

# Congratulations!

## YOUTH LEADERSHIP GROUP

*District V – Supervisor Federal Glover*

### **Hillview Group #5**

The three members of the Hillview Group #5 promoted the Project SUCCESS program among Spanish speaking incoming 6<sup>th</sup> graders and were able to motivate them to join the program. As a result of their involvement with Project SUCCESS, they attended the Marijuana Prevention Youth Summit and shared important stories about the negative impact of marijuana in their community as well as identified possible solutions.

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*District IV - Supervisor Karen Mitchoff*

### **June Lee & Tergel Uuganbayer**

June Lee & Tergel Uuganbayer were instrumental in organizing the 2019 Wellness Fair at Las Lomas High School, to promote Alcohol Awareness information. They assisted in setting up a table with information on alcohol prevention and shared information with their peers. June & Tergel had many options to support at the Wellness Fair, but they felt strongly about communicating the harms of substance use and addiction to their peers.

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### **Miramonte High School Peer to Peer Club**

The Miramonte High School Peer to Peer Club is a group of high school students that are motivated to change the culture in their community around underage substance use. This year they went into the mandatory sophomore Human and Social Development classes at Miramonte and led games to support the alcohol and other drugs curriculum. According to post service surveys, the level of knowledge among sophomore students increased 30% on the topic of the harms of underage substance use.



Behavioral Health Division Alcohol and Other Drugs Services (AODS)  
Fatima Matal Sol, AODS Program Chief  
1220 Morello Avenue, Suite 101, Martinez, CA 94553

The Contra Costa County  
Board of Supervisors  
and  
The Alcohol and Other Drugs Advisory Board  
present



## **“People Who Make A Difference” Awards 2019**

Join us on **Tuesday, June 11, 2019 at 9:00 A.M.** for the announcement of the  
Alcohol and Other Drugs Advisory Board’s

### **“People Who Make A Difference” Awards 2019**

at the Board of Supervisors chamber at 651 Pine Street, Martinez

**The presentation of awards will take place in  
Room 108B, 651 Pine Street, Martinez**

Once a year the Alcohol and Other Drugs Advisory Board acknowledges both volunteer and non-volunteer individuals and groups that have significantly contributed towards reducing substance use in our communities.

The mission of the Contra Costa County Alcohol and Other Drugs Advisory Board is to assess family and community needs regarding prevention and treatment of alcohol and other drug-related problems. Resultant findings and recommendations are forwarded to the Health Services Department and the Board of Supervisors. The Board also serves as an advocate for these findings and recommendations to the communities that we serve.”

**VOLUNTEER INDIVIDUAL**

*District I - Supervisor John Gioia*

**Monique McMorris**

Monique McMorris has dedicated the past 12 years to working as a Substance Abuse Counselor, and throughout her career she has worked in perinatal recovery, co-founded Men and Women of Purpose, directed a women's recovery center, and facilitated women's groups in the West County Detention Facility. Her dedication to the field of Substance Use Disorders and her spirit of volunteering to support homeless individuals and women with mental health needs has led her to support over 100 women.

**VOLUNTEER INDIVIDUAL**

*District III - Supervisor Diane Burgis*

**Tom Hartrick**

Tom Hartrick is committed to ensuring that all youth in East Contra Costa County have the opportunity to take part in positive activities which will help them to build important interpersonal skills. His dedication has led to hundreds of youth participating in sports, leadership workshops, teambuilding and family building activities. Tom embodies the principle of "we can make it happen" and through his collaboration with multiple community organizations he has made East County an area where youth can thrive without using alcohol or other drugs.

**NON-VOLUNTEER INDIVIDUAL**

*District IV - Supervisor Karen Mitchoff*

**Cindy Gershen**

Cindy Gershen is the creator of a remarkable Sustainable Hospitality Program focused on the science of food through culinary, hydroponics, and nutrition education at Mt. Diablo High School. Through her connections at the school she has been able to start a support program for students whose lives have been affected by someone else's substance use. She co-facilitates these weekly groups with Psychology Doctorate (PsyD) students with the goal of bringing positive change to the participants and break the cycle of addiction.

**NON-VOLUNTEER INDIVIDUAL**

*District V - Supervisor Federal Glover*

**Martha Gonzales**

Martha Gonzales has served the Bay Point community for 26 years, working as a parent liaison for Riverview Middle School. Her unconditional support has helped to provide connections between the Project SUCCESS coordinator at that location and the Bay Point community. This year alone, she has recruited over 30 families for prevention education workshops in both English and Spanish as well as recruited 15 new English Second Language (ESL) students to join the program.

**NON-VOLUNTEER INDIVIDUAL**

*District II - Supervisor Candace Andersen*

**Randy Cahn**

Randy Cahn is finishing up his 35<sup>th</sup> year at California High School in San Ramon, CA, teaching 9<sup>th</sup> grade health classes. He has been at the forefront in combating the Prescription Drug Epidemic by recognizing a need for education in his classes since 2012, when he first began discussing the topic. Since then, he has worked with community stakeholders to educate approximately 9,000 teens about prescription drug safety. Randy is an exceptional teacher who cares a great deal about the health of all of his students. He has, no doubt, made a significant difference in his students understanding of healthy choices related to alcohol and other drugs over the many years he has been a teacher.

**YOUTH LEADERSHIP INDIVIDUAL**

*District V - Supervisor Federal Glover*

**Grecia Reyes**

Grecia Reyes has gone above and beyond in promoting the Project SUCCESS program among new students and English Second Language (ESL) peers at Riverview Middle School. She has also used her artistic skills to design her own cartoons in Spanish to raise awareness about the harms of substance use in a way that her peers can relate to. Grecia's dedication to Project SUCCESS has truly helped the program thrive at school.

**YOUTH LEADERSHIP INDIVIDUAL**

*District I - Supervisor John Gioia*

**Jason Cangjaya**

Jason Cangjaya is an active member of Discovering the Reality of Our Community (DROC) and the Alcohol, Marijuana, and Prescription Drug (AMPD) Coalition. As a representative of both of those programs Jason went before the Richmond City Council, as well as multiple Neighborhood Councils, to request that the city ban the sale of single-serve alcoholic beverages. Jason's participation in the presentations to community members and elected officials garnered enormous support for the issue and ultimately compelled the City Council to direct staff to draft a policy banning single serve alcoholic beverages throughout the City of Richmond.

**YOUTH LEADERSHIP INDIVIDUAL**

*District II - Supervisor Candace Andersen*

**Kaylyn Goode**

Kaylyn Goode was one of the hosts of the Marijuana Prevention Youth Summit that took place in October 2018. It was very important to her to communicate the harms of marijuana use to her peers in attendance of the event and she did so with great ease. Kaylyn possesses unique skills to facilitate activities and communicate messages regarding underage substance use in an engaging way.