CONTRA COSTA COUNTY

Juvenile Justice Crime Prevention Act & Youthful Offender Block Grant (JJCPA-YOBG)



Consolidated Annual Plan 2018

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Part I: Countywide Service Needs, Priorities and Strategy

Assessment of Existing Services:

Contra Costa County offers a wide variety of resources to at risk and justice system involved youth and their families within the community. These resources are provided by city, county and state agencies as well as community based organizations.

Law Enforcement: Contra Costa County is unique in that the county is comprised of 22 distinct law enforcement agencies which include city police, county sheriff, the District Attorney and the Probation Department. Early intervention and prevention services such as education, parenting, counseling, treatment and restorative justice are provided through diversion in some jurisdictions. Examples of diversion programs are: The Reach project in Antioch, RYSE in Richmond, and Community Court is utilized in the cities of Pittsburg, Concord, and San Ramon.

The Contra Costa County Probation Department offers opportunities for informal supervision, Deferred Entry of Justice in collaboration with the court, and service referrals to youth and their families prior to entry into the justice system as well as youth who are new to the justice system. In addition to early interventions the Probation Department offers a continuum of supervision and treatment services for youth who have become justice system involved.

Youth and Family Service Agencies: Services are offered to youth and their families by both county agencies and community based organizations.

- The Children and Family Services Department (CFS) in Contra Costa County offers programs that include services such as Family Finding, Family Maintenance, Family Preservation, Family Reunification and Safe and Stable Families. Foster care is provided to justice involved youth collaboratively with the Probation Department. Youth in foster care also become eligible for Extended Foster Care services (AB-12) after their 18th birthday and into young adulthood. For youth who are aged out or unable to return home to their families, CFS provides an Independent Living Skills Program (ILSP). ILSP works with youth to develop life skills, money management, preparation for college applications, and housing, cooking and other skills necessary to succeed after leaving the foster care system.
- The John F. Kennedy University Community Center provides mental health services for parent issues and child-parent conflicts, school related problems, abuse and trauma, and anxiety and depression.
- Community Violence Solutions (CVS) is part of the County wide Commercially Exploited Youth (CSEY) steering committee and provides services for children and adults who are victims of sexual abuse, including evaluation and therapy. CVS provides CSEY counseling within the Juvenile Hall.
- The Reach Project provides counseling, age appropriate support and peer groups, teen and adult drug and alcohol treatment, and supports parents and grandparents.

- The Center for Human development offers mediation for families in conflict as well as a spectrum of services for at-risk youth. Services are provided in the school and in the community.
- The Counseling Options Parent Education (C.O.P.E) program offers parenting classes and counseling services.
- Community Options for Families and Youth (COFY) offers therapeutic behavioral services, educational mental health management, trauma therapy, parent education, Multi-Systemic Therapy and Functional Family Therapy (FFT). COFY partners with the County Mental Health Department and the Probation Department to offer FFT though the MIOCR grant.
- Big Brothers/ Big Sisters of the East Bay offer mentoring services for youth through the age of 18 or graduation from High School.
- The Contra Costa County Youth Continuum of Services (Heath Services) offers emergency shelter, meals, showers, laundry facilities, mail service, health care, transitional and permanent housing, case management, counseling, family reunification, employment assistance, peer support groups, substance abuse education, links to substance abuse and mental health treatment, school enrollment and transportation assistance. The Youth Continuum currently partners with the Probation Department to provide a bed at Pomona Street for a homeless youth and also will provide a bed for a DJJ returnee in the future.
- The RYSE Youth Center offers Richmond and West county youth ages 13-24 assistance
 with education and justice, community health programming (case management,
 counseling, Restorative Pathways Project), youth organizing and leadership through the
 Richmond Youth Organizing team, as well as providing access to media, arts, and
 culture. The RYSE Center also offers workforce development and job attainment
 supports.
- Community Works West provides Family Services and Restorative Community Conferences.
- The West Contra Costa Youth Services Bureau offers coordinated services to youth and families that include Wraparound, kinship support for relative care givers, family preservation support and youth development.
- Bay Area Community Resources (BACR) provides assistance to youth, adults and families in need. Services include: After school programs, workforce and education programs, alcohol and other drug programs, national service through AmeriCorps, tobacco cessation classes and education, counseling and mental health services, and school based counseling.
- One Day at a Time provides direct mentoring at the elementary, middle school and high school levels, artistic outlets, educational and recreational field trips, community service opportunities, home visits, and youth employment referrals.
- Rubicon programs serve youth and their families by removing barriers to help teach
 financial literacy including credit repair and household budgeting, help in finding
 immediate employment, as well as on the job training and internships. Rubicon also

