

Application Form

Profile

Dr. Michelle _____ R. _____ Hernandez _____
 First Name Middle Initial Last Name

Home Address _____ Suite or Apt _____
 Concord _____ CA _____ 94521 _____
 City State Postal Code

Primary Phone _____

Email Address _____

Which supervisorial district do you live in?

District 4

Education

Select the option that applies to your high school education *

CA High School Proficiency Certificate

College/ University A

Alliant International University _____
 Name of College Attended

PhD Clinical Psychology _____
 Degree Type / Course of Study / Major

Degree Awarded?

Yes No

College/ University B

CSU EAST BAY _____
 Name of College Attended

BS CRIMINAL JUSTICE
 ADMINISTRATION _____
 Degree Type / Course of Study / Major

Degree Awarded?

Yes No

College/ University C

UC DAVIS

Name of College Attended

BA Psychology

Degree Type / Course of Study / Major

Degree Awarded?

Yes No

Other schools / training completed:

Course Studied

Hours Completed

Certificate Awarded?

Yes No

Board and Interest

Which Boards would you like to apply for?

Equal Employment Opportunity Advisory Council: Submitted

Affordable Housing Finance Committee: Submitted

Advisory Council on Aging: Submitted

Arts & Culture Commission: Submitted

Mental Health Commission: Submitted

Merit Board: Submitted

Commission for Women: Submitted

Workforce Development Board: Submitted

Racial Justice Task Force: Submitted

Racial Justice Oversight Body: Submitted

Seat Name

Have you ever attended a meeting of the advisory board for which you are applying?

Yes No

If you have attended, how many meetings have you attended?

Please explain why you would like to serve on this particular board, committee, or commission.

As a mental health professional it is essential that the services within our community be representative of our demographics, culture, and inclusiveness .

Qualifications and Volunteer Experience

I would like to be considered for appointment to other advisory boards for which I may be qualified.

Yes No

Are you currently or have you ever been appointed to a Contra Costa County advisory board, commission, or committee?

Yes No

List any volunteer or community experience, including any advisory boards on which you have served.

IHSS Public Authority Advisory Committee

Describe your qualifications for this appointment. (NOTE: you may also include a copy of your resume with this application)

Dr. Michelle Hernández

[RESUME_2019__1_.docx](#)

Upload a Resume

Conflict of Interest and Certification

Do you have a Familial or Financial Relationship with a member of the Board of Supervisors?

Yes No

If Yes, please identify the nature of the relationship:

Do you have any financial relationships with the County such as grants, contracts, or other economic relations?

Yes No

If Yes, please identify the nature of the relationship:

Please Agree with the Following Statement

I certify that the statements made by me in this application are true, complete, and correct to the best of my knowledge and belief, and are made in good faith. I acknowledge and understand that all information in this application is publicly accessible. I understand that misstatements and/or omissions of material fact may cause forfeiture of my rights to serve on a board, committee, or commission in Contra Costa County.

I Agree

Dr. Michelle R. Hernandez

Concord, California 94521

Education:

March 25, 2019

- 2011 Alliant International University
California School of Professional Psychology, San Francisco, Ca.
Doctor of Philosophy in Clinical Psychology
- 2006 University of California, Berkeley Extension, Berkeley, Ca.
Certificate of Achievement in the Study of Loss and Grief
- 2002 John F. Kennedy University, Orinda, Ca.
Master of Arts in Counseling Psychology: Specialization in Somatic Psychology
- 1998 California State University, Hayward, Ca.
Bachelor of Science in Criminal Justice Administration: Specialization in Law Enforcement
- 1996 University of California, Davis, Ca.
Bachelor of Arts in Psychology

Professional Work Experience:

2014-Present National Disability Advocate

Travels giving presentations on a myriad of topics related to disability. Subjects include but are not limited to: Physical , learning , cognitive, and psychiatric disabilities. Uses interactive and experiential exercises to engage the specific audience. Material is enhanced by the use of digital media and design, along with audio and visual aids. All the while focusing on the relevance of current events through social media.

