Street Outreach Team

- Chronic disease management
- Addiction treatment
- Narcan dispensing
- Wound care
- Ultrasound
- HIV, Hep C, syphilis testing
- STI screening/treatment
- BH services/linkages
- Medications
- Linkage to services
- Calfresh application assistance

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“Mobile” Clinics

Fixed (one location) vans on regular days across Contra Costa County

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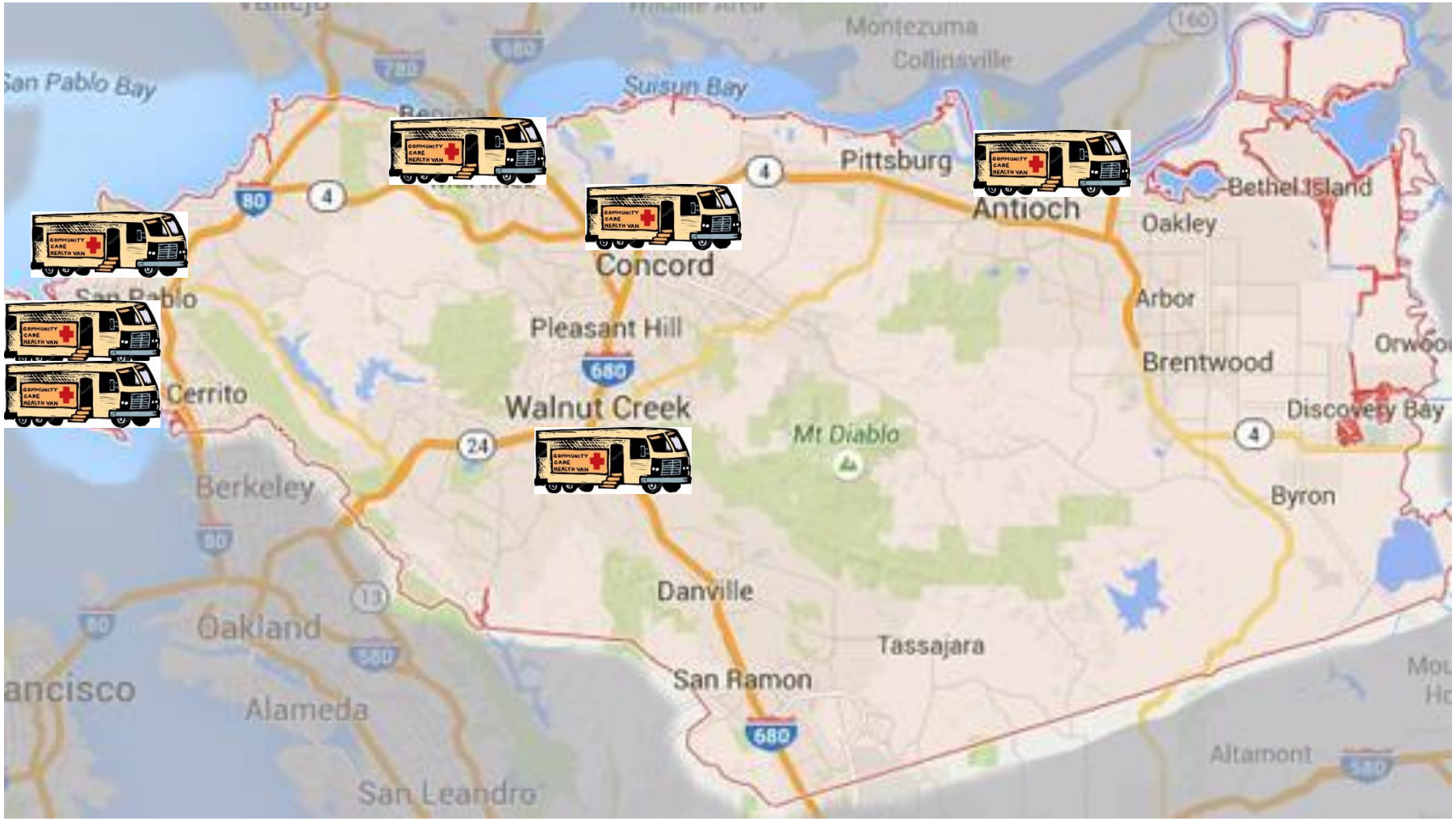
Mobile Van Sites



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Shelter Based Care

Concord Shelter

Brookside Shelter- San Pablo

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Philip Dorn Medical Respite Shelter

- 26 Bed Shelter
- Targets the medically vulnerable needing recuperative medical services and long term treatment
- Referrals from hospitals, Skilled Nursing, Street team
- On site Federally Qualified Health Center M-F
- M-F nursing services

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2018-2019 HCH PROGRAM UPDATES

1. Dental Van
2. Homeless Mentally Ill Outreach and Treatment (HMIOT)
3. Fulton Shipyard
4. New HRSA funding for expansion of SUD/MH Treatment
5. Diabetes Management Recognition

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It Takes a Village…

- Collaboration with Martinez PD, City of Martinez, Bay Church Shower program
- Community Connect
- “Coco Leads Plus”- HR360, Forensics, Antioch PD, BH
- CORE
- Homeless Mentally Ill Outreach and Treatment (HMIOT)
  - Health Housing and Homelessness, CORE, Behavioral Health
- Data exchange – HMIS/ccLink

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CHOOSING CHANGE PROGRAM

Medication Assisted Treatment (MAT)
for Opioid Addiction

- **FY 2018-2019, we had 749 patients enrolled in the program, 46% of them were homeless or at risk of homelessness.**

- We currently have Choosing Change clinics in 6 CCHS Health Centers.

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HCH Street MAT for Opioid Addiction

- From Jan 2018 to June 2019:
  - 89 patients received a buprenorphine (Suboxone) prescription
  - 76 (85%) filled that initial prescription
  - 63 (71%) filled multiple prescriptions
  - Patients averaged 100 total prescription days
  - Several patients have remained in treatment since first prescription
- Of patients lost to care, 51.8% ultimately returned for follow up
- One documented overdose
- NO DEATHS
- New Public Health Nurse started July 2019 to help coordinate follow up

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Recent Health Trends and Our Solutions

- Communicable Diseases
  - Dramatic increase in Syphilis Cases in CoCo County
  - Low Barrier Hepatitis C Treatment
- Substance Use
  - Street MAT, Narcan, Education
  - Choosing Change
- Diabetes
  - Community Health Worker Case Management
- Preventative Care Screenings
  - Self-Pap Collection Pilot

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Recent Health Trends

- 21% increase in all patients seen since 2016/2017
- **47% increase in 60+ population**
  - New to homelessness
  - Different health issues, needs in senior population

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Mrs. Smith

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Challenges

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