

*The Board of Supervisors of
Contra Costa County, California*

In the matter of:

Resolution No. 2019/172

Proclaiming the month of May 2019 as "Mental Health Awareness Month" in Contra Costa County

WHEREAS, it is important to emphasize that mental health is essential for the wellbeing and vitality of our families, business and communities; and

WHEREAS, recovery is possible through appropriate medical, social and culturally responsive support and services; and

WHEREAS, individuals and families living with mental health concerns share with all community members a right to fair and equitable practices and community processes in the pursuit of increased inclusivity to provide for the needs of peers and families and include optimal health, wellness, education, housing , employment, and transportation; and

WHEREAS, all stakeholders and community members can participate in efforts to effectively address and support the delivery of culturally responsive services and supports, thereby promoting resiliency and recovery and reducing hospitalizations and relapses; and

WHEREAS, there is a commitment and a need to increase awareness at all levels and educate the public, replace misinformation and eliminate stigma concerning mental health and promote understanding that people living with mental health challenges can lead productive lives; and

WHEREAS, the community holds the responsibility to ensure that mental health services are available to all residents.

NOW, THEREFORE, BE IT RESOLVED that the Contra Costa Board of Supervisors hereby proclaims the month of May 2019 as "Mental Health Awareness Month" in Contra Costa County and encourages all residents to promote the restoration of mental wellness in the community.

JOHN GIOIA

Chair, District I Supervisor

CANDACE ANDERSEN

District II Supervisor

DIANE BURGIS

District III Supervisor

KAREN MITCHOFF

District IV Supervisor

FEDERAL D. GLOVER

District V Supervisor

I hereby certify that this is a true and correct copy of an action taken and entered on the minutes of the Board of Supervisors on the date shown.

ATTESTED: May 21, 2019

David J. Twa,

By: _____, Deputy