- provides adult education and literacy, wellness, community connections and restorative circles.
- Boys and Girls Clubs of Contra Costa County offer programs in sports and recreation, education, the arts, health and wellness, career development, and character and leadership.
- The Rainbow Community Center focuses on serving the lesbian, gay, bisexual, transgender and queer/questioning community. The center offers a youth advocacy collaborative, LBGT and friends NA meetings, mixed AA meetings, counseling services, HIV testing, a transgender group, men's HIV support group, a discussion group on gender identity, and youth programs.
- The Congress of Neutrals (VORP) Victim Offender Reconciliation program applies restorative justice techniques to juveniles without prior records. VORP receives referrals from the Probation Department as part of the intake/informal process in an effort to divert them from the juvenile justice system.
- Community Health for Asian Americans (CHAA) provides programs in behavioral health, community engagement, youth leadership, music programs, and early and periodic screening, diagnostic and treatment for substance abuse in collaboration with mental health.

Health, Mental Health, and Substance Use Disorder Programs: Contra Costa County Health Services acts as the overall umbrella agency for Health, Mental Health and Alcohol and Other Drug Programs.

- Health services include, but are not limited to the Contra Costa Regional Medical Center, dental clinics, the Teenage Program (T.A.P), Head Start, specialized services for children with disabilities, public health clinics, and the Child Health and Disability Prevention program.
- Mental Health Services include but are not limited to: a 24 hour hotline for crisis and suicide, a 24 hour behavioral health access line for mental health services, clinic services for youth and their families, Wraparound services, evidence based practices provided through programs such as Functional Family Therapy, Multi-Systemic Therapy and Multi-Dimensional Family Therapy, Positive Parenting Program (Triple P), and the Mobile Response Team.
- Alcohol and other Drug Services include a youth crisis line, Behavioral Health
 Access Line for screening and referrals to substance use disorder prevention and
 treatment, Alateen and 12 step meetings, and minimal outpatient and
 residential treatment programs. Prevention services are also offered in
 collaboration with community based organizations.

Education Partners and Programs: The Contra Costa County Office of Education (CCCOE) delivers education and services to more than 176,000 students in Contra Costa County. CCCOE offers afterschool education and safety programs, bullying prevention, services for expelled students, a coordinating council that provides active coordination local school districts and the

CCCOE, English learner support, Science, Technology, Engineering, Arts and Mathematics education (STEAM). CCCOE also provides adult correctional education, career technical education, court and community schools, and special education and youth development services. Youth Development Services specifically include the following programs: Education for Homeless Children and Youth, Foster Youth Services, and the Workforce Innovation and Opportunity program. Additionally, CCCOE offers the following services to justice system involved youth: Job Tech classes for post disposition students, school staff participate in Bridge/Multidisciplinary Referral Team (MRT)meetings, Transition and Assessment specialists meet with students to complete Independent Learning Plans, Tutors provide intervention, Data Technicians and Principals review credits earned and the graduation plan of each student, students are screened for AB 167 eligibility, Special Education teachers provide transition planning, community college liaisons provide workshops regarding financial aid and conduct orientations, and students are given continuous positive feedback about their behavior and receive Behavior Intervention Plans (BIP) to address needs.

Contra Costa County facilitates the dissemination of information regarding services that are available through "211 Contra Costa" and through a published "Surviving Parenthood" resource directory that is prepared by the Child Abuse Prevention Council. Many of the services listed above are referenced in the 211 database which contains social service and health information available 24 hours per day, seven days per week just by calling "211" from any phone. In addition to the telephone, information regarding services can be accessed through a website.

