

*The Board of Supervisors of
Contra Costa County, California*

In the matter of:

Resolution No. 2019/156

May 2019 as Older Americans Month

WHEREAS, Contra Costa County includes older Americans who richly contribute to our community; and

WHEREAS, Each year, more and more older adults are making a positive impact in Contra Costa County. As volunteers, employees, employers, educators, mentors, advocates, and more, they offer insight and experience that benefit the entire community; and

WHEREAS, Contra Costa County is committed to strengthening our community by connecting with and supporting older adults, their families, and caregivers and acknowledging their many valuable contributions to society; and

WHEREAS, Contra Costa County recognizes the importance of bringing together all generations and engaging in activities that promote physical, mental, and emotional well-being for the benefit of all; and

WHEREAS, Contra Costa County can enhance the lives of older Americans in our community by:

- promoting home- and community-based services that support independent living;
- involving older adults in community events and other activities;
- providing opportunities for older adults to work, volunteer, learn, and lead;
- encouraging older adults to speak up for themselves and others; and
- providing opportunities for older adults to share their experiences; and

WHEREAS, We acknowledge that what it means “to age” has changed—for the better; and

WHEREAS, In Contra Costa County, the population of people over 60 years of age currently is 20.4%, and if following growth projections of California, will be at 25% in 2030; and

WHEREAS, In California, the population of people aged 60 and over is expected to grow from 16.4% in 2012, to 18.3% in 2020 to 22% in 2030, leading the nation in number of residents over age 60; and

WHEREAS, Contra Costa County is committed to supporting older adults as they take charge of their health, explore new opportunities and activities, and focus on independence; and

NOW, THEREFORE, BE IT RESOLVED, The Board of Supervisors does hereby proclaim May 2019 to be Older Americans Month and honors all of the individuals, organizations and agencies working to ensure that all older County residents are honored as essential and valuable members of our community. We urge every resident to take time during this month to acknowledge older adults and the people who serve them as influential and vital parts of our community.

JOHN GIOIA
Chair, District I Supervisor

CANDACE ANDERSEN
District II Supervisor

DIANE BURGIS
District III Supervisor

KAREN MITCHOFF
District IV Supervisor

FEDERAL D. GLOVER
District V Supervisor

I hereby certify that this is a true and correct copy of an
action taken
and entered on the minutes of the Board of Supervisors on
the date
shown.

ATTESTED: June 11, 2019

David J. Twa,

By: _____, Deputy