2012-2013 Psychological Services Center, Oakland, Ca.: Outreach Coordinator

Used public relations skills to promote awareness of mental health

issues in Alameda County. Worked directly with members of the community to educate people and explain the importance of mental health aspects within the elderly, disabled, and underrepresented minority groups. Implemented support groups in various senior centers in and surrounding Oakland, California. Collaborated with foster youth services by appointing doctoral students to serve as liaisons by providing psycho-educational groups to the youth. Contracted with Center for Independent Living, Berkeley, California, and provided mental health counseling to the homeless, severely disabled, deaf, and psychiatric population.

2011-2012 **Psychological Services Center**, Oakland, Ca.:
2 nd Half-Time Post-doctoral Intern (CAPIC Accredited)

Psychodiagnostic assessor and therapist in adult outpatient mental health clinic. Curriculum developer for “Wellness Strategies” at Center for Independent Living, Berkeley.

Client population served includes low SES adults in an ethnically diverse environment, the geriatric population, and the physically disabled.

Duties include psychological assessment of parents in forensic settings, report writing, making recommendations to Child Protective Services, treatment planning and implementation, psychotherapy, DSM-IV-TR diagnoses, progress reports, termination, presentations, and didactic training participation, as well as co-leading a Support Group for the Physically Disabled.

Theoretical orientation: psychodynamic.

2010-2011 **Psychological Services Center**, Oakland, Ca.:
1 st Half-Time Pre-doctoral Intern (CAPIC Accredited)

Psychodiagnostic assessor and therapist in adult outpatient mental health clinic. Teacher of ‘Life Strategies for Seniors’ at the Center for Elder Independence in Oakland, Ca.

Client population served includes low SES adults in an ethnically diverse environment, the geriatric population, and the physically disabled.

Duties include psychological assessment of parents in forensic

settings, report writing, making recommendations to Child Protective Services, treatment planning and implementation, psychotherapy, DSM-IV-TR diagnoses, progress reports, termination, presentations, and didactic training participation, as well as co-leading a Support Group for the Physically Disabled.

Theoretical orientation: psychodynamic.

2009-2010 **Psychological Services Center**, Oakland, Ca.:
1st Half-Time Pre-doctoral Intern (CAPIC Accredited)

Psychodiagnostic assessor and therapist in adult outpatient mental health clinic.

Client population served includes low SES adults in an ethnically diverse environment.

Duties include psychological assessment of parent/s in forensic settings, report writing, making recommendations to Child Protective Services, treatment planning and implementation, psychotherapy, DSM-IV-TR diagnoses, progress reports, termination, presentations, and didactic training participation, as well as co-leading a Support Group for the Physically Disabled.

Theoretical orientation: psychodynamic.

2007-2009 **Contra Costa Crisis Center** in Walnut Creek, Ca.:
Grief Counselor serving individual clients as well as co-facilitator of a support group for widow and widowers and a support group for survivors who have lost a loved one in their family.

2007-2008 **Los Medanos College** in Pittsburg, Ca.:
Mentor for The Puente Program: Focus is on assisting and advocating for the Latino population to transfer to a four- year university and attain higher education.

2006-2007 **New Directions Counseling Center** in Concord, Ca.:
Therapist Intern serving disadvantaged clients:
Medi-Cal, Court- Mandated, and Victims of Crime specifically.
Center closed in December of 2007.

2004-2005 **Center for Independent Living** in Berkeley, Ca.:
English and Spanish counseling populations.

Co-facilitator of support group for individuals with physical disabilities.

Supervised a San Francisco State University psychology intern student.

Experience in reporting and writing various reports including but not limited to Child Protective Services, General Assistance, and Social Security Disability.

2003-2004

The United States Department of Veterans Affairs

Readjustment Counseling Service
Concord Vet Center, Concord Ca.

PhD Intern serving clients with Post Traumatic Stress Disorder and/or Sexual Trauma Victims.

Assessment competency in administering the Clinician Administered PTSD scale for DSM IV.

Competency in writing Social Security Disability Reports.

2001-2002

John F. Kennedy University Community Counseling Center
Pleasant Hill, Ca.

Counseling Trainee: 500+ hours of counseling experience.

Member of Evaluation Committee: completing intakes; assessing appropriateness for the center, and making referrals.

Facilitator of support group for individuals with physical disabilities and/or terminal illness.