As indicted on the list above, Contra Costa County offers a variety of services to youth and families county-wide; however, improvements can be made to increase the ability of youth and families to navigate and access the resources available. Collaboration of services is a challenge that the Probation Department would like to address in the next year. Approaches to collaboration include an increase in the use of multi- disciplinary team meetings, as well as Child and Family team meetings, and transitional meetings for re-entry youth. The Probation Department will work towards building stronger relationships with local law enforcement diversion programs, community based organizations and our county agency partners to insure that appropriate and effective services are provided.

Identifying and Prioritizing Focus Areas:

The Probation Department and county agencies provide core services and supervision for youth and families that are already justice involved. Improvements can be made on the front and back end of the local justice system, as well as by increasing the very limited Substance Use Disorder (SUD) treatment services. Most recently, the west (Richmond) and central (Concord/Martinez) areas of the county have experienced loss of outpatient SUD services for youth. It is the hope that by addressing the insufficient outpatient and intensive outpatient SUD treatment options as well as enhancing diversion and re-entry/aftercare services many youth will not

enter the system at all and of those who do, juvenile recidivism and later entry into the adult system will be significantly reduced.

According to the Juvenile Court and Probation Statistical System (JCPSS) the five Contra Costa County Law Enforcement Jurisdictions with the most referrals to the Probation Department over the last several years include Antioch, Concord, Richmond, Brentwood, and Sheriff's Office/Martinez. However, it should be noted that referrals from these agencies significantly reduced in 2017. Overall referrals from all of the agencies have decreased from almost 800 in 2016 to roughly 500 in 2017.

In order to continue the trend of decreased referrals, diversion, re-entry services, and SUD treatment have been identified as priority moving forward. The Probation Department utilizes JJCPA funds to work collaboratively with the schools and police departments, and as such, infusion of Probation services in the areas of the community with the most need has and continues to be a primary focus.

Juvenile Justice Action Strategy:

The Contra Costa County Probation Department offers a continuum of services to at risk and justice involved youth and their families. Services have varying levels of intensity ranging from informal probation to commitment to a custodial treatment program. Most juvenile services include referrals to county agencies and community based organizations as treatment needs are identified through the Department's use of evidence based risk/needs assessment tools, the OYAS (Ohio Youth Assessment System) and the JAIS (Juvenile Assessment and Intervention System).

The Probation Department is currently developing a Detention Risk Assessment Instrument (DRAI) to allow for more equitable, objective, and informed intake decision making at the Juvenile Hall.

Current Probation services include:

- Referral/citation closed at intake, no action taken.
- Referral to resources and referral/citation closed at intake.
- Referral to a diversion program or placement on non-court involved Informal Probation for six months.
- Filing of a petition with the Juvenile Court and working with the court and the family to recommend a disposition if the petition is sustained.
- Maintaining a youth in custody at the Juvenile Hall pending court. While the youth is housed at the Juvenile Hall services such as medical, dental, mental health care, recreational activities, education, and evidence based programming are offered.
- Home supervision with the aid of electronic monitoring that allows the youth to remain in the community and receive services pre and post disposition.

- Community Supervision post disposition that includes Deputy Probation officers in schools, at police departments, and providing community supervision based on geographic location.
- Non-wardship supervision for youth determined to be dependents per W&I 300.
- Juvenile Placement (foster care) and re-entry supervision.
- Non-Minor Dependent services and supervision post placement (AB-12).
- Commitment to the Girls in Motion rehabilitative program in the Juvenile Hall and reentry supervision.
- Commitment to the Orin Allen Youth Ranch Rehabilitation Facility for boys and re-entry supervision.
- Commitment to the Youthful Offender Treatment Program for boys at the Juvenile Hall and re-entry supervision.
- Re-entry supervision for youth who have completed their commitment to the California Division of Juvenile Justice (DJJ).

The Probation Department is providing services primarily to youth who have entered into the justice system. A priority moving forward and a recommendation of the Contra County Racial Justice Task Force is to develop new and enhanced diversion services. Although juvenile detention and probation supervision populations continue to be on the decline, more work needs to be done to continue this trend by providing non-justice system evidence based interventions and services to youth and their families.

