

*The Board of Supervisors of
Contra Costa County, California*

In the matter of:

Resolution No. 2019/50

Recognizing Choice in Aging's 70th Anniversary

Choice in Aging is a nonprofit organization that has been serving Contra Costa County and the broader Bay Area since 1949; and

Whereas, Choice in Aging continues to support their mission, "To promote dignity and independence of people with disabilities and special needs"; and

Whereas, Choice in Aging originally started as a Polio rehabilitation facility, but in the 1970s, shifted their focus to serving the aging population; and

Whereas, Choice in Aging runs several programs including: two Adult Day Health Care Programs, two Multi-Purpose Senior Services Programs, and the California Community Transitions Project; and

Whereas, Choice in Aging also offers a licensed program, Alzheimer's Day Care & Resource Center, for participants who are in the mid-to-late stages of Alzheimer's or related dementia, which provides respite for caregivers, in-depth case management, exercise, and social interaction; and

Whereas, they serve the aging populations of Contra Costa, Napa and Solano Counties; and

Whereas, located in Pleasant Hill, Choice in Aging's oldest Adult Day Health Care program is at the Mt. Diablo Center (MDC), which was licensed in 1985, becoming the 16th licensed Adult Day Health Care Program in the State of California; and

Whereas, the Mt. Diablo Center provides nursing, physical, speech, and occupational therapy, social work, transportation, healthy meals, and most importantly a sense of community, while giving caregivers and their families much needed respite; and

Whereas, Choice in Aging also runs an Adult Day Health Care Program at the Bedford Center in Antioch which is the only licensed adult day facility in East Contra Costa County providing social work, nursing, physical, speech, and occupational therapies, transportation, as well as providing a nutritious lunch and snacks; and

Whereas, Choice in Aging is also a teaching institute and provides internship opportunities certified nursing assistants, nurses and social workers; and

Whereas, in 2017, the Board of Directors approved and created Choice in Learning Montessori and implemented the Young at Heart Intergenerational Program, and

Whereas, the Young at Heart Intergenerational Program brings together Mt. Diablo Center and Choice in Learning through singalongs, story time and other traditional preschool activities.

that the Board of Supervisors does hereby honor Choice in Aging on their 70th anniversary and the work they continue to do addressing the needs of seniors, caregivers and preschoolers in our community.

JOHN GIOIA

Chair, District I Supervisor

CANDACE ANDERSEN

District II Supervisor

DIANE BURGIS

District III Supervisor

KAREN MITCHOFF

District IV Supervisor

FEDERAL D. GLOVER

District V Supervisor

I hereby certify that this is a true and correct copy of an action taken and entered on the minutes of the Board of Supervisors on the date shown.

ATTESTED: February 12, 2019

David J. Twa,

By: _____, Deputy