Professional Training:

Present –

2019 - Latina Leadership Network of the California Community Colleges

Presented Workshop, “Owning Your Authenticity “

2019 San Francisco State University

Presented Workshop. “Let’s Meet at the Intersection “

2017 Pacific Rim Conference “ Culture and Disability”

- 2011 **Disability Training: How to Counsel Clients with Physical Disabilities:**
Psychological Services Center, Oakland, Ca.
- 2010 - **Counseling the Disabled within the Community: A Holistic Perspective** UC
Berkeley Extension; School of Education. San Francisco, Ca.
- 2010 -**Disability Training: Physical & Learning Disabilities from a Mental Health
Perspective:** Alameda Family Services, Alameda, Ca.
- 2009- **Continuing Education Instructor: ‘Wounded Warriors: Helping Returning
Veterans Achieve Higher Education’:** Alliant International University, San
Francisco, Ca.
- 2008- **Guest Speaker on ‘Disability and Equal Access to Community College’:** Alliant
International University, San Francisco, Ca.
- 2008- **Guest Speaker on ‘Disability and Equal Access to Elementary Education’:**
Chabot College, Fremont, Ca.
- 2008- **Effective Teaching:** Alliant International University, San Francisco, Ca.
- 2007- **Disability, Families, and Law:** Alliant International University, San Francisco, Ca.
- 2007- **Neuropsychology:** Alliant International University, San Francisco, Ca.
- 2006- **Orientation- Pre Release Counselor for San Quentin Prison**
- 2006- **Grief Support: After a Sudden Death:** UC Berkeley Extension, Berkeley, Ca.
- 2006- **Spiritual Issues in Aging, Illness and Death:** UC Berkeley Extension, Berkeley, Ca.
- 2005- **Introduction to Loss and Grief Issues:** UC Berkeley Extension, Berkeley, Ca.
- 2004- **National Center for PTSD:** Veterans Administration, Menlo Park, Ca.
- 2004- **Psychopharmacology:** Alliant International University, San Francisco, Ca.
- 2004- **Poster Presentation- ‘Intrusiveness in mother-child relationships when the child
has a physical disability’:** Alliant International University, Alameda, Ca.
- 2004- **Child Custody, Mediation, and Evaluation:** Alliant International University,
Alameda, Ca.

Awards and Honors:

2016 Los Medanos College Keynote Speaker Disability Success
2008 - 2009 Honorary Recipient of the CSPP Mental Health Services Act Fellowship.
2010 Featured Exclusive Article in “The Voice of Alliant”

Boards and Commissions:

2018 Board of Directors
Independent Living Resource of Contra Costa County
2017 Contra Costa County - IHSS Public Authority Advisory Committee
Hand in Hand - Domestic Workers Alliance
2017 Christopher & Dana Reeves Foundation
2015 Board of Directors
Easy Does It Berkeley, Ca.
2015 Council Member
Metropolitan Transportation Commission
Policy Advisory Council
2013 Arthritis Foundation
Ambassador
2010 - 2016 Commissioner
City of Oakland: Mayor’s Commission on People with Disabilities

Affiliations:

- Latina Leadership Network
- California Psychological Association
- American Psychological Association
Division 22 Rehabilitation Counseling
- Division 35 Society for the
Psychology of Women\
Alameda County Psychological Association

- Contra Costa Psychological Association
- Society for Disability Studies
- Sacramento Valley Psychological Association
- California Latino Psychology Association
- San Francisco Psychology Association

References:

- ❖ Dr. Nina Ghiselli
Alliant International University
Director- Disabled Student Services
One Beach St. Suite 100
San Francisco, Ca. 94133

- ❖ Dr. Elizabeth Milnes
Psychological Services Center
519 17th St. Suite 210
Oakland, Ca.94612

- ❖ Dr. Terry Meyers
Psychological Services Center
519 17th St. Suite 210
Oakland, Ca. 94612

- ❖ Dr. Dalia Ducker
Alliant International University
Professor
One Beach St. Suite 100
San Francisco, Ca. 94133

- ❖ Dr. Michael Rubino
(
Rafa Counseling Assoc.
101 Gregory Ln # 33
Pleasant Hill, Ca. 94520
Bill Fox L.C.S.W
(
Kaiser Permanente
Manager- Behavioral Health
200 Muir Road
Martinez, Ca. 94553

- ❖ Marco Godinez M.A.
Puente Counselor – Los Medanos College

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2700 East Leland Rd.
Pittsburg, Ca. 94565

* Letters of recommendation upon request