The Probation Department will work with other justice partners to increase the capacity of city and county agencies, as well as community based organizations to deliver early intervention diversion services, re-entry services to youth who are returning to the community from custodial programs, and outpatient SUD treatment. Probation will work with CBOs and other justice partners to offer the following:

Diversion services:

- 1) An evaluation of current services and how they can be enhanced
- 2) Delivery of best practice and evidence based programs that include restorative justice, intensive family therapy and services
- 3) Development of a methodology for tracking and reporting outcomes

Re-entry/after care services:

- 1) Staffing of re-entry specialists that will:
 - a. Actively participate in transitional or "bridge" meetings in the custodial programs between Probation, School, Mental Health, families, youth and other necessary providers.
 - b. Serve as education advocates to insure youth are properly enrolled in their school district and receive all services due to them.
 - c. Provide services to all three areas of the county and during non-traditional working hours.

- d. Provide services to families in their homes
- e. Help youth and families navigate and receive the county wide services to include housing and health.
- f. Work collaboratively with the Probation Department
- 2) A coordinated approach across service systems to address youth's needs

Substance Use Disorder Outpatient Treatment. Combining SUD and Probation resources to:

- 1) Create outpatient and intensive outpatient programs in Central and West County that may include collaboration with existing community based organizations and local schools.
 - a. If needed the Probation Department may provide training to our partners on the use of Cognitive- Behavioral Interventions for Substance Abuse (CBI-SA)

In addition to enhancing diversion services at the point of entry into the system, and SUD treatment, the Probation Department will prioritize working with community based organizations to build upon the concept of the re-entry network established by the Youth Justice Initiative which included re-entry case management, systems navigation, and bridge meetings narrowing the gap between custody and community release.

Part II: Juvenile Justice Crime Prevention Act

The Juvenile Justice Crime Prevention Act (JJCPA) was created to provide a stable funding source for local juvenile justice programs aimed at curbing criminal delinquency among at risk youth.

<u>Information sharing and data</u>:

Contra Costa County Probation and Courts operate on a "main frame" computer case management system. Information is shared from the mainframe in accordance with Welfare and Institutions Code section 827.12 and with authorization from the court. Aggregate data is provided to the Department of Justice Juvenile Court and Probation Statistical System. The Probation Department currently utilizes in house Access databases and Excel spreadsheets to collect data and evaluate programs. A comprehensive case management system is currently in development and it is anticipated to be fully functional in FY2019/2020.

JJCPA Funded Programs, Strategy, and/or System Enhancements:

FUNCTIONAL FAMILY THERAPY (FFT)

The FFT program is offered to youth who are transitioning back into the community after a custodial commitment. FFT is a resource that will enhance the ability for Deputy Probation Officers to insure that the transitioning youth will receive the necessary services to successfully reintegrate into their community.

Functional Family Therapy (FFT) is an empirically-grounded, strengths and family based intervention program for youth. FFT is an evidence based practice known to be effective for treating youth with conduct disorder and delinquency (Henggler and Sheidow, 2012, Journal of Marital and Family Therapy). The goal of FFT is to improve family communication through engagement, motivation, relational assessment, behavior change and generalization. This intervention program that can be conducted in the home is facilitated by a clinician during 12-14 intensive sessions over three to five months. FFT is an essential resource that the Probation and Mental Health Department offers to youth who often find the transition from a detention setting back into their home challenging.

FFT was funded previously by the Mentally III Offender Crime Reduction Grant Program (MIOCR) which sunsets in June of 2018. Recognized as one of the most effective programs currently offered, collaboration was agreed upon between Health Services- Mental Health and the Probation Department to continue to fund FFT utilizing Med-Cal, Mental Health funds and JJCPA funds.

DEPUTY PROBATION OFFICERS IN HIGH SCHOOLS

Contra Costa County Probation utilizes JJCPA funds to staff Deputy Probation Officers (DPOs) at public high schools within several communities in the county. This collaboration between Probation and local schools employs a variety of preventative strategies designed to keep youth from entering or re-entering the juvenile justice system.

DPOs provide supervision for youth on informal probation or who have been adjudged wards who attend their assigned school and provide referrals for supportive community resources to the youth and their families. DPOs are trained to facilitate evidence based practice programs, utilize risk assessments to identify criminogenic needs, develop case plans, complete court reports, provide services to victims and participate in collaborative operations and projects.

School specific services are also made available by the DPOs that include the facilitation of conflict resolution to teach the youth to use non-violent communication strategies. They also participate in the School Attendance Review Board (SARB) which assists the schools in preventing truancy. General assistance is provided that includes reaching out to youth who present as high risk, but have not yet had contact with law enforcement. Many of the youth who present as high risk have been suspended on numerous occasions and exhibit behavioral issues in the classroom. It is the goal of the School DPO to facilitate early interventions which divert youth from the system using appropriate behavior modification techniques and targeted community provider referrals.

School age youth who have been in custody or foster care placement and are returning to the community receive assistance from the High School DPOs with their re-enrollment back into school. The DPO meets with the family to identify any needs that they may have and develop strategies to ensure their successful reintegration.

COMMUNITY PROBATION

Contra Costa County currently utilizes JJCPA funds to provide Deputy Probation Officers (DPOs) to community police agencies throughout the county that focus on high risk youth and at risk chronic youthful offenders.

Similar to the DPOs in High Schools program, DPOs assigned to police agencies provide supervision and referrals for youth and their families, are trained to facilitate EBP programs and conduct risk assessments, develop case plans, complete reports for the court, provide services to victims, and participate in collaborative operations and projects. DPOs in police agencies work on the front end at the time of arrest or citation and are a valuable resource for an arresting officer when determining if a youth should receive diversion services, informal probation services, or formal probation interventions. The DPOs communicate with victims, schools, parents and the youth to inform the best course of action to address at risk behaviors. The vetting process provided by the DPO to the police agency is a preventative tool to keep youth out of the juvenile justice system whenever possible.

ORIN ALLEN YOUTH REHABILITATION FACILITY DEPUTIES

JJCPA funds are utilized to pay for Deputy Probation Officers to provide aftercare and re-entry services to male youth who have successfully completed a commitment at the Orin Allen Youth Rehabilitation Facility (OAYRF).

The OAYRF is an open setting ranch/camp facility that houses youth whose risk and needs indicate that placement in such a setting would aid in their rehabilitation. The OAYRF provides services for youth who have committed less serious offenses than the youth committed to the Juvenile Hall residential program, YOTP.

OAYRF DPOs allow for continuity of care as young men reintegrate into the community. The DPOs begin supervision during the custodial phase of the program and continue to provide service during transition and after release. Similar to other Contra County treatment program re-entry models, case plans are developed with the youth and their family or support system that identify resources that continue to target the criminogenic needs identified earlier in the youth's program. DPOs also insure that basic needs such as housing, food, ongoing education, and employment services are met. Youth that complete the OAYRF program are connected to

county providers such as mental health and substance use disorder services to increase their opportunities for success.

Part III: Youthful Offender Block Grant (YOBG)

Youthful Offender Block Grant funds are used to enhance the capacity of county probation, mental health, drug and alcohol services, and other county departments to provide appropriate rehabilitative and supervision services to youthful offenders.

Strategy for Non 707 (b) Offenders:

The Contra Costa County Probation Department delivers services to justice system involved youth utilizing a continuum of proactive responses that include the use of evidence based risk assessment tools and varying levels of supervision, out of home placements and custodial rehabilitative programs. Case plans are developed and recommendations are formulated for the court that takes into account prevention and intervention strategies which focus on criminogenic needs and community safety.

Youthful offenders who are not eligible for a commitment to DJJ that may have been committed in the past are now provided an opportunity to remain locally in the Youthful Offender Treatment Program. While in the program rehabilitative services are provided to empower the youth to have a positive outcome upon release.

Regional Agreements:

The Probation Department and County Health Services/Mental Health have an ongoing contract which utilizes YOBG funds to provide a full time mental health clinician for the Youthful Offender Treatment Program.

YOBG Funded Programs, Placements, Services, Strategies and/or System Enhancements:

GIRLS IN MOTION (GIM)

The Girls in Motion program (GIM) is a residential program housed in the Juvenile Hall in which staffing is partially supported with YOBG funds. GIM provides a safe and structured environment in which adolescent females can achieve positive change and personal growth. As they move through a phase system, that normally requires a five to six month commitment; the youth benefit from individualized treatment plans, individual counseling, and evidence based group programming focused on strengthening pro-social values/attitudes and restructuring anti-social behaviors. Probation staff have received gender specific training and lead many of the girl's groups. Counseling is also provided by mental health therapists as well as community based organizations that offer specialized services for youth on the topics of trauma, relationship development, anger management/conflict resolution and substance abuse. Treatment is also provided for youth who have been identified as a victim of commercial sexual exploitation and abuse. Specific programming includes, but is not limited to, Aggression

Replacement Training (ART), Thinking For a Change (T4C), Girl's Circle, Job Tech/Life Skills, AA/NA, Alateen, Cognitive Behavior Intervention Substance Abuse (CBI-SA), and Dialectical Behavioral Therapy (DBT).

In 2016, the GIM treatment dosage was enhanced with the introduction of the CBI-SA and Advanced Practice treatment programs. The GIM youth also received enhanced services through a Multi-Disciplinary team consisting of Mental Health, Education, Medical and Probation staff. The team worked collaboratively on difficult cases and created individualized behavioral intervention plans for severely aggressive and violent youth. Enhancements and increased collaboration with our county partners allowed the GIM program to improve targeted individualized services.

YOUTHFUL OFFENDER TREATMENT PROGRAM (YOTP)

The Youthful Offender Treatment Program (YOTP) is a residential commitment program, housed in the Juvenile Hall, in which staffing and mental health services are funded by YOBG. The program's mission is to serve young males by providing them with cognitive behavioral programming and the life skills necessary to transition back into the community. The YOTP program is a local alternative to a commitment to the Department of Juvenile Justice for youth who have committed serious and possibly violent offenses, but can be treated at the local level.

The YOTP is a best practice model involving a four phase system. Youth committed to the YOTP can expect to stay in the program for a minimum of nine months or longer depending on their level of progress through each phase. While in the program youth receive Aggression Replacement Training (ART), Thinking for a Change (T4C), The Council, Impact of Crimes on Victims, Phoenix Gang Program, Job Tech/Life Skills, Substance Abuse Counseling that includes Cognitive Behavior Intervention Substance Abuse (CBI-SA) treatment, and Work Experience (wood working). All treatment is provided by trained Probation staff, County Mental Health staff and community providers. In addition to the cognitive behavioral programming, youth also attend school and many achieve their High School diploma.

For youth who have attained their High School diploma, the Probation Department worked collaboratively with the Contra Costa County Office of Education (CCCOE) and Los Medanos Community College to allow the YOTP students to enroll in online college courses. The Contra Costa Community College District also allows qualified 12th grade seniors the opportunity to enroll in college courses and earn college credits prior to graduation from High School.

In 2016, YOTP treatment dosage was enhanced with the introduction of the CBI-SA and Advanced Practice treatment programs. The YOTP youth also received enhanced services through a Multi-Disciplinary team consisting of Mental Health, Education, Medical and Probation staff. The team worked collaboratively on difficult cases and created individualized behavioral intervention plans for severely aggressive and violent youth. Enhancements and

increased collaboration with our county partners allowed the YOTP to improve targeted individualized services.

During the residential treatment phase and after re-entry into the community, youth in the YOTP consistently receive collaborative supervision and services from Deputy Probation Officers (DPOs) specifically assigned to the program. The DPOs work to insure that the youth receive the necessary assistance for a smooth transition out of the program and back into their community.

YOBG funds partially provide for YOTP Deputy Probation Officers (DPOs) who begin providing services to YOTP youth in the institutional setting and continue to supervise and provide for aftercare in the community. After completion of three phases, youth are released to the community on electronic monitoring (phase four). Prior to and after release, DPOs coordinate re-entry and ongoing transition with the youth, the youth's family and/or community support system. The DPO creates a case plan that utilizes community resources to target the youth's criminogenic needs to insure that the appropriate community services are in place and that the youth has a smooth transition home, as well as the best possible chance at success. To foster a productive transitional environment, referrals are made to existing mental health and county programs for continuity of care. Youth are also connected to services that assist with basic needs such as housing, food, ongoing education, and employment services. Probation supervision is provided to assist youth with compliance to court ordered terms and conditions in order to increase their chance of success, provide for the safety of victims and mitigate risk to the community.